

● **For The Farm Wife**
(Continued from Page 20)

Lower heat. Just stir enough to keep from burning. Boil to 236 degrees or a soft ball. Add 2 tablespoons butter. Cool until bottom of pan is comfortable to touch. Add 1 teaspoon vanilla. Beat until it looses its gloss, pour into buttered pan.

Mrs. Brubaker gives the following old Pennsylvania Dutch recipe which uses her dried apples.

SNITZ AND KNEPP

1 quart dried apples
1 lb. smoked sausage or ½ lb. bacon
Soak apples over night. Cook next day, in water they were soaked in, 1 hour at medium heat. Cut sausage in 2 inch pieces, or bacon the same size (ham may be used also but Mrs. Brubaker prefers sausage or bacon). Add to apple snitz. Add ½ teaspoon pepper and ½ cup brown sugar.

Knepp

2 cups flour
1 teaspoon salt
¼ teaspoon pepper
4 teaspoons baking powder
1 egg beaten
Add ¾ cup milk to beaten egg. Mix with first four ingredients. Drop into boiling above mixture. Turn to medium. Cover and cook 12 minutes without lifting lid. Serve on big platter or arrange knepp dumplings around edge and apple snitz in center.

This recipe for baked beans is

Correspondence Courses



50,000 BACTERIA ON A PINHEAD

Over 50,000 bacteria can perch on a pinhead. They're the tiniest of living things, but mighty in their effects.

According to a Pennsylvania State University correspondence course on bacteriology, life on earth wouldn't be the same without them.

Decay of all organic matter (leaves, crop debris, garbage, an old one her mother used and is a little different from most recipes.

BAKED BEANS

1 lb. navy beans
Wash and soak overnight. Cook until soft.
1 qt. canned tomatoes
Heat and mash with potato masher.
½ cup to 1 cup brown sugar
1 teaspoon cinnamon
1 teaspoon salt
pepper to taste
Add to beans. Put in casserole and cut up and add a small onion. Cut bacon in 1 inch strips. Fry and place on top of beans. Bake 1 hour in moderate oven.

fallen trees in forests) is done by bacteria. Cheeses, sauerkrauts and alcoholic beverages are their products. Penicillin is their handiwork.

But some bacteria are harmful. Pathogens grow within animals to cause pneumonia, tuberculosis, and typhoid fever.

Food spoilage is done by bacteria. Canned and frozen foods, pasteurized milk and refrigerators are defenses against them.

Food poisoning is devastating to the health of individuals.

The Penn State course presents the whole field of bacteriology. There are lessons on water and sewage, soils, milk, food spoilage, fermentation and disease.

Send your name and address with \$5.00 to Bacteriology, Box 5000, University Park, Pa 16802. There are no other charges and a complete course copy comes to you by mail. Make checks to The Pennsylvania State University.

Beef Prices

From the consumer viewpoint we often hear the remark about the high cost of beef; also, we notice the intentions of some homemakers of boycotting the meat markets in protest of the high prices. I've noticed an editorial comment in one of our national farm magazines pointing out that beef isn't so high when you compare it to cigarettes that cost \$6.95 per pound. Also, I'd like to point out that one hour's wages of a factory worker today will buy one more pound of round steak than it did 30 years ago. Don't blame the producer for high prices, it's the processing and middle-man's costs that are going up.

Ladies, Have You Heard? . . .

By Doris Thomas, Extension Home Economist



How To Handle Canned Foods

It's best to use canned food stored no more than a year. Foods stored longer, however, are safe if no damage to cans has occurred that could cause leaks.

Cans with rusted areas need not be discarded unless the rust has penetrated through the can and evidence of leaking can be seen.

Any can showing signs of bulging at one or both ends should be immediately discarded whether there are signs of leaking or not.

Dented cans, often offered at special prices, can mean savings to you. Dents in the vicinity of the seams most likely cause trouble. Check the cans carefully.

Use Aerosol Containers With Caution

Follow directions on aerosol containers exactly as given.

Do not inhale the spray from an aerosol no matter what the product.

Always direct sprays away from open flames, cigars, and cigarettes.

Hold the container upright and in the position as described on the can.

Some aerosols need shaking before you use them so read instructions.

If you tip an aerosol container on the side you release the gas and get no spray. This means you could run out of pressure and leave some of the product in the container.

Keep aerosol containers of the household cleaners out of children's reach.

Store such cleaners away

from heat and don't discard an empty container into a fire. The gas inside can expand and cause the container to burst like a grenade.

As an extra precaution before discarding an empty aerosol container open the release valve until all gas has been exhausted from the can.

Never try to puncture it.

If a can is rusty or cracked, release the gas at once and dispose of the container.

Consider Cost Per Pound

Spare ribs at 59 cents a pound are more expensive than ground beef is at 63 cents a pound. The fact is that in terms of cost per serving, spare ribs are far more expensive than ground beef because uneatable waste costs money.

Regardless of the cost per pound, calculate the cost per serving when deciding whether or not a particular food fits within the food budget.

A pound of meat with little or no waste will serve four persons.



THOMAS

1/2 PRICE SALE
BPS - LUCITE PAINT

(except white)

- Lawn Seed
- Lawn Sprinklers
- Barn Shovels
- Sylvania Lamps
- Tool Boxes
- UGL Products —
Roof Coating, Caulking, Varnishes
- Galvanized Wash, Ash and Garbage Tubs

Carl H. & Parke Groff
(formerly Groff's Hardware)

100 S. Railroad Ave.
Open Thurs. & Fri. Evenings

New Holland
Phone 354-0851

SPECIAL VALUES

MEN'S 6" TAN GLOVE LEATHER

WORK SHOES

With White Crepe Sole and Cushion Inner-sole In Wide Widths

\$8.75
PAIR

LADIES' SEAMLESS

PANTY HOSE

Beige, Taupe, Tan, Jet Black

\$1.10
PAIR

D-CON RAT & MICE BAIT

Special Offer — 50c Cash Refund For

Each Box Top Mailed to the Company

OUR PRICE **\$1.30** each **50c Refund** Actual Cost **80c**

THIS WEEK'S SPECIAL

MEN'S UNDERWEAR, BOXER SHORTS, BRIEFS, T-SHIRTS

Reduced For Quick Sale

Clothing, Shoes, Housewares, Hardware and General Merchandise

GOOD'S STORE

1 mile North of Route 23 Along Route 625
R. D. 1, East Earl, Penna. Ph. 215-415-6156



YOUR SAVINGS GAVE HIM HIS JOB

That's why the money you place in our care is so important to the community. It furnishes the payrolls, buys the lumber and materials that go into a new home or improve an old one. Few industries stimulate business and promote prosperity like construction.

The dollar you save at home works at home, helps keep our town a good place in which to live and raise a family. We invite your savings.

ACCOUNTS INSURED TO \$15,000

FIRST FEDERAL Savings and Loan
ASSOCIATION OF LANCASTER



25 North Duke St.
Phone 393-0601



Mon. thru Thurs. 9 to 4:30

Fri. 9 to 6

Sat. 9 to noon

Garber Oil Co.

Texaco Heating Oil
Burner Sales & Service

MOUNT JOY, PA.
Ph. 653-1821

SAVE AT BOB'S SAVE RITE MARKET

743 S BROAD ST.
LITITZ, PENNA.
Hours: Mon. thru Sat. 9 to 9
Sunday 9 to 5

SUPER SHOES

Self Service
2750 Columbia Ave.
Lancaster

Lanc. Co.'s Largest Shoe Store
All 1st Quality Super Low Prices