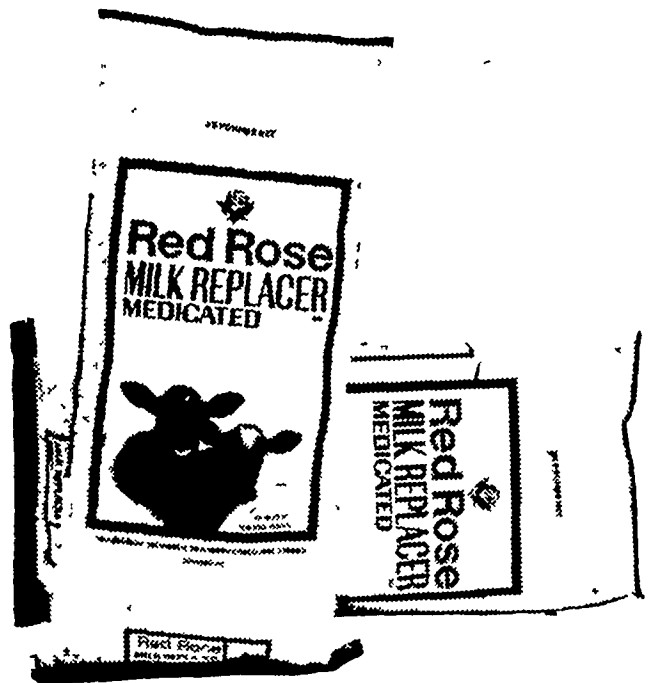


Boys Eat More Than Anybody printed the figures to back that... which is news to practically nobody, but now, U.S. News and World Report (July 14) has printed the figures to back that...

... which is news to practically nobody, but now, U.S. News and World Report (July 14) has printed the figures to back that... have suspected all along—that a teen-age boy is the most expensive member of the family to feed. The economists figure the monthly cost, per person, for a liberal food plan for a family of four as \$63.90 for a boy 15 to 20 years old, \$52.10 for the father, \$51 for a girl of 15 to 20, and \$46 for the mother. That is based on parents 35 to 55 years of age."



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Occupational Hazard

Parade (July 13) reports that "At the first International Symposium on Exercise and the Heart, recently held in Houston, Dr. Daniel Brunner of the University of Tel Aviv released a most interesting report.

"Dr. Brunner revealed the results of a 15-year study which shows that men with non-physical occupations suffer four times as much heart disease as men whose occupations require muscle. His subjects were 10,000 residents of Israel's collective farms. Since these men eat, live, and relax in the same manner, their primary difference is occupational. The symposium also announced that men whose jobs keep them in chairs most of the time should have their exercise medically supervised. Many men, especially those over 35, suffer from heart disease and don't know it. Dr. Herman Hellerstein of Western Reserve University estimates that 22 percent of heart attacks are 'silent'."

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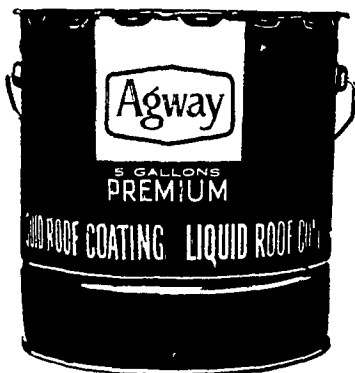
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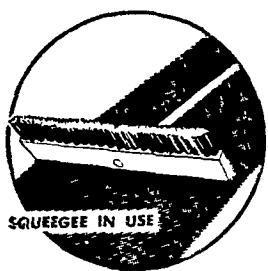
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