

**● Study Shows**

(Continued from Page 18)

continue to be required to sustain an acceptable caloric diet.

Sugarcane is the island's most important crop—about 5 million tons harvested in 1968—in terms of farm income and export value. Cuba is the world's leading sugar exporter and uses the crop as a source of revenue to import industrial and manufactured goods. However, since the Revolution many foreign markets have cut trade ties, notably the U.S., previously the principal buyer of Cuban exports. Communist nations now take the major part of Cuba's sugar crop and supply a larger share of her needed imports.

**Home Gardeners**

This time of the year many home gardeners may have trouble with their early pickings of tomatoes having a rot on the bottom of the tomato; this darkened area may spread to nearly half of the under-surface of the tomato. In many cases this is due to the lack of uniform moisture in the soil; plants in a heavy clay or in soil not holding moisture will have more trouble. Growers may help prevent this rotting by irrigating their plants weekly, or by mulching the ground between the plants. Both of these practices put together will assure a steady moisture supply and a larger crop of tomatoes.

**Correspondence**

**Courses**



**LANDSCAPE IN EASY CHAIR**

This winter when the wind howls outside lean back in your easy chair and think about your home landscaping. Keep a pad and pencil handy to jot down your dreams.

According to a Pennsylvania State University correspondence course on landscape planning,

the plan you work out by spring should suit your family as well as the home site. Family needs are a deciding factor in where you have lawn and garden, walks and patios, parking and service areas.

Don't think of landscaping as an unnecessary expense. Nor is it only ornamental.

You'll want a workable plan that considers location of your house, garage and parking area, soil slope and grading needed, placing of walks and other pav-

ed areas, fences, trees, shrubs, hedges, steps, flower gardens, recreation and other outdoor areas. To learn the basics of home landscape planning, study the Penn State correspondence course. Send your name and address with \$4.00 to Landscape Planning, Box 5000, University Park, Pennsylvania 16802. Make checks payable to Penn State. There are no other charges and a complete course copy comes to you by mail.

**● Have You Heard?**

(Continued from Page 21)

ly goes for the items included in the food plan?

**Tips On Buying Oranges**

Look for firm and heavy oranges with fresh, bright-looking skin that's reasonably smooth for the variety.

Avoid light-weight oranges since they are likely to lack flesh content and juice.

Very rough skin texture indicates abnormally thick skin and less flesh.

Dull, dry skin, and spongy texture indicate aging and deteriorated eating quality.

Check for cuts or skin punctures, soft spots on the surface and discolored, weakened areas of skin around the stem end.

**Suitcase Packing Tips**

Use sheets of aluminum foil as layer dividers in luggage. The sheets will come in handy for wrapping damp or soiled articles when repacking.

If your bag has ties or straps to keep clothes in place, slide a piece of cardboard or tissue under the buckles or knots when you tighten them—this will help avoid creasing or mussing the clothes.

Wrap your jewelry and any other fragile items in tissue paper, or in a pair of socks and pack into your shoes.

Anytime you pack at night for an early morning departure, leave the bag open over night. The air will keep things from wrinkling.

**No Passport**

Travelers from the United States entering Mexico do not need a passport but should carry some proof of citizenship, such as a birth certificate, voter's registration card or affidavit. Mexican authorities do not consider a driver's license as proof of citizenship.



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- 4** - Skimp on a Plain open Jaw transmission in place of our **Protectively enclosed unit.**
- 5** - Replace our **Positive expensive worm drive** with open gears on our **Lower Beater Drive**
- 6** - Use ordinary soft wood for our main **Stringer and Cross pieces** instead of **Strong Oak.**

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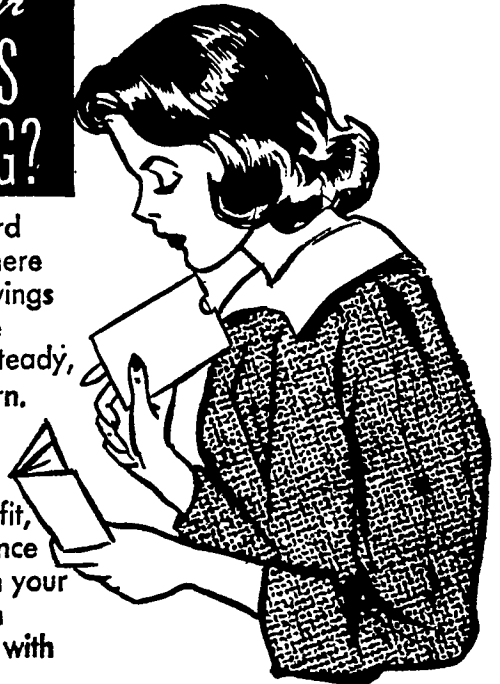
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