

GRANGE NEWS

Fulton Grange #66 met Monday evening at Oakryn with Clifford W. Holloway Jr. presiding at the business session. The Grange will again provide a Savings Bond for a Harvest Queen contestant at the South-

ern Lancaster County Community Fair in September.

The Pride in Pennsylvania committee, Russel Hartsoe chairman, reports progress on the Clean-Up, Paint-Up project on the Grange Hall and grounds. The Grange also made plans to have the floors of the Grange Hall cleaned and refinished.

Fifty three from Lancaster County attended the Pomona District Visitation meeting held at Trappe, Montgomery County June 21.

Mrs. Jacob Fantom, Edith Ambler and Mrs. Charles McSparran attended the State Grange Leadership School at Gettysburg College June 23-26.

A very fine and interesting

display of antiques were exhibited at this meeting. The program opened with group singing "Silver Threads Among The Gold"; Mrs. Jesse Wood read "Know Your Antiques' Age By Ownership" and "Old Age Sure Isn't For Sissies." The following spoke about their exhibits: Mrs. Owen Groff, Norman Wood, Charles Tindall Sr., Mrs. Thomas Bradley, Mrs. Freeda Huber, Mrs. Stanley Stauffer Jr., Clayton J. Metzler and Charles McSparran.

Fulton Grange will be host to the Lancaster County Grange Visitation meeting July 14 when Salisbury Grange will present the program, the theme being "Looking Ahead In Agriculture", and Colerian Grange will fill Officers' chairs. The annual picnic will be held July 28.



SITCHERS AND STEWERS by Donna Lindley

The Sitchers and Stewers met recently at Chestnut Level Church House. Vice-President, June Aaron called the meeting to order. The 4-H pledge was said. Mary Douts read the minutes and took roll call. A swimming party was discussed, and a refreshment committee was appointed. A committee was also appointed to raise funds for 4-H. June Aaron closed the meeting.

meeting was a talent show, a violin solo by Karen Gehron, and acrobatics by Kathy Byers. Diane Kreider played a song on the piano, Diane Dundam played two songs on her clarinet, and Julie McMichel led a song. After the talent show Mary Douts and June Aaron talked about the trip to Penn State.

PENN MANOR COMMUNITY By Ronny Thomas

The fourth meeting of the Penn Manor 4-H Community Club was recently held at the home of Philip, Chris and Steve Stehman. The role was called and members responded by giving a progress report on their projects.

It was voted to help sponsor the IFYE "walk" in connection with their August convention in Iowa. The meeting also featured a scavenger hunt, baseball and refreshments.

KOOKIE KOOKS By Ellyce Jean Engle

The third meeting of the Penn Manor Kookie Kooks was held Wednesday June 25 at the Penn Manor Junior High School. The older girls made Peach Upside-Down Cake while the younger girls and boys made pudding.

During the business meeting the amount for dues was decided.

The next meeting will be at 11:30 a.m. on Wednesday July 2 at the Penn Manor Junior High School.

Standard (Continued from Page 13)

cattle were not decreased by feeding the complex mineral-vitamin supplement. In measuring reproductive performance, no significant differences were observed for cows fed the complex supplement compared with those fed the standard ration.

"This was not a test of the value of vitamins and minerals as such," Dr. Kesler states. "This was a study of the need, if any, for supplying additional amounts of the commonly fed vitamins, B-vitamins, trace minerals, and rumen stimulants."

In the first year, 409 pairs of cows were compared—with one cow in each pair fed the complex supplement and the other cow the standard ration. Of these, 141 pairs completed a second year on trial. The results seem to dispel any fears that high grain feeding might reduce rumen synthesis of essential vitamins. Data was collected from reports of the Dairy Herd Improvement Association and by farm visits by county agents twice a month.

How Much Protein?

An adequate diet calls for two or more servings of protein foods every day, reminds Mrs. Ruth J. Buck, Penn State Extension foods and nutrition specialist. In red meats, poultry, or fish, one serving would be two to three ounces, or about the size of a half breast of chicken or a good size hamburger. In other protein foods, one serving would be two eggs, a cup of cooked dry beans or peas, or four tablespoons of peanut butter.

Food In Your Freezer

Label every package of food you put into the freezer with name of contents, how prepared, and date packaged, advises Mrs. Ruth J. Buck, Penn State Extension foods and nutrition specialist. Keep a record of all food frozen, including size of package and date frozen. Check off packages as you use them and you'll know what's in the freezer at all times. Use the oldest packages first.

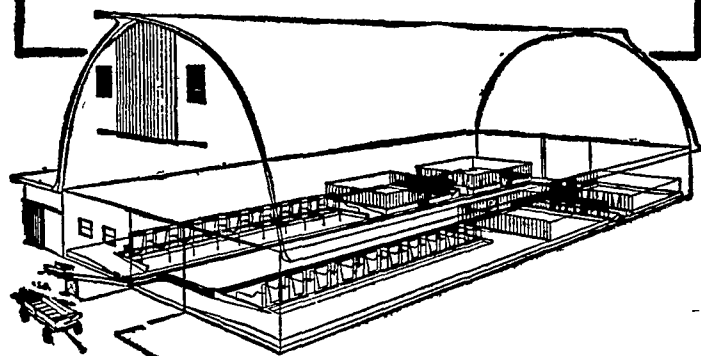
Farm Women

(Continued from Page 17)

Treat at Howard Johnson's Restaurant,

Our next meeting will be a "Come As You Are Party" at the home of Mrs. Richard Hess, R.D. #1, Strasburg, Pa. It will be held on July 24 at 7:30 p.m.

Can you go wrong with a barn cleaner that's over built?



Farmway BUILT FOR BIG BARNs

There's a Farmway barn cleaner for your barn. One unit will handle anything from a single gutter to 4 or 6 gutter set-ups.

Rugged drive unit. Here's strength and power for even the biggest barns. Each part of the barn cleaner is designed to decrease drag. Less maintenance, lower operating cost.

New nickel alloy, German made chains are optional. The 3/4" has a minimum breaktest of 54,000 lbs.

Steel elevator — 1 pc. seamless, heavy 10 ga. copper content steel plate. No bolts or rivets.

Never hurts to do a thing right. Talk to a Farmway man, you'll see. Affiliate of Berg Equipment Corporation, Marshfield, Wisconsin.

Your Farmway dealer is:

SHENK'S FARM SERVICE
R. D. 4, Lititz
Ph. 626-5996



HUSKY, HEAVY-BODIED HEIFERS

—in a hurry!

...with Ful-O-Pep Calf Ration

Get your future milkers off to a sound, early start for top production. Keep them hale and hearty, grow them big-framed and husky—in a hurry—with Ful-O-Pep Calf Ration.

It's ummmmm good. Tempting and tasty, calves start nibbling at 3 to 6 days. Feed along with Ful-O-Pep Milk Replacer, gradually increasing Calf Ration until calf is eating about 4 lbs. a day. Antibiotics help prevent scours and protect health. Special proteins, vitamins and minerals pack a real growth punch.

Complete Ful-O-Pep Calf Ration helps your calves develop big-frames, deep chests, and good feed capacity. Ask us for more feeding details.

S. H. Hiestand & Co.
Salunga

Stevens Feed Mill, Inc.
Stevens

Stevens Feed Mill, Inc.
Leola

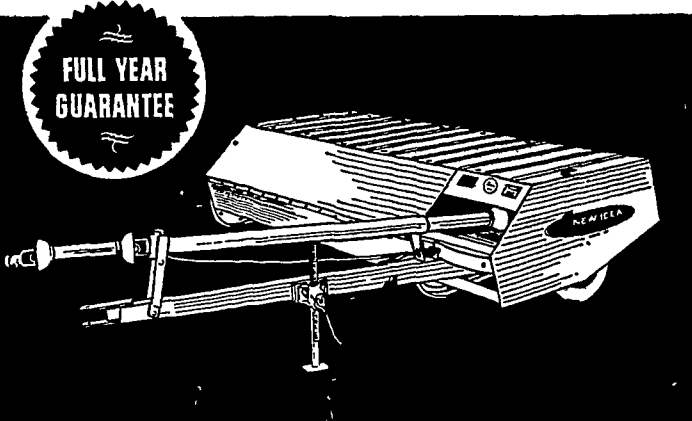
Harold H. Good
Terre Hill

fed up with a plugged mower?

here's real non-stop mowing-conditioning

Now you can make hay without getting off the tractor seat. With this new New Idea cut/ditioner which does the work of a mower and a hay conditioner, you get plug-free non-stop operation in all kinds of hay.

It's great in heavy, down and tangled hay which plugs sickle bar mowers. Where your mower won't go, this machine will! Does speedy job of shredding stalks, cutting weeds, clipping pastures. Available in 7-ft. and 6 ft. models. Windrow attachment available.



- Longenecker Farm Supply Rheems**
Graybill Machines, Inc. Lititz, R. D. 2
A. B. C. Groff, Inc. New Holland
Roy H. Buch, Inc. Ephrata, R.D. #2
- Kinzer Equip. Co. Kinzer**
A. L. Herr & Bro. Quarryville
Chas. J. McComsey & Sons Hickory Hill, Pa.
Landis Bros., Inc. Lancaster

FULL YEAR GUARANTEE