

FOR THE **FARM** WIFE AND **FAMILY**

The Time For A Picnic

By Mrs. Richard C. Spence 2 teaspoons salt

This is the time of the year 3 when the men like to show off their skill as the family chef For the man who thinks he's the saucepan, except chicken. Heat 4 to 6 servings Barbecued Chicken When the gang gets to eating this chicken they'll think he's great too!

CARIBBEAN BARBECUED

- 1/4 cup molasses
- 1/4 cup butter or margarine tablespoon vinegar or lemon

SAVE AT

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CHICKEN

1/4 teaspoon pepper broiler-fryer chickens, halved

king of the charcoal grill we to melt butter and blend flavors. have this recipe for Caribbean Place chicken skin side up, on heat. Brush with this barbecue skillet corn bread made from ensauce and grill slowly, until ten-riched corn meal is as nourishder, turning and brushing fre- ing as it is tasty quently Allow 1 to 11/4 hours total cooking time To test for 1 cup enriched corn meal doneness, leg should twist easily 1/2 cup sifted all-purpose flour out of thigh joint, and pieces should be fork tender. 6 servings 2

NOTE: Chicken may be baked 1 in a foil lined baking pan Ai- 1 lange chicken halves, skin side 1 down, and brush barbecue sauce 2 over cut side Bake in 400 degree oven 30 minutes, tuin and brush sugar, baking powder and salt with barbecue sauce Bake 20 to into bowl Beat together milk, 30 minutes more, or until chick- egg and oil, add to diy ingreden is tender

Pork Shoulder Steaks make good inch skillet. Cover and cook over 1 use of the well-liked economy hot coals about 20 minutes or meal favorites.

CHINESE PORK SHOULDER STEAKS

- 4 to 6 pork arm or blade steaks, cut 34-inch thick beef bouillon cube
- 1/3 cup hot water teaspoon ginger
- teaspoon sugar
- 1/4 cup honey 1/4 cup soy sauce

Dissolve bouillon cube in hot 1 water. Combine ginger, salt, sugar, honey and soy sauce and add 4 teaspoon Tabasco to bouillon. Marinate steaks in 2 the soy sauce mixture in refrigerator for 2 hours turning them 3 occasionally. Remove steaks from marinade and place on grill over mustard and Tabasco; mix well. glowing coals 3 inches from Add to beans Spoon into 6 indiheat Grill 30 to 45 minutes vidual bean pots, if desired. Top cipe will serve 10 people Brush frequently with marinade each serving with ½ strip un-Tuin after grilling 15 minutes cooked bacon Bake in 425 de-Combine all ingredients in and continue cooking until done gree oven 30 minutes.

- CAMP FIRE CORN BREAD
- ¼ cup sugar teaspoons baking powder teaspoon salt
- cup milk

teablespoons vegetable oil

Sift together corn meal, flour, ients Stir just enough to moisten (Do not overmix) Pour bat-The subtly seasoned Chinese ter into hot, lightly greased 10-

meat-pork arm or blade steaks. until bottom is brown and top is The recipe is sure to find its set. To turn corn bread over, 1 place among your list of family place plate over top of skillet 8 and invert. Return corn bread to 1 pan and cook, covered, about 15 minutes on other side. Makes 8 2

Baked Beans are a must for a Orange Dressing picnic. These can be baked in the Cook macaroni in boiling, salt-

QUICK MOLASSES BEANS

1/4 cup molasses tablespoon vinegar tablespoon prepared mustard

cans (1 pound each) baked beans

bacon slices, halved

Combine molasses, vinegar,

NOTE: If desired, mixture may be turned into a skillet and A hot bread is always a special heated on top of range, 10 to 15 1 grate set 6 to 12 inches from treat at a picnic and this moist minutes. Omit bacon 6 servings 2

> Here is a good salad for summer eating This salad includes most of the "Basic Four" in one dish.

"SOCCER-TO-ME" SALAD elbow macaroni

medium head lettuce, washed and torn into bitesize pieces medium carrot, shredded small radishes, sliced can (8 ounces) diet pack green beans, drained hard-cooked eggs, sliced can (13 ounces) water pack tuna

oven or over hot coals on a grill. ed water until tender, yet firm, 7 to 8 minutes. Drain; cool with cold water. Drain again. Toss with remaining ingredients.

ORANGE DRESSING* cup orange juice ½ teaspoon oregano teaspoons minced onion teaspoon seasoned salt teaspoon cider vinegar 1/8 teaspoon pepper

Blend together ingredients. Toss with above salad Salad ie-

Another salad that goes well with charcoal grilled meats -

CALICO SLAW ½ small head cabbage medium-sized turnip medium-sized carrots apple

1/2 green pepper gieen onion

Cleen and wash vegetables and apple Shred or chop cabbage, turnip and carrots. Core and package (7 ounces) enriched chop apple Chop green pepper. (Continued on Page 17)

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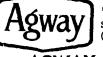
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