

For the past decade or so one of our Extension publications, The Agronomy Guide, has been received very well and is one of the very best farm publications available through our Extension Service. Local farmers who do not have a copy of the 1969 Agronomy Guide may get one without cost at our office. This publication covers the cultural practices of most of our major crops and should be of great help to every crop producer. Get one before you make all of the plans for the 1969 season.

● **Have You Heard?**

(Continued from Page 19)  
product is well accepted because costs can be spread over more packages.  
Increased wages for food industry workers result in higher food costs.

Food prices have risen in recent years but not as quickly as wages. Efficient agriculture and our food marketing system has helped make this possible.

One-fifth of the total amount of money spent in grocery stores is for non food items.

**In Case Of Accidental Poisoning Or Overdose**

Send for a doctor at once  
Keep the patient warm  
Determine if the patient has

taken a poison or an overdose of medicine.

Don't induce vomiting if the patient is having convulsions.

**Press As You Go For Smooth Sewing**

Before you begin pressing, press a sample of the fabric to be sure you have the right iron temperature for the fiber.

Press every stitched seam before crossing it with another seam. For a smooth seam or dart, press stitching into the fabric before you press the detail in its proper manner.

Press seams in the direction they have been sewed — from the wide portion of the pattern to the narrow. Always press curved seams and darts over a

curved surface such as a tailor's ham or a pressing mitt.

When pressing the surface of the garment, follow the grain. To avoid any edge imprint, place a strip of brown paper under the seam, dart, or hem allowance.

A steam iron is an asset for pressing, and a well-padded board is essential.

● **Farm Women**

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will feature a tour of the Hanover Quilt Factory, York County. A smorgasbord luncheon will be featured.

**SOCIETY 17**

Society of Farm Women 17 met recently at the home of Mrs. Harry Haish, Smithville, with Mrs. Ernest Shaub and Mrs. John Hainish co-hostesses.

A letter of thanks from the Red Cross at Valley Forge Hospital for cookies delivered last month was read.

Cancer dressings were made and a donation was given to Easter Seals.

Cookies will be taken to Valley Forge Hospital again this month on March 18. Each member is asked to bake.

Mrs. Haish had a cake decorating demonstration.

The next meeting will be held March 31 as a covered dish lunch at noon. Each should also bring two written recipes. The American Cancer Society will have the program.

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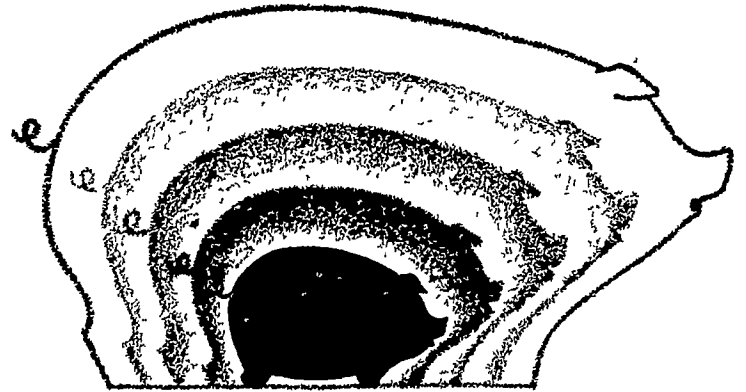


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