

FARM WOMEN NEWS

SOCIETY 3

Society of Farm Women 3 met recently in the private dining room of the Cloister Restaurant, Ephrata. Mrs. Samuel M. Mohler was the hostess.

Reports of the State Convention of the Society of Farm Women in Harrisburg were given by delegates Mrs. Willis Stober, president, Mrs. Harry Usner, Mrs. Ray Weinholt and Mrs. Mohler, past State President.

Dr. John Price, Sr., curator at the Franklin and Marshall Museum, was the speaker and kept the women thrilled with his subject, "Vanishing America". The next meeting will be held at the home of Mrs. Gilbert Paul, Stevens R1, near Mt. Airy, on February 15.

SOCIETY 4

Dr. C. D. Leiphart, Millersville, retravelled "Behind the Iron Curtain" for Society of Farm Women 4 at a meeting in Fellowship Hall of the Mountville Church of the Brethren. Mrs. Wilson Mohler served as hostess. Mrs. Martin Greider led devotions.

Also on the program were Mrs. Dean Herr and her daughter, Bonnie, who played several selections at the piano. Bonnie is the granddaughter of the hostess.

The new president and dele-

gates Mrs. Edwin Yeaglin and Mrs. Daniel Will reported on the 50th convention of Farm Women in Harrisburg.

Mrs. John Mellinger, Columbia R2, was initiated into the group by membership chairman Mrs. E. Robert Nolt.

The next meeting will be Feb. 22 with a tour of the Cleft Palate Clinic, Lancaster.

SOCIETY 23

Sewing cancer dressings occupied the hands of members of Society of Farm Women 23 as they met in the home of Mrs. Benjamin Shenk, Washington Boro R1, while Mrs. J. Clayton Charles, president, conducted society business.

Society 23 members will be guests of Society 20 at the Kirkwood Fire Hall on Thursday, April 3 at 1:45 p.m. The next regular meeting of Society 23 will be held at the home of Mrs. Howard Martin, Lancaster R3, on Feb. 27 when handwriting analysis will be discussed.

Delegates to the 50th convention of Farm Women in Harrisburg reported. They included the president, Mrs. Charles Frey, Mrs. Lester Newcomer and Mrs. John Newswanger.

SOCIETY 39

Visiting the Community Art Gallery on Franklin and Mar-

shall Campus featured the folk art paintings of Abby Aldrich Rockefeller was the program for the meeting of Society of Farm Women 9.

Later the group met in the home of Mrs. Mary Reighard for the business portion. Assisting were Mrs. Ellen Fink, Mrs. Madeline Lamphere, Mrs. Jeanne Brenneman and past president, Mrs. Florence Morrison.

Reports of the 50th state convention in Harrisburg were heard from Mrs. Brenneman, Mrs. Ida Jane Zercher and the new president, Mrs. Mabel Heller.

The next meeting of Society 9 will be held in February when members will bring fruit juices for Heart Haven and visit the Visitors Official Information Center to learn more about Lancaster County.

Society 29

The first meeting of the newly organized Society of Farm Women 29 was held with 20 members present. The Society was organized by Mrs. Scott Nissley, president of Lancaster Society of Farm Women, in November, 1968.

The group will meet on the third Monday evening of each month. Mrs. Richard Ober and Mrs. Elvin Brenneman were hostesses at the Brenneman home, Mount Joy R1.

Mrs. Gerald Ruhl conducted the opening portion of the meeting and Mrs. Ronald Ober presided. She reported on the 50th annual convention of the Society of Farm Women of Pennsylvania held in Harrisburg. Mrs. Dale Hiestand was also a delegate.

Other society officers are Mrs. Hiestand, vice president, (Continued on Page 18)

Ladies, Have You Heard? . . .

By Doris Thomas, Extension Home Economist



Eliminate Some Household Cleaning

Clean porches, sidewalks and steps often. Provide a mat or rug and scraper at door entrances. Have a special place for boots inside the door.

Encourage family members to come in by the door where they can leave boots and outside wraps.

Investigate new cleaning aids and equipment to see what ones may supplement older supplies and help simplify your cleaning jobs. Find convenient closets, cupboards, or other storage places where you can keep cleaning aids.

Store small tools and often-used household cleaners in a basket or container with a handle and carry this from room to room to save steps.

Type "A" School Lunch

The lunch your child has in the school cafeteria is probably a Type "A" school lunch which indicates food of superior quality. It consists of:

- One-half pint of milk
- Two teaspoons of butter or margarine
- Three-fourths cup of two or more vegetables and fruits
- Two-ounce serving of protein rich foods such as meat, poultry, fish or cheese; one egg;
- one-half cup beans or peas, or four tablespoons peanut butter
- One slice or serving white grain or enriched bread or cereal

Tips On Food Storage In Your Refrigerator

If storing chicken, wrap the



THOMAS

bird loosely, ends open, in waxed paper, foil or plastic and store in the coldest part of the food compartment of your refrigerator.

For meat, remove paper it was packaged in and wrap loosely with plastic, foil, or waxed paper, with ends open. Pre-packaged fresh meat can re-

(Continued on Page 18)

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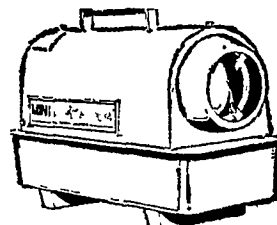
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