For the Farm Wife and Family



By Mrs. Richard C. Spence, Food Editor

Summer: Salad and Sandwich Time



SPENCE

dressing

onion

hard-cooked eggs, coarsely

cup grated cheddar cheese

cup finely chopped celery

cup mayonnaise or salad

tablespoons finely chopped

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cup diced, cooked ham

In the heat of summer we try to spend as little time as possible in the kitchen. But, we can't neglect the nutritional needs of our family. There are many recipes for salads and sandwiches that are really "one-dish" meals but will still supply the energy and nutrition your family needs to get through a summer day. Many of these foods can be prepared ahead of time and be refrigerated or frozen, ready to serve with a minimum of fuss.

These Calico Egg Sandwiches make a luncheon or light supper entree that is easy to 2 cups cottage cheese prepare yet fulfills nutritional requirements. 6-8 anchovies, minced You'll be serving these to your family again and again after they once taste them.

CALICO EGG SANDWICHES 1/2 teaspoon dry mustard

- teaspoon salt teaspoon pepper
- large hard rolls, split and
- buttered

Combine all ingredients, mixing well; spoon on split hard rolls. Place on baking sheet and of rolls are delicately browned, per. about 15 minutes. Makes 8 sand- about 2 cups. wiches.

DANISH EGG SALAD SANDWICH

- hard-cooked eggs cup finely chopped celery
- tablespoon finely chopped 1

cup mayonnaise tablespoon vinegar teaspoon Tabasco teaspoon salt slices white or rye bread

Slice two hard-cooked eggs and reserve four center slices for 7 garnish. Chop all eggs and put in bowl. Add celery and onion to 14 eggs and toss lightly. Stir vine- 1/2 gar, Tabasco and salt into mayonnaise until well blended. Pour 2 dressing over egg mixture and stir until moistened throughout. Spread each slice of bread with butter. Cover bread with leaf of lettuce. Scoop egg salad on top of lettuce, dividing it between the four sandwiches. Top each with a reserved egg slice and pimiento strips. Makes 4 serv-

NIPPY COTTAGE CHEESE 'N HAM SANDWICH

- cups cottage cheese tablespoons chopped parsley
- tablespoons chopped chives teaspoon poppy seed teaspoon salt
- teaspoon pepper Rye bread Butter, softened Sliced cooked ham Sliced tomatoes

In a bowl combine cottage bake in a 400 degree oven until cheese, anchovies, parsley, cheese starts to melt and edges chives, poppy seed, salt and pep-Cover and chill. Makes

To serve, butter bread; top with lettuce, ham, cottage cheese spread and a tomato slice.

> **HOT GERMAN MACARONI SALAD**

can (8 oz.) button mush-

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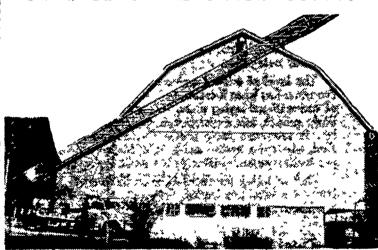
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pound diced bacon cup sugar tablespoons flour nuis 1/4 teaspoon salt

teaspoon pepper cup vinegar cup mushroom liquid

ounces elbow macaroni, uncooked cup chopped green onion

cup chopped celery cup sliced radishes

Drain mushrooms; reserve liquid. Fry bæon' with mushrooms until bacon is crisp. Do not drain. Add sugar, flour, salt and pepper to mushroom mixture. Stir to blend. Gradually 1 stir in vinegar and mushroom liquid. Cook until thickened, 2 stirring constantly. Keep hot.

Cook macaroni in boiling, salted water until tender, yet firm, about 7 to 8 minutes. Drain. Mix lightly but thoroughly with hot dressing, onion and celery. Garnish with radishes and parsley. Serve hot. Makes 6 servings.

CURRIED SHRIMP-ORANGE SALAD

oranges, peeled; cut into bite-size pieces (2 cups) cups cooked, cleaned shrimp, small or medium

- cup sliced celery cup coarsely chopped pea-
- cup mayonnaise
- tablespoon lemon juice teaspoon curry powder

Combine orange pieces, shrimp, celery and peanuts. Mix together mayonnaise, lemon juice and curry; add to shrimp mixture, tossing until weil mixtablespoons chopped parsley ed. Chill for about 1 hour to blend flavors. Serve on crisp salad greens.

SUNNY GARDEN SALAD MOLD

- (6-oz.) pkg. lemon flavored gelatin
- cups boiling water
- cups cold water tablespoons lemon juice
- teaspoon salt
- teaspoon celery seed
- cup cooked, cut green beans cup small cauliflowerets
- cup shredded carrot
- cup sliced celery
- cup sliced radishes
- cup thinly sliced cucumber, cut in half
- tablespoons sliced green
- cup dairy sour cream
 - teaspoon horseradish (Continued on Page 11)

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