# Breeze Through Summer With Milk Products

## Summer Refreshers With Dairy Products

By Mrs. Richard C. Spence, Food Editor



**SPENCE** 

cup sugar

cups milk

**SWINGING** 

STRAWBERRY SHAKE

cup strawberries, sliced

Strawberry ice cream

SUPER

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pint strawberry ice cream

In a small mixing bowl com-

When you really need refreshment, count on cool, creamy ice cream. Here's a grand way to enjoy everybody's favorite dessert: serve with a scoop of ice cream from 1 ice cream in frosty summer coolers that are remaining half pint. Serve imlike sodas made at home with soft drinks or mediately. Makes 6 servings. milk. Sparkling, fruity, or chocolaty-rich, these drinks will be a welcome treat, and the makings are items you usually have on hand in newcomer to the summer bever- 1½ pints vanilla ice cream the refrigerator.

Swinging Strawberry Shake, not too tart or sweet, has a delightful flavor everybody loves Top each glass with a scoop of straw- 2 berry ice cream for extra pleasure.

ing until softened, gradually add  $^2$ milk. Pour into large glasses and top with scoops of ice cream.

Makes about 514 cups. NOTE: One package of frozen strawberries (10 oz ) thawed but not drained may be substituted for fresh: omit sugar.

Quick Chocolate Chiller has a bine strawberries and sugar and beat to mash berries Add 1 pint special flavor accent; it's made o' ice cream and continue beat- with cream soda.

OUICK CHOCOLATE CHILLER

cup chocolate syrup

cup milk

pint vanilla ice cream cups cream soda beverage, 6 maraschino cherries

In a small mixing bowl combine syrup and milk; divide evenly into glasses. Divide ½ pint of ice cream into six glasses. Fill glasses with cream soda. Stir until blended. Top each soda

Zippy Cranberry Cooler is a age list, and its ruby-red dresses 1½ pints sparkling water, up any party or snack table.

## CRANBERRY COOLER

pints vanilla ice cream cups cranberry juice, chilled bottles (12 oz. ea.) ginger ale, chilled

In a small mixing bowl beat 1½ pints of ice cream until smooth Gradually add cranberjuice. Divide evenly into glasses: fill with ginger ale and top with scoops of remaining ice cream. Makes 6 servings.

## CHERRY CHOCOLATE DRINK

- cups milk, whole or skim cup juice drained from
- maraschino cherries

1/2 cup chocolate syrup

Combine all ingredients, extil smooth. Garnish with maras. 6 servings. chino cherries. Serve cold. Makes 6 servings, 114 cups each.

## PINEAPPLE MIST

- cup (8% oz.) crushed pineapple
- cup (6 oz.) frozen pineapplelemon punch concentrate,
- chilled

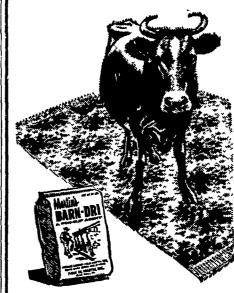
Combine pineapple and fruit his disposable income on food. runch concentrate; divide into 6 tall glasses. Add a tablespoon of ice cream and a little spark- cleaned and straightened, so

11/2 cups instant nonfat dry milk Fill glasses 3/3 cup full with sparkling water; stir. Add a scoop of ice cream to each glass; cept cherries. Beat or shake un. fill to top with sparkling water,

## Bargain Food

Milk cost 13c a quart in 1941, while in 1966, it cost 25c a quart. In 1914, a worker had to work about 23 minutes to buy a quart of milk. The same worker in 1965, had to work only eight minutes to buy the same amount of milk. Not only is the average worker working less time to buy milk, but he is spending less of

Cotton fibers are carded or ling water to each glass; blend, they can be spun into yarns.



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