

FARM WOMEN NEWS

SOCIETY 3

Society of Farm Women 3 met at the home of Mrs. Daniel Fellenbaum, 1580 Fruitville Pike, Lancaster. Mrs. Harvey Gehman served as hostess.

Presiding over the business meeting was Mrs. Willie D. Stober, president.

It was reported that 260 cancer dressings were completed by the Society during the season.

A bus trip to Washington, D. C. is planned for May 11, leaving Lincoln Lutheran Church parking lot at 5:30 a.m.

Donations were given to the Farm and Home Building and the Hemophilia drive.

Mrs. Ivan Eberly, program chairman, introduced Mr. and Mrs. Lloyd Shirk, of Ephrata, who gave an illustrated talk on a recent trip through Europe.

The May meeting will be held at the home of Mrs. Donald Graybill, Stevens R1.

SOCIETY 12

Society of Farm Women 12 met at Zausner's Tea Factory, New Holland. A short meeting followed at the home of Miss Ethel Kendig, Millersville.

Mrs. Willis Glick was in charge of devotions. It was announced by the president, Miss Kendig, that the Farm & Home Foundation will hold open house for the public on Sunday, June 9.

Plans are under way for a bus trip to Washington, D. C., on Saturday, June 8. Mrs. Bernice Esheman is in charge.

At the next meeting May 25, Society 14 will be entertained at the Millersville Fire Hall.

SOCIETY 18

Society of Farm Women 18 entertained Society 20 Saturday at the Farm and Home Center, with Mrs. Edward Wissler, president, presiding. Devotions were led by Mrs. John Hess.

A food sale will be held May 17 at Manheim Square.

Open House will be held June 9 at the Farm and Home Center.

A Spring rally will be held May 16 for all Farm Women Societies at Collegeville.

Mrs. George Russo spoke on photography and showed slides of New York City.

SOCIETY 15

Society of Farm Women 15 met at the home of Mrs. Glenn Ressel, Lancaster Pike, Quarryville. Assistant hostesses were Mrs. Emory Wagner, Mrs. Edwin Witmer, Mrs. Frank McCrab and Mrs. Judson Wagner.

Mrs. Glen Myer presided at the meeting. Mrs. Ressel had devotions. Members planned a trip on May 18 to New Castle, Del.

Mrs. Thomas Greenwald is chairman of plans for the trip.

The program was a take-off on the TV program, "The Match Game." Mrs. Warren Smith was in charge. Another game, pocket book check, was conducted by Mrs. Martin Greenleaf. Also participating in the program were Mrs. Myer, Mrs. E. Wagner, Mrs. Granville Trimble and Mrs. John Clendenin.

The next meeting will be held at Willow Valley Restaurant for a luncheon on May 16. Members will be the guest of Society 20 on May 2 at Kirkwood Hall.

SOCIETY 2

Society of Farm Women 2

Correspondence

Courses

Flowers are for your enjoyment. And chances are you'll want to use some of the ones from your garden in a floral arrangement soon—so you can enjoy them indoors as well as outdoors.

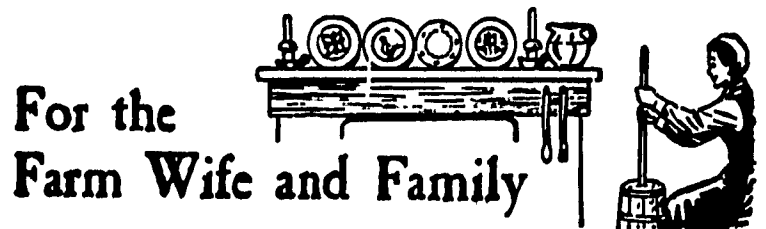
You can emphasize the beauty of cut flowers by arranging them with some thought toward shape, size and color of each blossom. An arrangement makes each flower more interesting, and gives you a new point of interest in a room.

You'll be more pleased with your floral arrangements when you keep in mind the relationship between flowers, containers, accessories, and their placement in a room.

An excellent guide for flower arranging is a home study course, "Flower Arrangement," from The Pennsylvania State University. In addition to giving directions for making attractive arrangements, the course has information on drying flowers and instructions for making corsages from your garden flowers.

To get the course, send your name and address with \$2.00 to Flower Arrangement, Box 5000, University Park, Pennsylvania 16802. Make check or money order to Penn State University.

There will be a Food Stand on Manheim Memorial Field, today for the VFW Loyalty Day Parade. There will be baked goods and cold drinks available.



For the Farm Wife and Family

Ladies, Have You Heard? . . .

By Doris Thomas, Extension Home Economist

Food Needs Of Senior Citizens

Many older persons have poor appetites, regardless of their weight.

To senior citizens, a good appetite and top physical condition go hand in hand.

An active interest in other people and things are aids to keeping a good appetite.

Eating four or six small meals each day may also help.

The healthy combination of fresh air and daily mild exercise can do wonders for the appetite.

Limited budgets may determine food choices for some senior citizens. To get more for a food dollar, they need to have the most food value for the money spent.

They need to be aware that foods cost less when they are in season or in plentiful supply and when they are not partially prepared. The best way for older persons to eat well is to have a good appetite and choose a variety of nourishing, well-prepared foods.

Beauty Routine Includes Facial

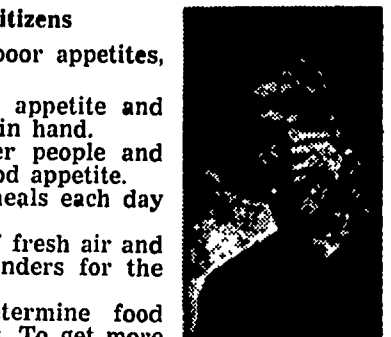
Start your facial with the usual all-over lathering of soap and water.

Rinse only with hot water—not cold.

Steam your face over a basin of hot water or apply hot towels to open the pores still more so they have full benefit of the treatment.

Emollients penetrate best in a very clean skin, and they won't soften and cleanse as well if pores are clogged.

Be sure to include your neck in this beauty routine. From a cosmetic point of view, it's part



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of your face and deserves the same care.

Laundry Instructions for Glass Fabrics

Hand-wash rather than machine-wash fabrics of glass fibers.

Laundry glass fabrics separately, using a mild soap or synthetic detergent.

Handle fabrics carefully, and avoid rubbing or twisting articles.

Rinse fabrics thoroughly.

Roll or pat articles with a towel. Then spread them out flat or hang on padded lines to dry. Do not use a clothes dryer.

Do not iron glass fabrics. Do not dry-clean.

Tips for Using Salad and Cooking Oils

Add one tablespoon salad oil for each layer when whipping up a package cake mix. The

(Continued on Page 16)

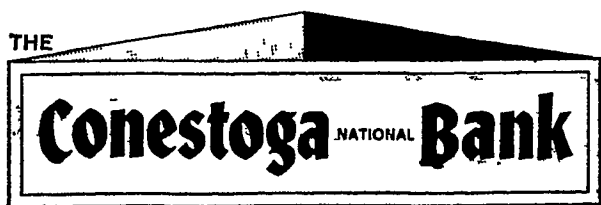


VACATION LOANS LET YOU ENJOY THE WONDERFUL WORLD OF FUN

Harry W. Baldwin is Assistant Vice President of The Conestoga National Bank . . . and a most avid fisherman. During his leisure hours in the months ahead you'll find "Bill" following his hobby along the many well-stocked streams in the area.

As manager of our Millersville Branch, Bill has helped countless families turn day-dreams into exciting never-to-be-forgotten vacations with easily arranged vacation loans.

You can make this year's vacation one your family will long remember with a vacation loan from any of the conveniently located branches of your Headquarters for Money Matters. Come in and let us show you how to make your vacation dreams come true.



HEADQUARTERS FOR MONEY MATTERS

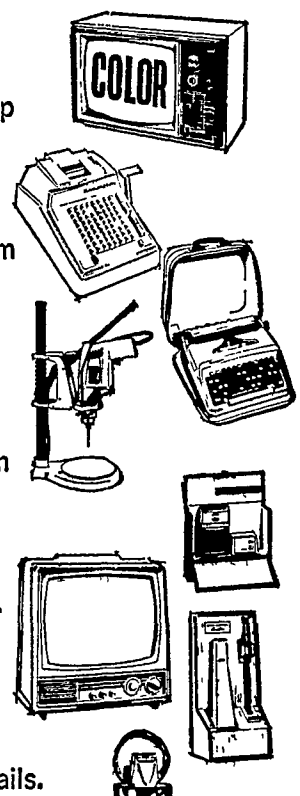
LANCASTER, CENTERVILLE, LANDISVILLE, LITITZ, MANHEIM TOWNSHIP

MILLERSVILLE ROHRERSTOWN

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When you buy New Holland early... your whole family benefits!

Now's the time to buy your new New Holland baler or forage harvester. Early. Before your crop comes in. Here's why. When you buy during April or May, you take advantage of Early Buyers' Bonus . . . the pre-season program that earns you valuable premiums. For example, a new self-propelled machine earns a table-model color TV. Or if you prefer, a choice of two other exciting gifts. Pull-type units earn big gifts too! Choice of black and white portable TV, electric drill, adding machine, portable typewriter or a special family kit. But remember! Offer is good only during April and May. And only on new New Holland balers and forage harvesters. Stop in soon for complete details.



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