

For The Farm Wife
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- 1 (7-oz.) can tuna, drained flaked
- 1 (7-oz.) jar pimientos, drained, quartered
- 2 hard-cooked eggs, sliced
- Parsley

Cook noodles according to label directions; drain; toss in 2 tablespoons butter. Blend white sauce mix and milk; add celery. Cook according to label directions; remove from heat. Add cheese and mayonnaise. Melt remainder of butter and stir into cracker crumbs. Combine next three ingredients. In six greased individual dishes, layer cooked noodles and fish mixture. Pour 1/2 cup sauce over each. Sprinkle with crumbs. Bake in a preheated moderate oven (350 degrees) 20 to 25 minutes. Garnish with egg slices and parsley. Makes 6 (1/4 to 1/2 cups) servings.

TUNA CHOW MEIN

- 2 tablespoons butter
- 1/2 cup chopped onion
- 1 can (4-oz.) sliced mushrooms
- 1 cup cottage cheese
- 2 tablespoons soy sauce
- 1 tablespoon cornstarch
- 1/2 cup celery, cut diagonally in 1/2-inch lengths
- 1/2 cup chopped green pepper
- 1 can (6 1/2 oz.) tuna, drained
- 2 cups cooked rice
- 1 can (3-oz.) chow mein noodles
- Green pepper rings

In skillet melt butter; saute onion until tender. Drain mushrooms and cottage cheese separately. Measure liquid from cottage cheese; add enough mushroom liquid to make 1/2 cup; add soy sauce. Blend liquid into cornstarch until smooth; add to skillet along with celery, green pepper, tuna and mushrooms.

Farm Women

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Donations were given to Easter Seal and the Mental Health Association.

A bake sale will be held April 27 at Two Guys Store, at 10 a.m. Society 22 will be entertained by Society 20 on May 2.

The next meeting will be a mother and daughter banquet on May 14 at Mrs. Abram Groff's home, Mt. Joy.

SOCIETY 10

Society of Farm Women 10 met recently at Landis Valley Motor Inn. Hostesses were Miss Frances Lefevre and Mrs. Blaine Stewart.

Twenty-two members and two guests attended with Mrs. John Habecker, president, in charge. Speaker was Mrs. Harold Murry, who gave a book report on "Sixpence in Her Shoe" by Phyllis McGinley.

Devotions were in charge of Mrs. Harry Sloat. Each member will donate \$1 on her birthday for the treasury. Flowers will be sent to the shut-ins.

The next meeting will be May 4 at the home of Mrs. Lewis Bowser, Lititz R3, at 1:30 p.m.

SOCIETY 17

Society of Farm Women 17 met recently at the home of Mrs. Landis Kreider, New Provi-

rooms. Cook over medium heat, stirring constantly, until thickened. Cook two additional minutes. Blend in cottage cheese; heat just to serving temperature. Serve on rice with chow mein noodles; garnish with pepper rings. 4-5 servings. dence. Assisting hostesses were

Mrs. Paul Rineer and Mrs. Beryl Graver.

Mrs. Samuel Wenger, president, was in charge of the business meeting. Devotions were led by Mrs. Kreider. Society 17 and 21 will visit guests at Embreeville State Hospital on April 26.

Two members will assist at Heart Haven Bazaar on April 30. The program featured a spelling bee in charge of Mrs. Stanley Stauffer. An auction of food was held with Mrs. Ernest Shaub as auctioneer.

The next meeting will be a trip to York on May 2. A Mother-Daughter banquet is planned for May 17 at Willow Valley Restaurant.

SOCIETY 14

Society of Farm Women No 14 met at the home of Mrs. Ralph Metzler, Ellendale Drive, Lancaster, on Wednesday, April 10. Hostesses were Mrs. Martha Herr, Mrs. Ellen Newswanger and Mrs. Martha Ranck. Devotions were in charge of Mrs. Ranck. Miss Mary Mellinger was received as a new member into the Society.

Miss Mary Rose gave a presentation of the "Mitten Folk". The next meeting will be a Mother and Daughter Banquet on May 8 at 6:30 p.m., at the Villa Valley Dining Room. Mrs. Walter Himmelreich will be the speaker and will present an illustrated Travelogue.

SOCIETY 1

Society of Farm Women 1, of Lititz, entertained Society of Farm Women 3, April 6 at 12:30 p.m. at a covered dish luncheon in the Lutheran Church, Lincoln. Twenty-four members and 28 guests attended.

Mrs. Roy Brubaker, president. (Continued on Page 20)

For the Farm Wife and Family

Ladies, Have You Heard?...

By Doris Thomas, Extension Home Economist

Choosing Children's Books

When you choose a book for your child, choose it especially for him, not just any child. Keep in mind his interests, his intelligence, and his experience.

Look carefully at the quality of the writing as you examine the book.

Avoid a book with careless English or one that's written down to the child.

Remember a child is an imitator. Often he'll incorporate into his speech the expressions he hears you read to him.

Try to find a book that uses simple, clear language he'll understand, but language that makes the story out of the ordinary.



THOMAS

How to Buy Beef Roasts
The secret of success in cooking a beef roast lies in suiting the cooking method to the grade and cut you select.

Beef varies in quality more than any other kind of meat. Use USDA grades as a guide to meat quality — its tenderness, juiciness, and flavor.

USDA Choice is the grade you are most likely to see in the store. Prime is a higher grade than Choice but is sold mainly to restaurants and hotels. USDA grades are others of the top five grades.

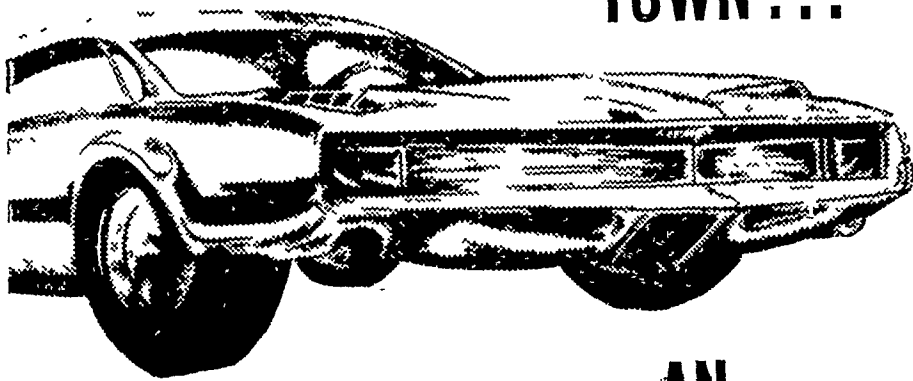
USDA grades are based on federal standards of quality and are applied by USDA graders in a uniform manner throughout the country.

Beef is graded before it's made into retail cuts. Because the grade is applied to the beef carcass or wholesale cut in a long ribbon-like stamp, you'll see a purple shield-shaped mark on most retail cuts.

All meat processed in plants that sell products across State lines must be inspected for wholesomeness by USDA's meat inspectors.

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