

For The Farm Wife
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til smooth. Add milk all at once, stirring constantly, until mixture is smooth and thickened. Add green pepper, pimiento, salt and eggs; heat thoroughly, stirring gently to avoid breaking egg wedges. Spoon immediately over shredded wheat biscuits, which have been heated in a 375 degree oven and salted if desired. Makes 4 servings.

EGGSCITING FRILLUPS

- 3 eggs, well beaten
- 1 cup small curd cottage cheese, well beaten
- ¼ cup flour
- ½ teaspoon salt
- 1 tablespoon butter, melted

FILLING:

- 1 egg, slightly beaten
- ½ cup sugar
- ¼ cup melted butter
- 1 tablespoon grated lemon peel
- 2 tablespoons grated orange peel
- 2 tablespoons lemon juice
- ½ cup orange juice

Blend eggs into the cheese, flour, salt and butter. Bake on hot griddle, making small and thin. Spread with filling, roll and pour remaining filling over all. Combine all ingredients for

Farm Women

SOCIETY 1

The Society of Farm Women 1 voted to donate \$10 to the Crippled Children Society and \$5 to the Shared Holiday at a meeting held recently at the home of Mrs. John Erb, 2037 Lititz Pike, Lancaster.

Mrs. Roy Brubaker, president, conducted the meeting Mrs. George Zahn served as the song leader and Mrs Raymond Groff presented the devotions. Roll call was answered by the members telling what they did to make someone happy.

It was reported that 240 cancer pads were made at a meeting held at the home of Mrs. Clayton Sangery. Three members of Society 1 and three members of Society 27 will visit the County Home on Thursday, March 21 and serve refreshments. A rescheduled program featuring the Baroness Von Trapp will be held at Centerville Junior High School on Saturday, March 23 at 8 p.m. Mrs. Marjorie Wand, a representative of Shared Holiday, was the guest speaker at the Society meeting.

A covered dish luncheon will be held on Saturday, April 6 at the Lutheran Church, Lincoln. The Society of Farm Women 3 will be entertained Mrs Richard Peters, Lancaster will speak

filling in small saucepan and mix well. Cook over low heat, stirring constantly until smooth and thickened. Filling may be made in advance and refrigerated until used.

To serve: Keep hot and sprinkle confectioners' sugar over the top and garnish with orange slices. Makes 2 to 3 servings

on the subject, "Origami".

The Society of Farm Women 1 is planning a Bake Sale for April 27 to be held at Stauffer's Market at Kissel Hill. The Ways and Means committee, Mrs. Ira Shearer, chairman, is in charge of the sale.

SOCIETY 6

Society of Farm Women 6 met recently at the home of Mrs Susan Brill, 32 W. High St., Elizabethtown. President, Mrs Martha Eshelman, presided.

Devotions were led by Mrs. Mark Geyer. The group made 123 cancer pads in February. It was voted to give \$25 to Easter Seals and an additional \$15 to the Scholarship Fund.

Six members will serve at Heart Haven in April. A skit was given by Mrs. Muriel Saylor, Miss Margaret Haines, Mrs. Charles Rife and Mrs. Samuel Meyer

The April meeting will be held at the United Brethren Church, Milton Grove. Assisting Mrs Brill were Mrs Eva Parrett and Mrs Margaret Bowers.

SOCIETY 10

Society of Farm Women 10 met recently at the home of Mrs. Frank Hodecker, 907 Rohrerstown Rd. Devotions were led by Mrs. Lewis Bowser.

The program featured Mrs Harry Sloat, who gave a talk illustrated with charts on poisonous plants that grow in the north-eastern part of the U S

A bus is chartered to the Philadelphia Flower Show on Wednesday, March 13. The bus will leave the car barn in Lancaster at 7:30 a.m.

Next meeting will be April 6 at the Landis Valley Motor Inn at 1:30 p.m. Hostesses will be Miss Frances Lefever and Mrs. Blaine Stewart

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For the Farm Wife and Family

Ladies, Have You Heard? . . .

By Doris Thomas, Extension Home Economist
Selecting Tasty Beef Roasts

Select the cut of beef with the method of cooking in mind.

A wise choice for a good pot roast is the arm or round bone with two and one-half to three servings in every pound, or a blade chuck roast which gives two servings a pound.

Heel of round has very little fat and no bone.

Rump roast is similar to rib roast in flavor but not so tender

Standing rib roast is a most tender oven roast. If you'd prefer it without the bones, you can have the bones removed and the meat rolled.

Clothing Selection For Tall, Stout Figure

Select designs and accessories that give illusions of less width to the figure

Simple designs with little detail are becoming.

The center of interest should be near the face with vertical and horizontal lines balanced.

Select skirts that are easy fitting, straight, or slightly flared.

What We Buy

The food we buy most often is meat. Eighty out of each 100 customers buy meat; 78 buy dairy products (mostly milk); 57 buy fresh fruits or vegetables; and 41 buy baked foods (mostly white bread).

Shop For Community As Well As House

A good place to live means

more than a structurally sound house.

Neighborhood should be developed as a complete community offering activity outlets for adults and children.

Community needs adequate and easily accessible schools, libraries, playgrounds, parks, grocery and specialty stores, police and fire protection, and special services for particular family needs.

Quality of the facilities and their ability to serve people's needs is an important factor to consider when deciding on a place to live.

Banana Skin Tells Of Inside Quality

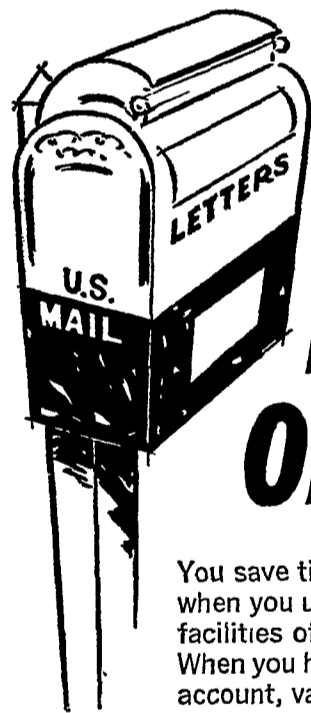
If the banana skin is yellow with green tips, you know the

(Continued on Page 18)



THOMAS

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