

For the Farm Wife and Family



By Mrs. Richard C. Spence, Food Editor

SPREADS AND DIPS

There is a constant search for ideas for spreads and dips for chips, crackers and vegetables. Here are some we hope you'll try and add to your files.

CHEESE 'N' FRANK SPREAD

- 4 cooked frankfurters
- 1 cup (4 oz.) shredded Cheddar cheese
- 4 small sweet pickles, finely chopped
- 2 tablespoons finely chopped onion
- 1/2 teaspoon salt
- 1/4 teaspoon celery salt
- Dash of pepper
- Dairy sour cream
- Hot dog rolls

Grind frankfurters or chop very fine. Add remaining ingredients and moisten to spreading consistency with sour cream. Spread mixture on buttered hot dog rolls. Makes 1 1/2 cups.

HAM & BLUE CHEESE SPREAD

- 1 cup ground cooked ham
- 1/2 cup crumbled Blue cheese
- 2 tablespoons dairy sour cream
- 2 tablespoons pickle relish

- 1 tablespoon lemon juice
- 2 teaspoons prepared mustard

Combine all ingredients and mix well. Use as is for a sandwich spread or hollow out French rolls, fill with spread and broil until cheese melts. The sandwiches may be topped with additional crumbled Blue cheese if desired. Makes 1 1/2 cups.

HAMBURGER STROGANOFF DIP

- 1/4 pound fresh mushrooms, finely chopped
- 1/2 cup chopped onion
- 1 garlic clove, minced
- 1/4 cup butter or margarine
- 1/2 teaspoon paprika
- 1/4 teaspoon ground black pepper
- 1/4 teaspoon monosodium glutamate
- 3/4 pound chopped beef (10 1/2-oz.) can condensed cream of chicken soup
- 2 tablespoons cornstarch
- 3/4 cup sour cream
- Snipped parsley for garnish

Saute mushrooms, onion and garlic in butter or margarine 5 to 7 minutes, stirring occasionally. Stir in spices. Add meat, cook until it loses pinkness (4 to 5 min). Stir in soup. Blend cornstarch with small amount of liquid and add to meat mixture. Cook, stirring over medium heat until mixture thickens and begins to bubble. Cool; when ready to serve, heat well; stir in sour cream. Heat again but do not boil. Garnish with chopped parsley. Serve with assorted crackers. Makes about 4 1/2 cups.

CHEDDAR CHEESE & CRAB MEAT SPREAD

- 1 can (7 3/4 oz.) crab meat, drained and flaked
- 1 cup (8-oz.) shredded Cheddar cheese
- 1 medium tomato, diced
- 1/2 cup coarsely chopped cucumber
- 2 tablespoons dairy sour cream
- 1 teaspoon salt
- 1/8 teaspoon pepper

Combine ingredients, mixing well. Use as a sandwich spread as is, or spread on buns and broil. Top with additional shredded cheese if desired. Makes 2 1/2 cups.

CURRY DIP

- 1 tablespoon sugar
- 1 teaspoon garlic salt
- 1 teaspoon curry powder
- 1 teaspoon prepared horseradish

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Ladies, Have You Heard? . . .

By Doris Thomas, Extension Home Economist

Good Design In House Accessories

A well-designed accessory for the home is practical, beautiful, and a joy to own and use. One key to good design in an accessory is honesty. This includes truthfulness of form, texture, and creative expression.

An accessory should be functional.

It should meet your needs with ease, maximum efficiency, and minimum care. And the design should be beautiful.

The line, form, texture, or color of the accessory should be in harmony with other objects in the room.

Storing Bread Properly

You can store bread for several days without having it get moldy.

Conditions favorable for bread in your freezer for long periods of time.

Check Pockets In Clothes To Be Cleaned

When you take garments to your drycleaner, remember he's not responsible for the loss of articles left in the pockets. Carefully check all pockets before you take garments to be cleaned.

A Tip For Preparing Pot Roasts

You can store bread up to a week in a refrigerator. After a week the texture will change and the flavor becomes stale. If necessary, you can keep

Savory beef pot roast is a satisfying dinner dish and it's also easy on the budget. But you (Continued on Page 10)



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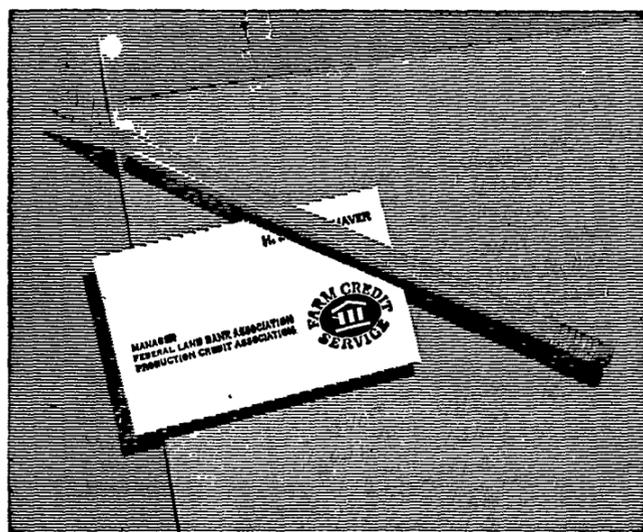
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