

For The Farm Wife
(Continued from Page 14)

Menu Suggestion — Serve with cold cuts or sausage cakes and a salad of shredded carrots, diced apple, and raisins. Have ice cream for dessert.

EGGS STUFFED WITH CRABMEAT

6 hard-cooked eggs
 3/4 cup crabmeat
 1/2 cup chopped celery
 1 teaspoon dry mustard
 1/2 teaspoon salt
 1/2 cup mayonnaise or a mixture of: 2 tablespoons mayonnaise, 2 tablespoons instant nonfat dry milk, 1 tablespoon water
 Few grains paprika

Cut eggs in half lengthwise. Scoop out yolks; mash. Remove any cartilage from crabmeat and break the meat into small pieces. Combine crabmeat, egg yolks, celery, mustard, salt, and mayonnaise or mixture of mayonnaise, nonfat dry milk, and water. Mix well. Fill egg whites with crabmeat mixture. Sprinkle with paprika.

Calories per serving — About 185 if filling is made with mayonnaise; 145 if made with mixture of mayonnaise, nonfat dry milk, and water.

VARIATIONS:

Eggs stuffed with chicken — Substitute 1 cup finely chopped cooked or canned chicken for the crabmeat. Reduce mustard to 1/2 teaspoon and mayonnaise to 1/4 cup. About 200 calories per serving.

Eggs stuffed with ham — Substitute a 2 1/4 ounce can of deviled ham for the crabmeat. Omit salt, mayonnaise, and paprika. About 120 calories per serving.

Farm Women News

Society 18
 Society of Farm Women 18 met Sept. 16 at the home of Mrs. Arnold G. Lueck, 513 Pleasure Road, Lancaster, at which time it was voted to give \$10 to the United Campaign and \$60 to the Home and Farm Foundation.

It was also announced at the meeting that on Sept. 21 the society served a light snack at the Lancaster County Home.

A banquet of husbands and wives of the society will be held on Oct. 21 at Meadow Hills Dining House.

The county convention will be held Nov. 4 at Dutch Town and Country Inn.

At the next meeting on Tuesday, Nov. 21, Mrs. John N. Hess, Columbia R2, will be the hostess.

Society 12

Society of Farm Women 12 met on Sept. 16 at the home of Mrs. Leroy O'Donel, Conestoga. Devotions were in charge of Mrs. George Kneisley.

A miscellaneous food and bake sale was held. The annual family night banquet will be held Oct. 21, at West Willow Fire Hall. A film of wild life will be shown.

Reservations are being taken by Mrs. Donald Lownsbey, Conestoga R2.

Society 21

Society of Farm Women 21 will have Mrs. Ray Strawser show slides of Europe at the Oct. 12 meeting to be held in the Quarryville Fire Hall beginning at 6:30 p.m. with a covered dish. Members of Society 22 will be entertained at this time. Announcement was made at

a recent meeting with Mrs. Clair DeLong, Mrs. John Long and Mrs. Charles Tindall Sr., as hostesses.

During the September meeting conducted by Mrs. Howard Steinberg, president, committee reports were given.

Chaplain Ray Strawser showed his coin collection during the program. The meeting was held at the home of Mrs. James Shank, Quarryville. Mrs. Parke Ressel and Mrs. Willis Rineer were co-hostesses.

Society 19

Society of Farm Women 19 met Sept 16 at the home of Mrs. Gerald Noll, 440 Centerville Rd., Lancaster, with Mrs. Clarence Newcomer as co-hostess.

Mrs. Daniel Rohrer led the devotions.

The Society donated \$10 to the Needlework Guild and \$50 to the Farm and Home Center.

Amos Herr gave an illustrated talk on his trip to Spain and Portugal.

It was announced at the meeting that a food stand will be maintained at the Edith Rohrer Farm Sale, Colebrook Rd., Manheim R1, on Oct. 7.

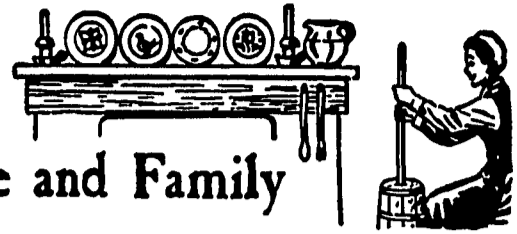
The next meeting will be held Oct. 14, at which time the group will take a Dutch tour of Lancaster County.

Society 3

A meeting was held Sept. 16 in the Akron Fire Hall by members of Society of Farm Women 3. Mrs. Edgar K. Binkley and Mrs. Paul Weidman were hostesses. Mrs. Binkley had devotions.

Mrs. Esther Petticofer conducted a memorial service in memory of Mrs. Elva Fogleman, (Continued on Page 16)

For the Farm Wife and Family



Ladies, Have You Heard? . . .

By Doris Thomas, Extension Home Economist

Use Laundry Appliances For Most Washables
 Even if your washer and dryer aren't equipped with cycles for new fabrics and finishes, you don't have to wash these garments by hand.

Wash garments in small loads using cool or warm water for the wash cycle.

Wash only long enough to remove soil, then rinse in cool water.

Shorten spin cycle after both washing and rinsing.

Dry these garments in an automatic dryer at low or medium temperature. Then let tumble for about 10 minutes, using just air setting without heat.

Remove clothes from dryer at once and hang or fold for storage.

A Good Rule For Broiling
 Place thick cuts of meat and meats to be cooked well-done farther from the heat than thin cuts or those you want only rare or medium rare.



THOMAS

Check Furniture Construction Before Buying

Before you buy furniture, examine it closely to see how it's constructed and what materials are used.

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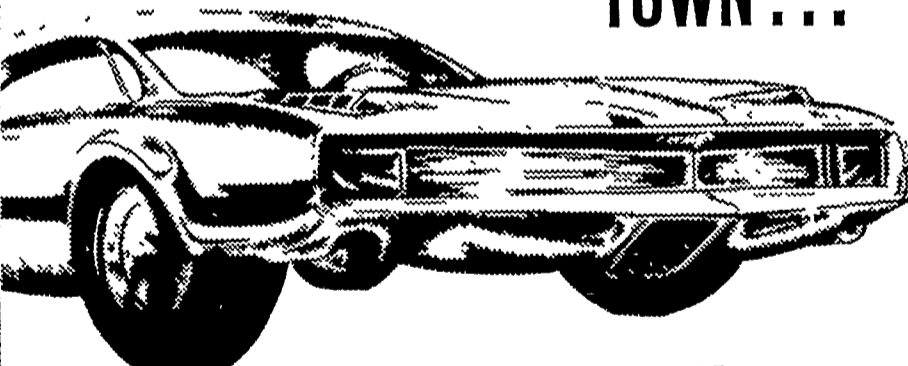
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Hay, Grain & Tobacco Baby Parade

Corn Pet Parade

Other Exhibits

Farm Show Parade — Wed. Night, October 4
 Featuring Joseph A. Fralinger Mummies Group
 For information call or contact: W. H. Bingaman
 Ph. 354-5365. Deadline October 2, 5 P.M.

Early Sale A Ride Tickets —
 New Holland Boy Scouts.

Tickets available at Groff's Hardware, Kauffman Hardware,
 New Holland Cut Rate, and Stauffer's Drug Store.