

● **For The Farm Wife**

(Continued from Page 14)

servings as a main dish.

LEMON COCONUT MERINGUE

- 1½ cups sugar
- 6 tablespoons cornstarch
- 1½ cups water
- 4 egg yolks, lightly beaten
- 4 tablespoons butter
- 1 tablespoon grated lemon peel
- ¾ cup lemon juice
- ¾ cup coconut
- 1 baked 9-inch pie shell

In saucepan thoroughly combine sugar and cornstarch, add water, blending until smooth. Bring to a boil over medium heat, stirring constantly. Cook 3 minutes. Blend a little of hot mixture into egg yolks; return to saucepan. Cook 2 minutes, stirring constantly. Do not boil. Remove from heat; add butter. Spread over top of pie. Bake stirring until blended. Blend in lemon peel, juice and coco-

Remove Bulb Tops After Maturity—Tops of narcissi, tulips and other spring flowering bulbs should not be removed until they have matured or turned yellow. Removing them earlier prevents the bulbs from storing up food for next year's flowers. As soon as the bulb leaves dry down, remove them and plant annuals over the top of the bulbs. Petunias, marigolds and similar bedding plants will keep color in your garden.

nut. Pour into your favorite baked 9-inch pie shell.

MERINGUE

- 4 egg whites
 - ¼ teaspoon cream of tartar
 - 7 tablespoons sugar
- Beat egg whites until frothy. Add cream of tartar and beat until soft peaks form. Gradually add sugar, beating constantly until stiff peaks form. Spread over top of pie. Bake at 375 degrees 5 to 10 minutes or until golden brown.

Inform Wives, Seed Growers Advised

Pennsylvania's Secretary of Agriculture would like some of the state's farmers to keep their wives better informed on what's going on on the farm.

Leland H. Bull said that inspectors sent out by the agriculture department to check fields for certified seed production occasionally find the farmers away from the farm and the wives unable to determine which field should be inspected.

He said inspectors are now preparing to visit farms and examine fields of those farmers who are growing certified seed. Farmers receive a premium price for certified seed which is produced chiefly for seed houses.

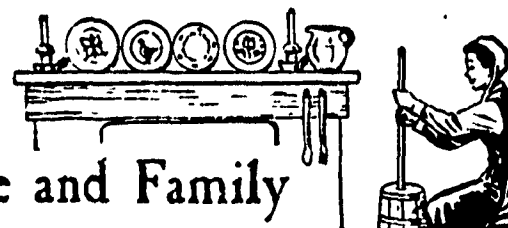
Seed certification is like a pedigree for a dog. It means the seed has good seed lines just as the pedigree dog has good blood lines. Certification also means the field of seed which is being grown is free of certain diseases and noxious weeds. Inspectors refuse to certify fields where crops do not meet rigid requirements.

About the middle of June inspectors will be examining fields of winter barley, winter oats, winter wheat and rye. Later they will inspect spring barley, spring oats, hybrid corn, tomatoes, potatoes, tobacco and crownvetch fields whose owners desire certification.

Cyril F. Campbell, in charge of the agriculture department's seed certification program, said there are 50 growers of certified seed in Pennsylvania.

It seems that it costs more to make history, than it is worth.

For the Farm Wife and Family



Ladies, Have You Heard? . . .

By Doris Thomas, Extension Home Economist

Learn To Accept Yourself Realistically

Everyone has faults and shortcomings, but each new experience is another step toward maturity.

It's helpful if you can overcome some habits and make choices that lead to new challenges.

You need to accept yourself realistically. Recognize both your virtues and imperfections.

Give credit to your strength and achievements but don't belittle your faults.

If you recognize the feelings of others, you'll grow in your own maturity.

A selfish and conceited person may be trying to persuade others he is good enough

for them to like and accept as a friend.

Persons who dislike themselves suffer from inferiority. They may be afraid to express their ideas for fear of being ridiculed.

Give your children a step toward growing up by helping them to know themselves and accept the ways of others. Encourage them to meet new situations and take on new challenges.

How To Broil Frozen Steak
Thin-cut, hard-frozen steaks require little more broiling time than the same cuts of fresh meat.

Thicker cuts of hard-frozen steaks require one-fourth to two times as much broiling time as fresh cuts.

Place hard-frozen steaks at least 4 inches below heat source so outer surfaces don't overcook before the inside is done.

If it is possible to lower the broiling rack, reduce broiling temperature.

Follow same procedures as for broiling fresh or thawed steaks.

Test for doneness by making a slit in the meat near the bone to determine color.

Season and serve at once.

Useful Shower Gift Ideas
Brides-to-be will appreciate practical shower gifts. Here are some suggestions.

Flower containers and holders.

Books on flower arranging.

(Continued on Page 19)



THOMAS

Need . . .

HAY — STRAW — EAR CORN

Buy Now and Save!

More and more farmers are buying from us for better value and all around satisfaction.

Delivered — any quantity

Phone Area Code 717 687-7631

Esbenshade Turkey Farm

"America's Oldest"
PARADISE, PA.



ENJOY A PREPAID VACATION

Prepare for next year's summer vacation in the same way that thousands of Conestoga Bank Vacation Club members did a year ago. Small, regular deposits add up to a prepaid vacation when the happy time arrives.

Visit the nearest office of your Headquarters for Money Matters and take out a membership in The Conestoga Bank Vacation Club.



HEADQUARTERS FOR MONEY MATTERS

LANCASTER/LANDISVILLE/LITITZ/MANHEIM TOWNSHIP/MILLERSVILLE/ROHRERSTOWN

MEMBER FEDERAL DEPOSIT INSURANCE CORPORATION
A trustee for The Lancaster County Foundation

AVAILABLE NOW AT Hollinger's Farm Market, Inc.

R. D. #1, Ephrata

DeKalb Hybrid Seed Corn

- Alfa-Tox
- Atrazine
- Ortho Bird Repellent
- Lorox
- Weedone LV 4

PHONE 733-4151

FOR TOBACCO

- HY GRO for stronger plants and better roots

- Fermate
- Duo Copper
- Bordo
- Agri-mycin

- Garden Hose
- Lawn Sprinklers
- Garden Seeds
- Scotts Products
- Chapin Sprayers
- Fly Screening

Picnic Supplies

GROFF'S HARDWARE

New Holland, Pa.

Ph. 354-0851