

● For The Farm Wife
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SERVE YOURSELF PEAR PLATTER — On a large platter arrange fresh cold peeled pear slices and seedless grapes. Spear grapes and pear slices with colorful picks designed for bite size food portions. Dip pears in lemon juice or other citrus or pineapple juice to prevent darkening. In the center of the platter place a bowl of sour cream sweetened with brown sugar. The brown sugar gives the cream a caramel-like flavor. The fruit becomes a finger food to dip into the caramel-cream. This unusual dessert will win favor with teenagers and all who enjoy informal fare. A teen-age chef can enjoy the double pleasure of preparing and serving this fruit platter.

PEAR PERFECTION — Any fruit becomes a special occasion delicacy when served in ginger ale or spiced apple

cider. Put a well-chilled fresh or canned pear half, cored side up in a stemmed glass or dessert saucer. Top with orange, lime or lemon ice and pour chilled ginger ale or spiced cider over all. Stick a straw into the ice and sip slowly.

FRUIT COMBINATIONS — Calorie counters may wish to use fresh or artificially sweetened fruits:

1. Sliced pineapple, apricot halves, sweet red cherries, and sliced pears.
2. Watermelon balls — when the fresh are out of season try the frozen—peach slices, orange slices
3. Grapefruit sections, banana slices, berries or cherries
4. Grapefruit sections, unpared apple slices
5. Peach slices, pear slices, halves of red plums
6. Pineapple wedges, banana slices, strawberries, and pear slices

State To Launch Drive On Unlicensed Dogs

HARRISBURG — Dog owners were warned this week that a statewide checkup will begin February 15 for unlicensed dogs.

According to T. Luke Toomey, director of the Bureau of Dog Law Enforcement, State Department of Agriculture, anyone owning or harboring a dog over six months of age not bearing a current license will be subject to prosecution. Penalties on conviction range from fines of \$10 to \$300 and costs of prosecution, or imprisonment of not more than 30 days.

Toomey reminded dog owners that the law states that all dogs must be properly confined or under reasonable control of an individual, that police may seize and detain any dog found running at large, and in such instances the owner is subject to a fine and costs before the dog is returned.

The deadline for 1967 licenses was January 16. However, licenses may be obtained at any time at county treasurers' offices.

For the Farm Wife and Family Ladies, Have You Heard? . . .

By Deris Thomas, Extension Home Economist

Snacks Part Of Day's Meals

Simple, nutritious snacks can be good for you.

Snacks can help satisfy hunger.

Emotional upsets and fatigue can be prevented by eating snacks.

Fruit, rather than high-calorie foods, eaten between meals won't spoil the appetite.

Working Homemakers Need Work Plan

Careful planning of household chores can make a working homemaker's job easier.

List all household jobs. Divide them into daily, weekly or occasional groups.

Assign one weekly job a day, for instance, cleaning one room each night. Try to leave one night free for the unexpected.

One big job a week might eliminate heavy seasonal cleaning.

Some daily jobs could be assigned to other members of the family.

Plan menus for the week and

buy easy-to-cook or prepared foods to make meal preparation faster some evenings.

Try to shop for a whole week at a time. Home freezers are a big help.

As you replace old garments, buy easy-to-care-for clothing.

Buy labor saving tools and appliances as you can afford them.

Expect to lower your standards of good housekeeping in order to save yourself.

Don't Hurry

Wage a war on hurrying, the cause of two thirds of accidental deaths that occur in the home in the United States each year.

Keep stairways and passageways clear of clothing, tools and toys.

Anchor rugs securely.

Avoid loose scatter rugs.

The more you polish waxed floors, the harder and safer the wax becomes. Between waxings use only a dry mop for further safety.

Keep stepladders in good repair and use them properly.

Wipe up all spills immediately.

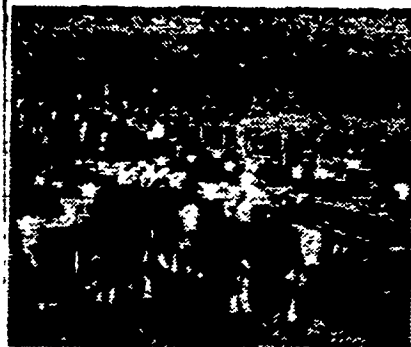
Provide adequate lighting in halls and on stairs.

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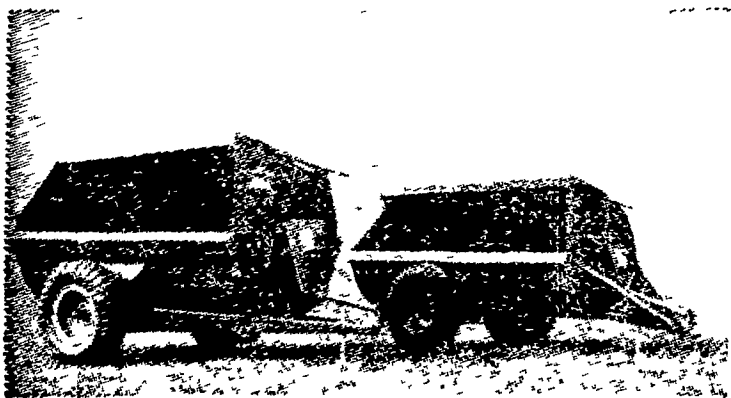
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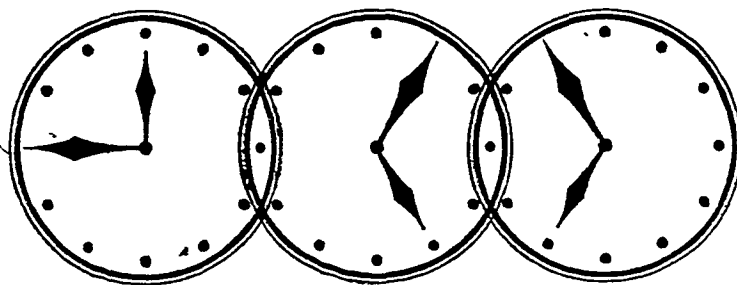
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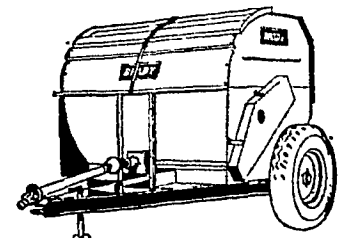


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