

● For The Farm Wife

(Continued from Page 10) Continue cooking until beef is lightly browned. Stir in soup, milk, pepper, and paprika. Heat to boiling. Cook macaroni as directed on package, using unsalted water. Drain, rinse with cold water, and drain again. Combine macaroni with dried beef sauce. Pour into a 1½ quart casserole. Sprinkle with cheese. Bake uncovered in a moderate oven (350 degrees) 20 to 30 minutes. 4 servings.

Mix butter and mustard. Spread evenly over cut surfaces of split French bread. Spread deviled ham over butter. Combine cabbage, sugar, vinegar, salt, onion, and mayonnaise. Spread cabbage slaw over ham. Cut pickles lengthwise into thin slices. Insert a toothpick into each slice of pickle, then fasten pickles on edges of sandwiches to resemble paddles of an outrigger. To serve, cut each outrigger sandwich into 4 to 6 wedges. Serve open face. Will serve 8 to 12 delighted youngsters!

corn, drained. Mix onion, green pepper, vinegar, Worcestershire sauce, chili powder, catsup, and water in a heavy skillet. Cover and simmer 15 minutes. Place loaf of meat in the skillet with the sauce. Simmer 15 minutes more, basting with sauce occasionally. Add corn to the skillet and simmer for 5 minutes. Slice meat into 4 slices. Serve with the corn to 4 people.

OUTRIGGER SANDWICHES

- 2 cans (3 oz ea.) deviled ham
- 1 stick (½ cup) butter or margarine, softened
- 1 teaspoon prepared mustard
- 1 loaf French bread, split lengthwise
- 3 cups shredded cabbage
- 1 tablespoon sugar
- 1 tablespoon vinegar
- 1 teaspoon salt
- 1 teaspoon grated onion
- ½ cup mayonnaise
- 1 Large whole sweet pickles

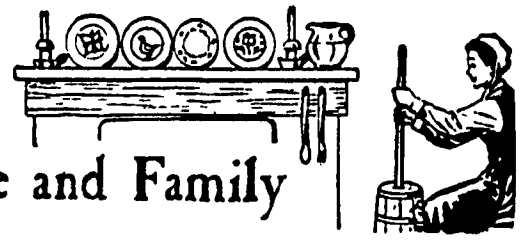
BARBECUED PREM WITH CORN

- 1 12 oz can Prem, Spam or your favorite canned meat
- 1 small onion, finely chopped
- 2 tablespoons green pepper, chopped
- 1 tablespoon vinegar
- 1 tablespoon Worcestershire sauce
- 1 teaspoon chili powder
- ¾ cup catsup
- ¾ cup water
- 1 pound can whole kernel

BEAN 'N HAM CHOWDER

- 1 1 lb. 8 oz can lima beans 'n ham
 - 1 11¼-oz can condensed green pea soup
 - ¾ cup milk
 - 1 tablespoon minced onion
 - 1 10-oz pkg frozen broccoli spears, cooked
- Combine lima beans and ham, soup, milk and onion. Blend thoroughly and heat. Place hot broccoli spears in soup bowls. Pour hot "soup" over broccoli. 4 servings.

For the Farm Wife and Family Ladies, Have You Heard? . . .



By Doris Thomas, Extension Home Economist

Know And Follow Rules Of Safety
Every family member needs to know and practice the simple rules of safety. Children need to learn at an early age that rules are important for safety of everyone.

Make it a rule that children keep their hands inside before you close car doors and that they keep their hands inside the car while you're driving.

Remind children to remain seated and fasten seat belts while car is moving. And never permit children to stand either in the back or front of the car.

You can teach a child how to handle a bicycle safely, then check that he knows the rules for courteous driving.



THOMAS

Safety With Pesticides

Don't spray or dust a pet will lick it off as they clean with a pesticide unless the product is labeled for such use. This means you don't use a flea powder on your cat just because the label recommends it for dogs. The product may

be all right for dogs, but cats will lick it off as they clean themselves.

Before buying a pesticide, read the label to find out on which animals you can use the pesticide safely. And always (Continued on Page 14)



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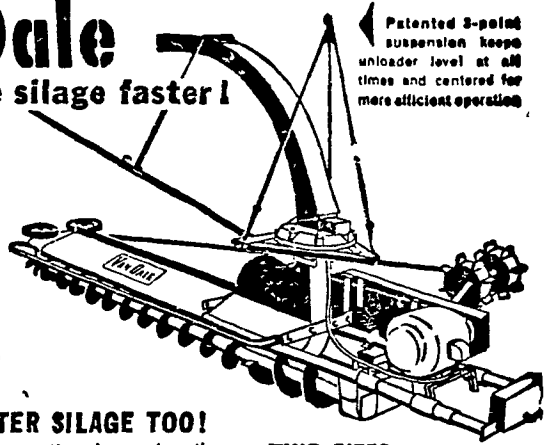
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