

For the Farm Wife and Family

By Mrs. Richard C. Spence, Food Editor

Easy As Opening A Can . . .

If you are as busy as most homemakers are, you are constantly grasping for ideas for easy meals. Canned foods are the immediate solution. By combining several canned food items you can come up with some outstanding, tasty dishes. And there is more variety now in the complete meal type of canned food.

Convenient and complete as these combinations are, you may want to do more for your family than just open a can. Here are ideas for personalizing your meals and not one of them will add more than five minutes to the preparation time.

MEAT BALL STEW IN DAISY BISCUIT

2 cans (15½-oz. each) meat ball stew

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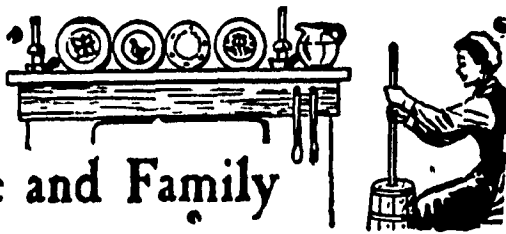


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CORNERED BEEF HASH WITH NIPPY CREOLE SAUCE

1 can (15½-oz.) corned beef hash
1 cup chili sauce
½ cup chopped green pepper
1 tablespoon minced onion
½ teaspoon horseradish

Heat corned beef hash in skillet. Combine remaining ingredients in a small saucepan and simmer 10 minutes. Serve hot over corned beef hash. Makes 2 to 3 servings.

LIMA BEANS 'N HAM FILLED CABBAGE

2 cans (15½-oz. ea.) lima beans 'n ham
1 large head cabbage
Slice off top of cabbage. Hollow out center of cabbage, leaving ½ inch shell. Use the cabbage removed for slaw at

another meal. Cook hollowed cabbage in boiling salted water until just tender. Drain. Heat lima beans 'n ham according to label directions. Fill center of drained cabbage with lima beans. Serve by spooning beans 'n ham onto plates. Cut cabbage into wedges to serve. Makes 6 servings.

TASTY DRIED BEEF CASSEROLE

2½ ounce jar dried beef
2 tablespoons butter or margarine
2 tablespoons finely chopped onion

2 tablespoons finely chopped green pepper
10½ oz. can condensed cream of chicken soup
¼ soup can milk
¼ teaspoon pepper
¼ teaspoon paprika
4 oz. macaroni (1¼ cups, uncooked)
½ cup shredded sharp Cheddar cheese

Melt butter in a saucepan. Add onion and green pepper and cook until tender, about 5 minutes. Cut dried beef with scissors into small pieces. Add to onion mixture and con-

(Continued on Page 11)

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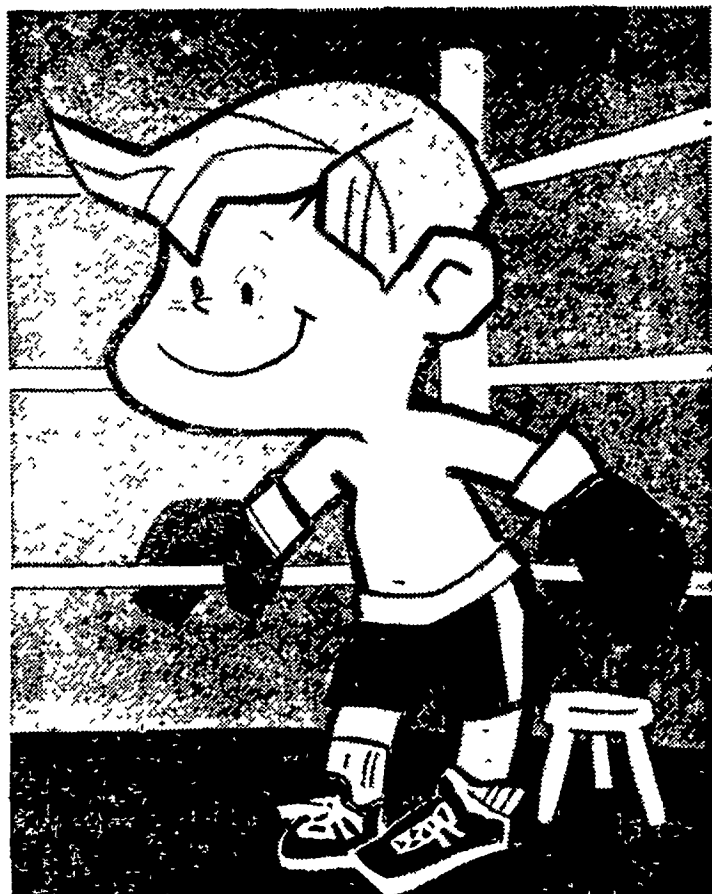
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