FIVE YEARS AGO

(Continued from Page 6) it was announced this week (January 13).

Larson succeeds Dr. H. R. Albrecht in the extension post.

Ten Years Ago

January, 1957

awartied Keystone Farmer de- ary 18).

Heading the list as County Other countians elected to Strasburg High School

Denlinger, both of Lampeter-Mule Association Strasburg; Robert Bricker, Clair Carter, Marion Findley, Glenn A. Aument, and Calvin A Pound — Sixty-two tons of

D. Keene, all from Solanco.

John H. Kitch, Denver, has uary 18). The calves averaged been appointed resident for \$32.15 a hundredweight. ester for Lancaster County, The grand champion shown of Forests & Waters an-heim R3 topped the sale. The

31 to accept the presidency of Countian, took his forestry Johnsons Restaurants. studies at the State Forest The same firm bought the School at Mont Alto, and at reserve grand champion -Penn State University.

State Young Farmers Elect Lancaster R1 Staman — Thomas Staman, Eleven Keystone Degree Columbia R2, was elected pres-Winners - Eleven vocational ident of the Pennsylvania Award - An honorary Keyagriculture students from Lan Young Farmer Association at stone degree will be awarded caster County schools will be Harrisburg last week (Janu- at the Farm Show next week

R3, was named secretary.

Star Farmer is J Richard offices in state organizations versity graduate, has taught at Herr, Ronks R1, of Lampeter-during Farm Show meetings Solanco for the past four years, Melvin Martin, Manheim Cen-rector in the Guernsey Breed. der his guidance tral; Gerald Rohrer and John ers' Association, and Elmer Eshelman, both of Penn Man-Lapp, Kinzers, vice president or; Kenneth Garber and Lloyd of the Pennsylvania Hoise &

Baby Beeves Average \$32.15

4-H baby beef went under the hammer at the Farm Show Kitch Appointed Forester - Baby Beef Sale Friday (Jan-

the Pennsylvania Department by Glenn Foreman of Man-Albrecht resigned December nounced this week (January 4). 1075-pound Angus sold for Kitch, a native Lancaster \$1.67 a pound to Howard

also an Angus - which was exhibited by Herbert Frey of

Solanco Ag. Teacher Gets (January 16) to Jackson H grees at next week's Farm Forney Longenecker, Lititz Owen, Solanco High School vocational agriculture teacher

Owen, a Penn State Uni-

• For The Farm Wife

(Continued from Page 10) and salt. Add fruit juices grad- mins — and the mineral iron. ually and cook over boiling til mixture thickens Stir a protein And when you pair egg yolks; then stir the egg yolks into the rest of the hot mixture Cook over hot water chilled dressing to cream and the cream until stiff Add ories per tablespoon

More farmers each

month prefer to buy

their

D EAR CORN

requirements may be.

STRAW

for the Farm Wife and Family



Ladies, Have You Heard?

By Doris Thomas, Extension Home Economist

Worth Knowing About Macaroni Products

Durum macaroni products are available in more than 150 shapes Just imagine the extra interest you could create in your favorite macaroni recipes simply by varying the shapes of the product you use

Popular macaroni shapes include noodle bows, alphabets, shell macaroni, small and jumbo macaioni shells, medium and broad noodles, long and elbow spaghetti

You can use macaroni, spaghetti, and noodles interchangeably, making all substitu-tions weight for weight For example, you at Harrisburg were: Raymond and has had 19 students can prepare a casserole dish with either an Others being honored are: Witmer, Willow Street, a di- awaided Keystone degrees un- eight-ounce package of shell macaroni or an eight-ounce package of noodle bows.

When you choose enriched durum macaioni products, you get thiamine, niacin, and riboflavin — three of the B vita-

Macaroni products contribute water, stirring constantly, un- important amounts of cereal little of the hot mixture into this with a small amount of

about 2 minutes, stirring con- beat slightly to blend Makes stantly Chill covered Whip 1 cup dressing About 75 cal-

animal protein, the cereal protein becomes complete and adequate for growth, repair, and upkeep of the body

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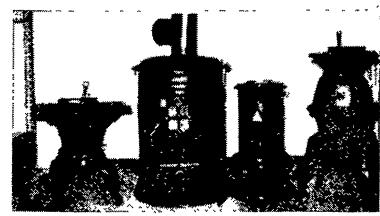
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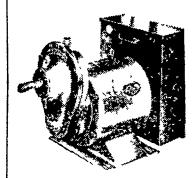
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