

For The Farm Wife
(Continued from Page 10)

Something different in the way of hamburgers—

NICE 'N NUTTY

- 1 1/2 pounds ground beef
 - 2 cups blanched salted peanuts, finely chopped or ground
 - 1/2 teaspoon salt
 - 6 hamburger buns, split and toasted
 - Butter, softened
 - Mayonnaise or salad dressing
 - 6 lettuce leaves
 - 6 tomato slices (1 medium tomato)
 - French fried potatoes
- Combine beef with half of peanuts and salt. Shape into 6 patties. Dip both sides of patties in remaining peanuts. Press peanuts into meat slowly on preheated grill or frypan 15 to 20 minutes, or until patties are lightly

browned. Spread buns with butter, then with mayonnaise or salad dressing. Place patties on bottom halves of buns. Cover top halves with lettuce and tomato. Seive hot, with French fried potatoes. Makes 6 sandwiches.

MEAT BALLS BAKED IN SOUR CREAM

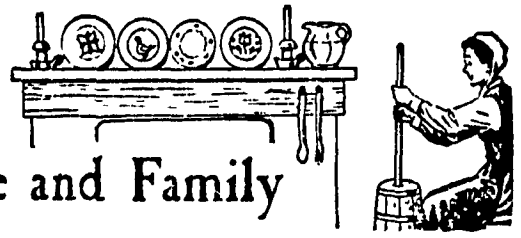
- 2 pounds ground beef
- 1/2 cup chopped onion
- 1/2 cup chopped pimento-stuffed olives
- 2 eggs, slightly beaten
- 1 teaspoon salt
- 1/4 teaspoon pepper
- 1/4 cup (1/2 stick) butter
- 2 tablespoons flour
- 1/2 cup water
- 1 teaspoon lemon juice
- 1/2 teaspoon Worcestershire sauce
- 1/4 teaspoon paprika
- 1/4 teaspoon salt

1 cup dairy sour cream at room temperature

In a bowl lightly mix beef, onion, olives, eggs, salt and pepper, just until blended; shape into 24 balls. In a skillet melt butter; brown meat balls slowly on all sides and cook until done. Place in casserole. Pour off fat in skillet reserving 2 tablespoons, blend in flour. Add water, lemon juice, Worcestershire sauce, paprika and salt, cook over medium heat, stirring constantly, until thickened. Cook 2 additional minutes. Remove from heat; carefully blend in sour cream, pour over meat balls. Place in oven for 10-15 minutes. Garnish with chopped parsley, if desired. Makes 8 servings.

You can't hold a man down unless you stay down with him

For the Farm Wife and Family Ladies, Have You Heard? . . .



By Doris Thomas, Extension Home Economist

Important To Plan Your Mending

Plan ahead and choose a time when you don't have to hurry and you can make mending the family clothing more enjoyable and less of a chore.

Prompt and skillful mending can prolong the life of clothing. Look over garments regularly with an eye to needed mending and you can cut down on your mending time. It's easier to mend breaks, tears, or weak spots while they're small than it is after they grow into big ones. It's always easier to "prevent" with a couple of stitches than to "cure" later on with many stitches. But, be certain the garment is worth the time and effort it will take to repair it.



THOMAS

Adequate mending supplies and sewing tools are essential. They help to make the job easier to do and save time and energy. Be sure you have everything you need in one place and you'll get your mending completed quickly.

It's well to remember that proper repair of clothing is an important part of good grooming.

Worth Knowing

When you shop for rugs or carpets, "tip shearing" is a term you might hear. Tip shearing refers to a loop carpet with some loops cut at random. This gives the rug or carpet a handsome look and tends to hide traffic patterns.

A housecleaning aid for cleaning and polishing is a dusting cloth of double-napped flannel, pretreated with wax and silicone. The cloth comes in colors and is washable in hot soap or synthetic detergent suds.

Not enough and overloaded outlets, wires under rugs and

over doorways, unsafe extension cords, lights that dim, fuses that blow, television pictures that shrink, and toasters or irons that take forever to heat are among the signs that mean it's time to have an electrician check the electric system in your house.

Overly sweet snacks take away the desire for the next meal and help to promote tooth decay because it may not be possible to brush the teeth right after eating. Consider snacks part of the total food eaten during the day. And remember to plan nutritious snacks just as you do regular meals.

MULCH FLOWER GARDEN

After the ground freezes is an ideal time to mulch your flower garden. Ornamental horticulture specialists use hay, straw, oak leaves, peat moss, or sawdust.



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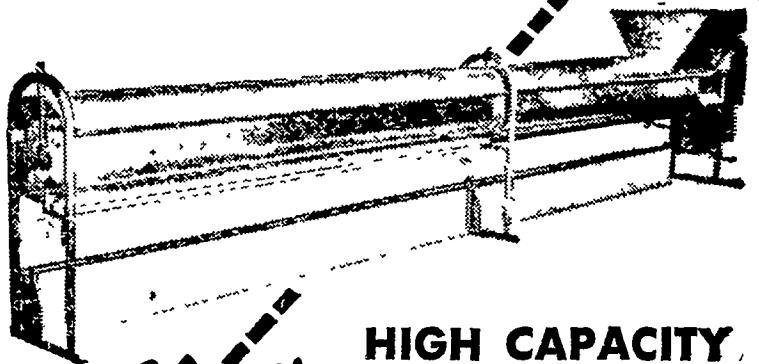
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