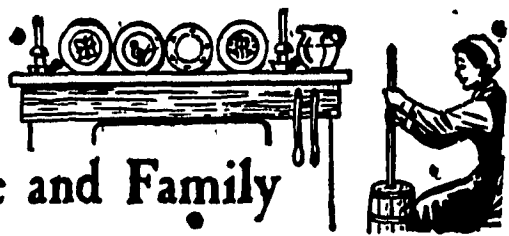


# For the Farm Wife and Family



By Mrs. Richard C. Spence, Food Editor

## SANDWICHES, PLEASE..



Sandwiches appeal to a variety of persons in many different settings. Hungry youngsters like peanut butter sandwiches; grandfather relishes hot beef and gravy on his bread. Tearooms may serve dainty sandwiches on fine china, while another restaurant specializes in he-man offerings with generous fillings of beef, sausage, or barbecued meat.

Some form of sandwich may be found to suit any meat of the day... breakfast lunch, dinner.

Another thing to remember about sandwiches is that they are an excellent source of protein, when meat, fish, poultry, eggs, cheese or peanut butter serve as the sandwich filling.

Here are some sandwich meals that will be a delight to your family.

**SAUSAGE-CHEESE STACK UPS**

1/4 cup mayonnaise or salad dressing

- 1 tablespoon prepared mustard
- 1 tablespoon catsup
- 12 slices whole wheat bread, toasted
- 6 slices summer sausage or bologna
- 6 green pepper rings
- 6 tomato slices
- 6 slices process American cheese

Blend together mayonnaise or salad dressing, mustard and catsup. Spread on toast slices. Cover summer sausage or

bologna slices in order with green pepper rings, tomato slices and cheese slices. Broil in preheated broiler until cheese melts. Place on 6 spread toast slices. Close sandwiches with remaining toast, spread side down.

Serve with this: Soup, carrot curls, sweet pickle, fudge cake, beverage.

### TURKEY, LETTUCE AND TOMATO CLUB

- 12 slices white bread
- 6 slices whole wheat bread
- Mayonnaise or salad dressing
- 6 slices cooked boneless turkey roast
- 6 onion slices
- 6 lettuce leaves
- 6 tomato slices

Spread all bread slices with mayonnaise or salad dressing. On each of 6 white slices, place turkey slice, then onion slice. Cover with whole wheat bread slice, spread side down. Spread with more mayonnaise or salad dressing. Cover with lettuce leaves, then tomato slices. Close sandwiches with remaining bread, spread side down. Fasten with wooden picks and cut diagonally into quarters.

Serve with: apricot nectar, French-fried onion rings, buttered green beans, raisin-filled baked apples, beverage.

### DEVILED HAM AND CHEESE

- 1 can (4 1/2-oz.) deviled ham
- 1 cup shredded process American cheese

4 hard-cooked eggs, chopped  
1/4 cup catsup  
8 enriched sesame seed hamburger buns, split  
Butter or margarine, softened

Lettuce leaves, if desired  
Blend together ham, cheese, eggs and catsup. Spread top and bottom halves of buns with butter or margarine. 1 Spread ham mixture on bottom halves of buns. (Cover with lettuce leaves, if served cold.) Close sandwiches. To serve warm, omit lettuce leaves and wrap sandwiches in aluminum foil. Heat in preheated 350 degree oven 10 minutes, or until cheese melts. To freeze: omit lettuce and wrap sandwiches in aluminum foil. Fasten with freezer tape and label stating filling used and date. Freeze up to 2 weeks. To heat, remove sandwiches from freezer and place in preheated 350 degree oven 20 to 25 minutes, or until

thoroughly heated. Serve immediately.

Serve with: celery hearts, black olives, fresh peas, gingerbread squares, beverage.

### WHEATY-BEEF BURGERS

- 1 pound ground beef
- 1/4 cup rolled wheat medium onion, chopped
- 1 teaspoon salt
- 1/4 teaspoon pepper
- 6 hamburger buns, split and toasted
- Mayonnaise or salad dressing

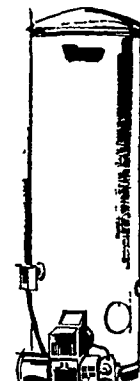
Thoroughly mix together beef, rolled wheat, onion, salt and pepper. Shape into 6 patties. Grill on preheated or skillet or broil in preheated broiler to desired doneness. Meanwhile, spread top and bottom halves of hamburger and date. Freeze up to 2 weeks. To heat, remove sandwiches from freezer and place in preheated 350 degree oven 20 to 25 minutes, or until

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