

**For The Farm Wife**

(Continued from Page 10)  
 1 12-ounce bottle sparkling water

In large pitcher or bowl, blend lemon, orange and grape juices with sugar; stir until sugar dissolves. Add sparkling water and pour into ice-filled (8-ounce) glasses. Garnish with orange cartwheels. Makes about 1 1/2 quarts.

**PUNCH FOR A BUNCH**  
 2 cups sugar

- 1 1/2 cups lemon juice
- 2 pints cranberry juice cocktail
- 2 (1 pint 2-ounce) cans pineapple juice
- 2 12-ounce bottles ginger ale

In large pitcher or bowl, blend lemon, cranberry and pineapple juices with sugar. Stir until sugar dissolves. Add ginger ale and pour into ice-filled glasses. Makes about 3 1/2 quarts.

**CITRUS APRICOT COOLER**

- 1/2 cup sugar
- 1 tablespoon instant tea
- 1/2 cup boiling water
- 1/2 cup lemon juice
- 1 cup orange juice
- 1 12-ounce can apricot nectar
- 1 12-ounce bottle low calorie lemon-lime carbonated beverage

In a large pitcher or bowl, blend sugar, instant tea and boiling water; stir until sugar and tea dissolves. Blend in lemon and orange juices and apricot nectar. Add lemon-lime beverage and pour into ice-filled glasses. Makes about 1 1/4 quarts.

**SUNSHINE PUNCH**

- 2 cups fresh strawberry halves
- 1 lemon, unpeeled, sliced into half cartwheels
- 1 orange, unpeeled, sliced into half cartwheels
- 1 cup lemon juice, chilled
- 1 1/2 quarts grape juice, chilled
- 1 28-ounce bottle ginger ale, chilled

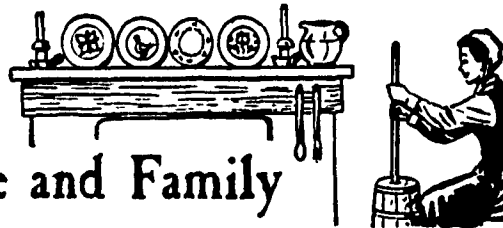
Place strawberry halves, lemon and orange slices in a glass bowl. Crush fruit slightly to extract some juice, using the back of a large spoon. Sprinkle with sugar. Cover bowl; allow to stand at least 1 hour. When ready to serve, place fruit mixture in punch bowl and add remaining ingredients that have been well chilled. Add a block of ice. Makes about 3 quarts

A snack that would be great with a glass of milk would be these Doughnut Spinners

**CHOCOLATE CINNAMON TOAST**

- 1/2 cup cocoa
  - 5 tablespoons melted butter
  - 1 teaspoon cinnamon
  - 6 tablespoons sugar
- Mix all ingredients together and spread on hot crisp toast

**For the Farm Wife and Family**



**Ladies, Have You Heard? . . .**

By Doris Thomas, Extension Home Economist

**What You Can Do To Protect Frozen Food Quality**

Buy frozen foods that are stored at zero degrees

Buy packages not torn, crushed, or juice stained

Select frozen foods last, just before checking out.

Put frozen foods in insulated bags, especially during hot weather, or if you must travel a distance from the store.

Take frozen foods home quickly

Unpack frozen foods first, date each package, and put in freezer at once

Store foods at zero degrees

Store foods no longer than recommended length of time

Use frozen foods to improve family nutrition.

Use oldest foods in the freezer first

Know what you have in the freezer.

Thaw and prepare frozen foods as recommended.

Plan Helps You Spend Wisely

Take advantage of weekend food specials

Inform yourself on a product before you shop for it

Get over the idea that everything you buy has to be new

Secondhand furniture may be a good buy, if you're not settled permanently

Be alert to quality Compare prices.

Patronize seasonal sales at reliable shops

"White sales" offer sheets and towels at reduced prices

Use credit wisely Know what it costs.



THOMAS

**Proper Care for Zippers**

Open zipper placket all the way when putting on or taking off a garment

Close the placket when garment is not in use to preserve garment's shape and to prevent sagging and stretching.

**L. H. BRUBAKER**  
 GENERAL ELECTRIC'S  
**SHOPPERS**  
**Specials**  
 APPLIANCES · TV · STEREO

We've got stoppers for shoppers! Bargain beauties and budget bonanzas for buyers! Hurry in



**"NO FROST 16" REFRIGERATOR-FREEZER**

Costs Less to Operate

Costs less to operate than any comparable No Frost Model! Proved by actual G-E laboratory tests with 9 other famous, leading brands. Others cost as much as 38%, 40%, 53% and even 56% more to run! Fastest cube freezing, too, in the exclusive G-E "Jet Freeze" Ice Compartment - also proved by test! 147 big lbs. of frozen food capacity AND NO DEFROSTING EVER IN REFRIGERATOR OR FREEZER. 2 Mini-Cube Ice Trays Slide-out shelf Deep door shelf TB165B

**\$298**

No Cash Needed on GECC Plan!

**MIRACLE RANGE with the G-E**

Self-Cleaning OVEN!

**OVEN CLEANS ITSELF!**  
 Nothing to rub on. Nothing to scrub off. The oven of this deluxe, hi-speed electric range ACTUALLY CLEANS ITSELF Automatically! Plus many other features J329B

**\$249**

Deluxe Range at a Budget Price!

**L. H. BRUBAKER**

R. D. 3, Lititz, Pa.  
 350 Strasburg Pike, Lancaster

Phone: Lanc. 397-5179 — Strasburg 687-6002 — Lititz 626-7766

**4 1/2% INTEREST PAID ON CERTIFICATES OF DEPOSIT**

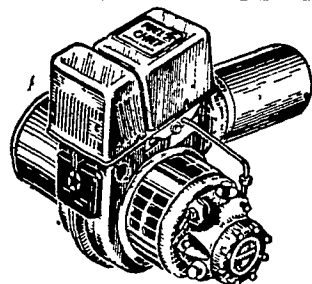
(TERMS—6 MONTHS OR OVER)

Thrif T.'s painted a pretty savings picture — 4 1/2% interest on Certificates of Deposit. Purchase yours at any Fulton office.

**FULTON National BANK**

OF LANCASTER  
 PENN SQUARE • MCGOVERN AVENUE  
 S. DUKE STREET • EAST PETERSBURG  
 MOUNTVILLE • ARDMORE  
 GAP • MANHEIM  
 Member Federal Deposit Insurance Corporation

**QUIET... ECONOMICAL!**



**Texaco Fuel Chief Oil Burner**

with the new exclusive Jet Flame Booster. This may be the time to think about replacing your old burner with a brand-new, high-efficiency burner from Texaco. Ideal for use with warm air, hot water, or steam-heating systems. Contains the latest research development, Texaco's new Jet Flame Booster—the scientifically designed end cone and stabilizer that provides the most heat from the least fuel.

We also carry the complete line of Texaco Fuel Chief furnaces and hot-water heaters—plus Texaco Fuel Chief Heating Oil, the best your money can buy. We pride ourselves on giving top service in this area. Give us a call.



We Give S & H Green Stamps

**Garber Oil Co.**

Texaco Fuel Chief Heating Oil  
 105 Fairview St.  
 MOUNT JOY, PA.  
 Ph. 653-2021