



For the Farm Wife and Family

By Mrs. Richard C. Spence, Food Editor

SNACK TIME IDEAS



SPENCE

With plums, pears, grapes and melon in season, combine these with cheese for a simple but satisfying dessert or snack. Serve with a party air or as part of a cold plate. Some particularly good cheese and fruit combinations are brick cheese with Tokay grapes, Provolone with sweet Bartlett pears, cheddar with apple or melon slices. Mold-ripened Blue or Roquefort cheese goes well with apples and pears. Camembert, which is a creamy cheese with a tangy flavor teams up well with tart plums and apples. Orange sections, pineapple spears and apple sections are good with Edam and Gouda; Muenster or Swiss with oranges or seedless grapes. Cheese seems to have the best flavor and texture if it's served at room temperature. Allow hard cheeses an hour out of the refrigerator before serving. But keep the fruits chilled and crisp. Dip cut pieces of apples and pears in lemon juice to keep them from darkening. Vary

the size and shape of cheese pieces and of fruit.

A full cookie jar, with three different kinds of cookies! No, you needn't make three different recipes, just one. Three-In-One Favorites are crisp buttery cookies with the addi-

tional protein boost of ready-to-eat cereal. Just divide the basic dough in thirds and stir in the simple additions to make Coconut, Chocolate-Chip and Lemon Cookies. You may bake the cookies without variations if you wish.

THREE-IN-ONE FAVORITES

- 2 cups sifted flour
- 2 teaspoons baking powder
- 1 teaspoon salt
- 1 cup soft butter or margarine
- 1½ cups sugar
- 2 eggs
- ½ cup milk
- 3 cups Special K cereal

Sift together flour, baking powder and salt. Beat butter and sugar until light and fluffy; add eggs and beat well. Stir in milk. Add sifted dry ingredients, mixing only until combined. Stir in cereal.

Divide batter into three equal portions; stir in ingredients as designated below to prepare Coconut, Chocolate-Chip and Lemon Cookies. Drop by tablespoonfuls onto greased baking sheets. Bake in moderate oven (375 degrees) about 12 minutes or until lightly browned. Makes about 6 dozen

cookies, 2 inches in diameter. ¼ teaspoon nutmeg

Variations for cookies:

- COCONUT:**
 - ½ teaspoon almond flavoring
 - ½ cup flaked coconut
- CHOCOLATE CHIP:**
 - ½ cup semi-sweet chocolate morsels
 - ½ teaspoon vanilla flavoring
- LEMON:**
 - 2 teaspoons grated lemon peel

Snack time always calls for something refreshing to drink. Any of the following drinks should do the trick.

SIPPING SURFERS' PUNCH

- 1 cup lemon juice
- 1 cup orange juice
- 2 cups grape juice
- 1 cup sugar

(Continued on Page 11)

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