

For The Farm Wife

(Continued from Page 14)

- 1/2 teaspoon monosodium glutamate
- 1 cup soy sauce
- 1 cup sliced green onions and tops
- 1 cup sliced mushrooms
- 1/2 cup bamboo shoots

Brown meat in fat and simmer 20 to 30 minutes. Drain fat. Dissolve bouillon cube in water. Combine with

remaining ingredients and add to skillet. Cook slowly over low heat until all the liquid is absorbed, 4 to 6 servings.

If you're looking for a vegetable to serve with pork, Buttered Brussels Sprouts is the answer.

BUTTERED BRUSSELS SPROUTS
1 1/2 pounds fresh brussels sprouts OR 2 packages

(10 ounces each) frozen brussels sprouts
1/4 cup (1/2 stick) butter, melted

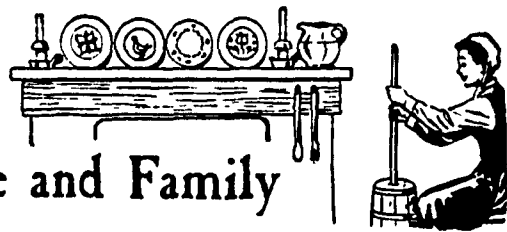
If using fresh brussels sprouts, place in 1-inch salted water in a 2-quart covered saucepan. Cover; cook on high heat until steaming point is reached. Lower heat to simmer (do not remove cover) and cook 15-25 minutes or until tender; drain. If using frozen brussels sprouts, cook according to package directions. Place in serving dish and pour melted butter over top. Serves 6-8.

RAWLINSVILLE AREA ADULT FARMER CLASS

A farm chemicals meeting will be held at the Martic Township Elementary School, Rawlinsville, on March 17, at 7.30 p.m.

Jack Beitaman, Geigy Chemical Co., will be the speaker. His topic will be "Controlling Corn Weeds, Tomato and Tobacco Weeds and Alfalfa Weevil"

For the Farm Wife and Family



Ladies, Have You Heard? . . .

By Doris Thomas, Extension Home Economist

Important To Plan Your Mending
Plan ahead and choose a time when you don't have to hurry and you can make mending the family clothing more enjoyable and less of a chore.

Prompt and skillful mending can prolong the life of clothing. Look over garments regularly with an eye to needed mending and you can cut down on your mending time. It's easier to mend breaks, tears, or weak spots while they're small than it is after they grow into big ones. It's always easier to "prevent" with a couple of stitches than to "cure" later on with many stitches. But, be certain the garment is worth the time and effort it will take to repair it.

Adequate mending supplies and sewing tools are essential. They help to make the job easier to do and save time and energy. Be sure you

have everything you need in one place and you'll get your mending completed quickly. It's well to remember that proper repair of clothing is an important part of good grooming.



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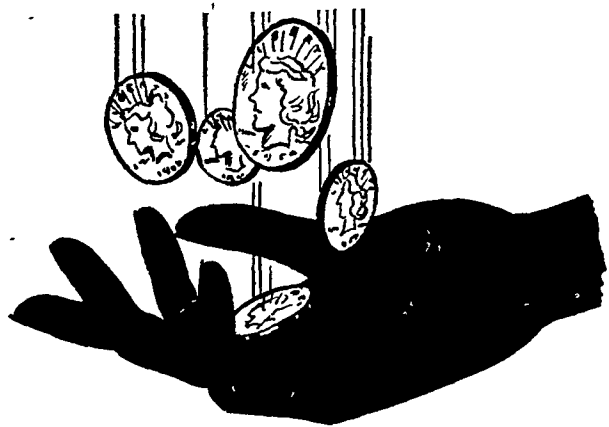
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FARM WOMEN NO. 14 MEETS

Farm Women's Society #14 met Wednesday, March 9, at the home of Mrs. James Hall. 17 Pleasant View Drive. Strasburg. Thirty-six members were present.

The president read portions of the County By-Laws and gave a report on the recent county executive board meeting. There will be a Spring Rally of State Farm Women in Dillsburg, April 21. The luncheon will be at 11:30 a.m. at \$2.10 per person. Every member is urged to attend. Reservations should be made with local presidents by April 14.

Contributions of \$10 each were given to the Cancer Society and the Crippled Children's Society of Lancaster County.

Devotions were in charge of Mrs. Hall. The program was presented by Miss Edith Herr, Willow Street Pike, who gave several monologues.

Hostesses were Mrs. Hall, Mrs. Arthur Groff, Mrs. Laverne Mylin and Mrs. Henry Rohrer.