

1 1/2 cups salmon liquid and coffee cream
 1/2 teaspoon salt
 Drain salmon, reserving liquid. Flake salmon. Prepare pastry mix as directed. Roll and line a 9-inch pie pan. Spread salmon in pie shell. Cook onion in butter until tender. Sprinkle parsley and onion over salmon. Combine eggs, salmon liquid, and salt. Pour over salmon. Bake in a moderate oven, 350 degrees, for 35 to 40 minutes or until pie is firm in the center. Serves 6.

From Page 10) 8x8x2 baking dish, 3x3x2 in a hot oven, for 25 to 30 minutes.
MON TART
 1 can salmon
 Pastry mix
 Chopped onion
 2 spoons butter or marine, melted
 2 spoons chopped par.
 beaten

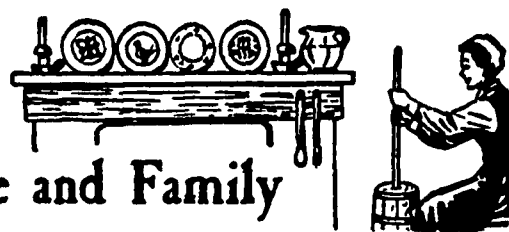
County FFA'ers Lead Pa. In Keystone Awards

A recent analysis of the Keystone Farmer degrees awarded to vocational agriculture boys by the Future Farmers of America during the FFA State Convention showed that Lancaster County was way out in front of the 48 other Pennsylvania counties with Keystone degree winners.

Lancaster County had 28 new Keystone winners; the next closest county was Centre with 10. These honors were shared among eight county schools with Garden Spot High School having the highest number of degree holders in the state, eight, followed by Penn Manor and Solanco, each with five.

Keystone Farmer is the highest degree an FFA boy can earn at the state level, and is awarded for excellence in agriculture, scholarship, and leadership. At this year's Farm Show, FFA state officers conferred the degree upon 206 Future Farmers scoring highest in these qualities.

For the Farm Wife and Family



By Doris Thomas, Extension Home Economist
Ladies, Have You Heard? . . .

Worth Trying Anytime

It never pays to race through washing, ironing, cleaning, and other household jobs without a break. In four hours of housework, plan to take 10 minutes off after each hour of work. Skim through a paper or magazine, plan the day's or the week's menus, prepare your shopping list, or just stretch out and close your eyes. But relax. Almost any job can wait a few minutes — and you'll get things done even better after a restful break.

One way to judge closeness and compactness of rug construction is to bend a corner of the rug back diagonally on the top side. If the pile is skimpy and loosely made, you'll see the backing that indicates a poor quality.



THOMAS

The pile of good quality, heavy duty rugs stands erect and is dense enough to hide the backing.

Instead of washing just sheets in one machine load

and just bath towels and wash cloths in another, mix some towels with sheets. The rough-textured turkish towels can rub against the smooth sheets during washing. This rubbing action loosens soil more effectively than when only smooth surfaces are washed together.

Drapery Care

It pays to give draperies the good care they deserve because they represent a sizeable investment.

Keep draperies in good repair, mending rips and breaks as they appear.

Protect draperies from strong sunlight with properly applied linings. Prevent draperies from getting wet because moisture with heat from radiators or sun's rays cause sizing rings, which of-

(Continued on Page 4)

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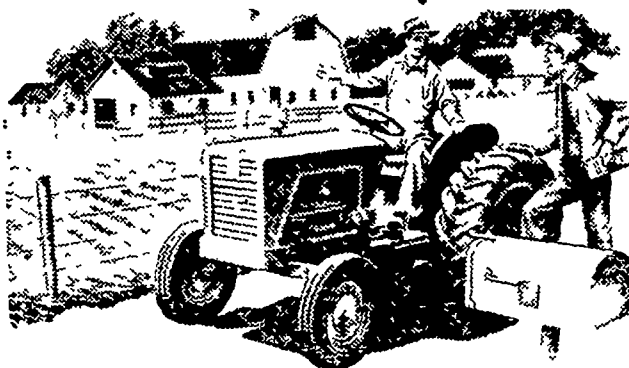
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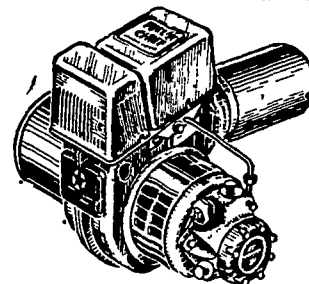
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