

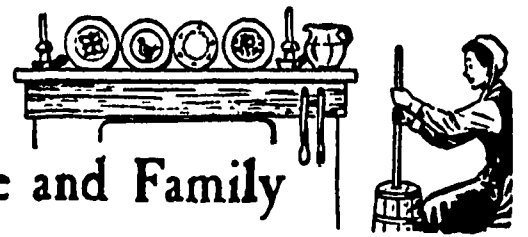
**For The Farm Wife**  
(Continued from Page 12)  
minutes or until done.) Serve in baking dishes or run spatula all around insides of each dish and unmold onto serving plate. Makes 4 to 6 servings.

**CORN AND ASPARAGUS WITH HOT SOUR CREAM SAUCE**  
1 10-ounce package frozen corn  
1 10-ounce package frozen asparagus spears  
1 cup dairy sour cream  
1 tablespoon finely chopped onion

1 teaspoon vinegar  
2 tablespoons crumbled Blue cheese  
1 teaspoon salt  
1 tablespoon butter  
Cook corn and asparagus separately in unsalted water. In a small saucepan, blend sour cream with onion, vinegar, Blue cheese and salt. Stir over low heat until hot. Drain vegetables thoroughly; arrange on hot platter and dot with butter. Pour hot sauce over vegetables.  
This hot sour cream sauce is delicious also served on hot baked potato, broccoli, or green beans.

**Buying Tip for Appliance Gift** — When selecting a small electric cooking appliance for a gift, consider versatility. An appliance that will do several different jobs may be a better choice for a newly married couple than an appliance that does only one job.

Sir Ronald Ross, a British physician, won the 1902 Nobel medicine prize for showing that mosquitoes transmit malaria, reports World Book Encyclopedia. Ross made the discovery in 1898, studying malaria in birds.



**For the Farm Wife and Family**

By Doris Thomas, Extension Home Economist  
**Ladies, Have You Heard? . . .**

**Do You Know**

Well-chosen snacks can contribute to dental health and good nutrition. For the best dental health, it's recommended that you cut down on eating sweets between meals. Nutrition research has established milk as one of our most valuable foods. Milk is the richest source of calcium of the foods commonly eaten in the United States.

Pasteurized-process cheese is a blend of one or more types of cheese, as described on the label. The processing gives a cheese that melts readily and smoothly. Cheese spreads and cheese foods are softer forms of process cheese, and often have added nonfat dry milk and flavor ingredients. Such as olives or pimientos.

**Some Hints to Help Improve Ironing Skills**  
Always be sure clothes are clean before you iron them. Wash anything slightly soiled before ironing it.

Iron with a clean iron. If starch sticks to the soleplate, let the iron cool, then wipe it with a cloth dipped in soap or detergent suds. Rinse and wipe dry before heating.

Wash ironing board cover as needed to remove starch, lint, and dye transferred from dark clothes. Wash a new cover before using it to remove sizing. Sizing scorches at low heat.

Cover an ironing board when not in use to help keep the cover clean. You can use a fitted washable plastic cover or a paper or plastic garment bag.

Fold dampened clothes lightly instead of rolling them. Fewer wrinkles will get set into the damp fabric, and less ironing will be needed. If you put dampened garments into a plastic bag, the moisture will be dis-

tributed more evenly. Plastic bags are handy to keep non-colorfast articles separate from others while they're damp.

**Chicago**

(Continued from Page 2)  
1250-1350 lbs 28 00, High Choice and Prime 1050-1400 lbs 26 75 27 50, load 1420 lbs 27.00, Choice 900 1400 lbs 26 00-27.00, Bulk 26 25-26 75, Choice 1400-1550 lbs 25 50-26 50, two loads 1475 lbs. 26 75, Mixed Good and Choice 900-1350 lbs 25 50-26 25, load 1525 lbs. 25 00. Good 900-1250 lbs. 24 00- 25 50 Standard and Low Good 22 00-24 25

**SLAUGHTER HEIFERS** — High Choice and Prime 900-1075 lbs 26 25-26 50, load 1090 lbs. 26 60 and load mostly Prime 1047 lbs 26.75, Choice 800-1100 lbs 25 25 26 25, Mixed Good and Choice 24 50-25 25, Good 22.50-24 50, Standard and Low Good 21.00-22 50.

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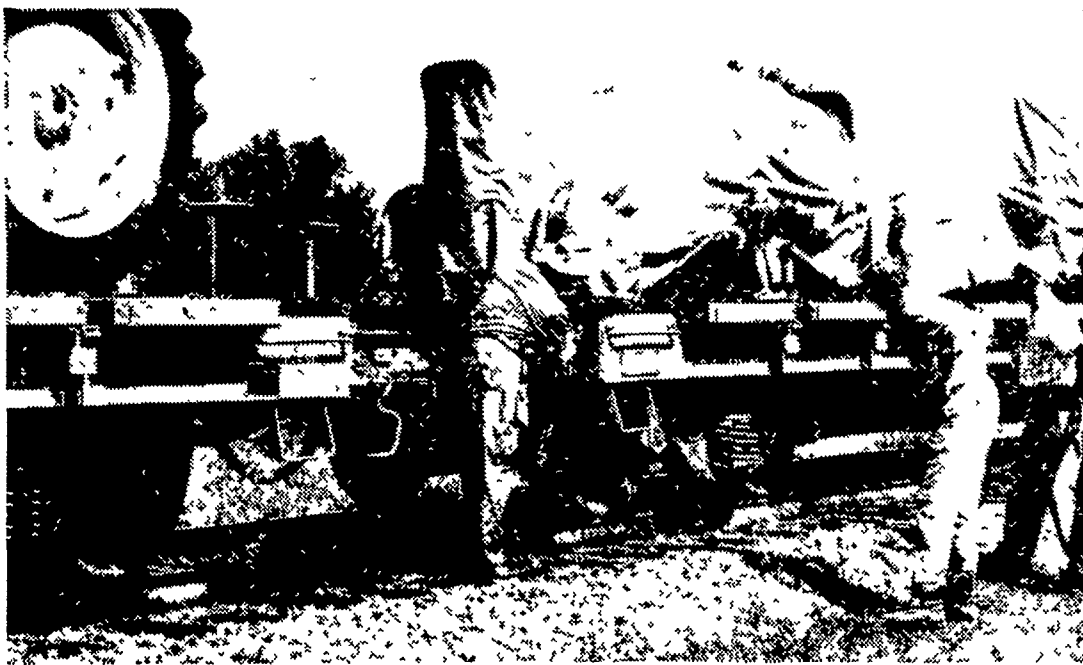


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