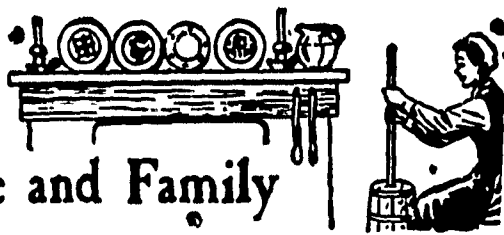


# For the Farm Wife and Family



By Mrs. Richard C. Spence, Food Editor

## Do You Cook Vegetables Properly?

Serve fresh grapefruit chilled or hot. Serve it plain or fancy-up with one of the following appetizing toppings:

**Grapefruit Appetizer or Salad Refresher:** Over each grapefruit half, spoon 2 teaspoons French dressing, then sprinkle with ¼ teaspoon crushed oregano leaves. Chill thoroughly.

**Minted Grapefruit Halves:** Perfect for a light summer dessert or as a luncheon salad accompaniment. Sprinkle 2 tablespoons crushed white or pastel after-dinner mints over each grapefruit half. Chill until icy cold.

**Spicy Broiled Grapefruit:** Serve as novel first course; nice, too, as dessert. Spoon 1 tablespoon maple-honey flavored syrup over each grapefruit half. Place on broiler rack and broil slowly, 5 to 8 minutes, or until lightly browned. Sprinkle with 1 teaspoon rum extract. Bake at 400 degrees about 20 minutes. Serve immediately.



SPENCE

**Baked Grapefruit Voila:** For a hot appetizer or change of pace dessert, sprinkle 2 tea-

**BLUEBERRY PANCAKES**  
2 eggs

2 cups buttermilk  
1 teaspoon soda  
1 teaspoon salt  
2 teaspoons sugar  
2 cups sifted flour  
1 cup blueberries, fresh or frozen  
6 tablespoons butter, melted  
Beat eggs until light and fluffy. Add buttermilk. Sift together soda, salt, sugar and flour. Add to egg/buttermilk mixture. Beat until smooth and add 6 tablespoons melted butter and blend. Fold in blueberries. If the batter should get too thick, add a little milk. Makes enough pancakes for 4 to 5 servings.

### ORANGE-STRAWBERRY SALAD MOLD

1 cup hot water  
2 3-ounce packages, orange, orange-Manana or tropical fruit-flavored gelatin  
1 cup orange juice  
4 oranges, peeled, cut into bite-size pieces  
1 10-ounce package, frozen sliced strawberries, slightly thawed  
1½ cups dairy sour cream  
Salad greens  
Pour hot water over gelatin, stirring until dissolved.

Add orange juice, orange pieces and strawberries; stir until berries are completely thawed. Pour half the gelatin mixture into 13½ x 9 x 2-inch pan; chill until firm, about 30 minutes. Spread sour cream over set gelatin. Carefully spoon remaining unset gelatin mixture over sour cream. Chill until firm. Cut into squares and serve on salad greens. 8 to 10 servings.

### MOLDED ORANGE-BUTTERMILK SALAD

1 cup orange juice  
1 3-ounce package orange-flavored gelatin  
1 cup buttermilk  
¼ cup finely chopped pecans or almonds  
2 oranges, peeled, cut into bite-size pieces  
Heat orange juice just to simmering; remove from heat and add gelatin, stirring until completely dissolved. Stir in buttermilk; chill until slightly thickened. Fold in pecans and orange pieces. Spoon into

6 individual molds or paper cups. Chill until firm. Serve in molds or paper cups, or unmold on salad greens if desired.

### GLAZED FRUIT PIE

1 baked 9-inch pie shell  
1 10-ounce package frozen red raspberries  
1 12-ounce package frozen sliced peaches (or fresh peaches)  
2 tablespoons lemon juice  
2 tablespoons cornstarch  
2 oranges, peeled, cut into bite-size pieces, drained  
1 large banana, sliced  
1 orange, peeled, sliced into cantwheels  
½ cup heavy cream, whipped  
Using your favorite pie recipe, prepare 9-inch pie shell; bake and cool. Thaw raspberries and peaches. Drain and reserve juice. In saucepan, stir lemon juice and cornstarch together; blend in drained fruit juice (there should be about 1¼ cups).

(Continued on Page 11)

## NEXT WEEK

# New Holland FARMERS FAIR

SEPT. 29 - 30 OCT. 1 - 2

WEDNESDAY, SEPT. 29

Parade — 7 P.M.

THURSDAY, SEPT. 30

Harold Shimp and The Crickets

Fire Co. Tug-Of-War — 9:00 P.M.

Friday — Kids Day 3:30 p.m.

Pet Parade — 7:30 p.m.

New Holland Band Concert

Fire Co. Tug-Of-War — 9:00 P.M.

Saturday — Tractor Driving Contest — noon

Baby Parade — 4 p.m.

Farmers Fair German Band

Joe Fern and The Westerns

Tug-Of-War Semi-Finals — 8 p.m.

Tug-of-War Finals — 10 p.m.

### RIDES — AMUSEMENTS — EXHIBITS

Art and Flower Show — Groff's Appliance Bldg. on Franklin Street

Baby Beef and Pig Show — Earl Saunders Parking Lot.

Potatoes and Corn Show — A. B. C. Groff Bldg.

Vegetables and Food Exhibits — School Audm.

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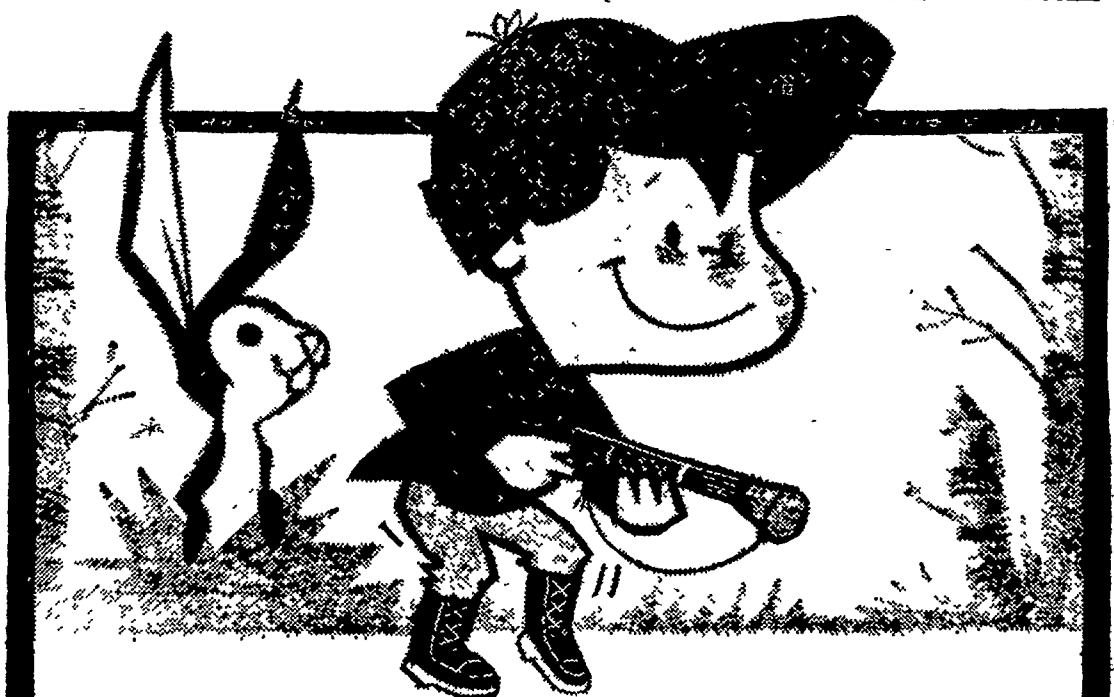
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