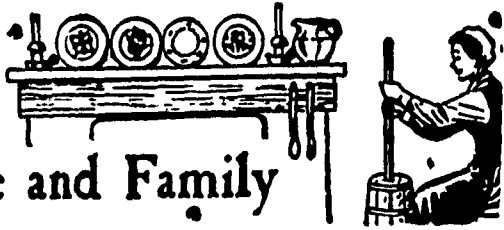


For the Farm Wife and Family



By Mrs. Richard C. Spence, Food Editor
SUMMER COOLERS



SPENCE

Frosty milk coolers are a refreshing way to give your family the extra energy needed for summer activities. One delightful flavor combination goes into Chocolate Peppermint Shakes. For each shake mix 1/2 cup chocolate milk and 1 scoop peppermint ice cream in the bottom of a tall glass. Fill glass 2/3 full with milk; stir until blended and top with an additional scoop of peppermint ice cream.

Two favorites of the grade-school set — milk and peanut butter — can be combined into a summertime drink for the youngsters. This drink provides plenty of nourishment along with its refreshment.

PEANUT BUTTER MILK
6 cups whole fresh milk
2 tablespoons sugar
1/2 cup peanut butter
Vanilla, if desired
Beat with a rotary beater until well mixed. Chill. Serves 6.

MILK TEA COOLER
4 scoops vanilla ice cream
3/4 cup instant tea

1/2 cup pineapple juice
1/4 cup sugar, optional
4 cups milk
Pineapple wedges

In a mixing bowl combine ice cream, tea, pineapple juice and sugar; beat until thoroughly blended. Gradually add milk. Pour into glasses and garnish

with pineapple wedges, if desired. Serve immediately. 4 servings.

CARAMEL FLOAT

1/2 cup sugar
1 1/2 cups boiling water
3 egg yolks
2 tablespoons sugar
3 cups milk
3/4 cup half and half or light cream
1/4 teaspoon salt
Scoops of vanilla ice cream (optional)

In a heavy skillet over medium heat caramelize 1/2 cup sugar (becomes amber-colored liquid). Gradually pour in boiling water and stir until sugar is dissolved. Chill. In a mixing bowl beat egg yolks until thick and lemon-colored; add 2 tablespoons sugar. Gradually add milk, beating at low speed; add half and half or light cream, salt and caramelized sugar. Top each serving with a scoop of vanilla ice cream, if desired. Makes about 5 cups.

BANANA ORANGE FLOAT

1 ripe banana
2 scoops orange sherbet
1 teaspoon sugar
Dash of salt
1 1/2 cups milk
Scoops of orange sherbet (optional)
Using electric mixer or

blender combine banana, sherbet, sugar and salt; beat until smooth. Gradually add milk and beat at low speed until blended. Top each serving with a small scoop of orange sherbet, if desired. Makes about 2 cups.

RASPBERRY-LEMON FLOAT

1 tablespoon seedless black raspberry preserves
2 scoops lemon sherbet
Dash of salt
1 1/2 cups milk

Scoops of lemon sherbet (optional)

Using electric mixer or blender combine raspberry preserves, lemon sherbet and salt, heating until smooth. Gradually add milk and beat at low speed until blended. Top each serving with a small scoop of lemon sherbet; if desired. Makes about 2 1/2 cups.

Fresh fruit drinks are especially refreshing on a hot summer day —

(Continued on Page 9)

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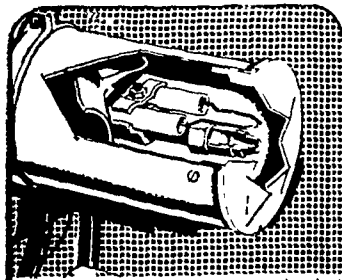
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