

● For The Farm Wife

(Continued from Page 8)

and split lengthwise. Spread bread with soft butter, mixed with a little barbecue sauce, grated onion or other seasonings. On the lower half arrange slices of American or Swiss cheese. Sprinkle with salt and pepper. Cover with slices of ham, luncheon meat, salami or pastrami. Brush the meat with prepared mustard. Top with slices of tomato. Season and cover with top half of bread. Place on squares of foil and wrap, twisting ends to secure. Place on grill over medium hot fire and heat for about 20 minutes, turning once.

- BARBECUED RICE IN FOIL KETTLE**
- 1 pkg. (1½ cups) pre-cooked rice
  - 1 3-oz. can (¾ cup) broiled sliced mushrooms
  - 1 cup cold water
  - ¼ cup finely chopped onion
  - 1 teaspoon Worcestershire sauce
  - ½ teaspoon salt
  - 2 tablespoons butter or margarine

Tear off a 3-foot length of 18-inch wide aluminum foil and fold in half to make a square. With your fist, form into a pouch. Add rice, mushrooms (with liquid), water, onion, and seasonings. Stir carefully to mix; dot top with butter. Fold edges of foil to

seal pouch tightly. Place on grill over hot coals and heat about 15 to 18 minutes. Before serving, open foil and add an extra pat of butter, fluff rice with fork. Serves 4.

**TOMATOES IN FOIL**

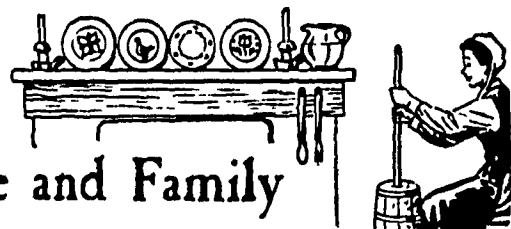
Cut good, firm tomatoes in half, crosswise. Salt and pepper each half; put together again with a slice of onion in the "sandwich." Toothpick the tomato together and wrap in foil. Cook away from fire, 35 to 40 minutes.

**CINNAMON APPLES**

Large tart baking apples (one for each guest)  
Cinnamon candies  
Butter or margarine  
Raisins

Core the apples and place each on a square of aluminum foil. Fill cored hole with 1 tablespoon each cinnamon candies and raisins. Dot with butter or margarine. Bring foil up loosely over apple and twist ends together to seal. Cook on grill about 30 minutes. Eat right from aluminum foil package.

For the Farm Wife and Family



By Doris Thomas, Extension Home Economist

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THOMAS

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It's easier to keep a good kitchen knife sharp than it is to resharpen it. Frequent stroking on a steel or fine stone or the wise use of a mechanical or electric sharpener will keep the cutting edge sharp. Cutting string or paper and sharpening pencils are not jobs for a good kitchen knife.

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