

● **For The Farm Wife**

(Continued from Page 8)

The peak strawberry season is all too short. Fortunately, strawberries are easily preserved. For home freezing choose firm, bright red berries, not over-ripe or bruised berries. Two quarts of fresh strawberries will make about three pints frozen. Strawberries can also be made into strawberry jam or combined with rhubarb or with pineapple in jam.

For a dessert that's got lots of eye appeal, you can't beat this unique Dessert Pizza. You can bake up the crust well ahead of time, and keep it ready for a special occasion or a time when friends drop in. The filling can be assembled in a jeffy; just spread on canned crushed pineapple and sprinkle over this, coconut, chopped pecans and a generous amount of fresh sliced strawberries. Then give it a glamorous glaze with melted strawberry jelly.

SEWING CLUB MEETS

by Sue Mumma, reporter

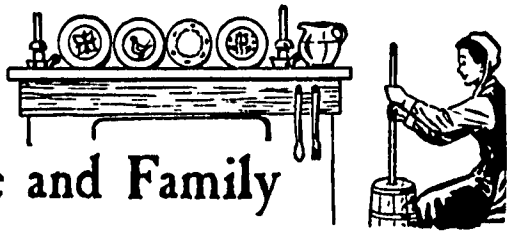
The Landisville-Salunga 4-H June 14 in the Hempfield High Sewing Club met on Monday, School home economics room from 8:30 to 11:30 a.m. This will be the time and place for each of the weekly meetings during the summer.

Mary Ann Eshelman presided over the meeting, and game leaders Diane Kauffman and Chris Shepardson had a "get-acquainted" game.

Members were reminded of two dates — July 31 and August 18. The first for the horse show at Glick's Stables; the second, a county-wide clothing roundup at Penn Manor High School.

Members also worked on their sewing projects at this week's meeting.

For the Farm Wife and Family



By Doris Thomas, Extension Home Economist

Ladies, Have You Heard? . . .

Some Tips On Salad Preparation

When preparing a salad, wash and dry, then chill all greens. Do the same for fresh fruits and vegetables you plan to use. Drain canned fruits and vegetables before chilling.

Cut chicken and meat into uniform bite-size pieces, and flake fish for easier eating. When using fresh peaches or bananas and apples, dip the slices in orange or lemon juice to prevent browning.

Tear lettuce and other salad greens instead of cutting and you'll prevent unnecessary wilting.

Add salad dressing just before serving, and use only enough dressing to moisten the ingredients. The dressing should enhance the



THOMAS

flavors of the salad ingredients, not mask them.

Practical Gifts for the Bride

If you're in doubt about a gift for the bride, why not consider something for her kitchen? A meat thermometer is one idea; another is an open, shallow roasting pan with a rack. The thermometer indicates when the meat is cooked to perfection and the open pan insures correct roasting procedure.

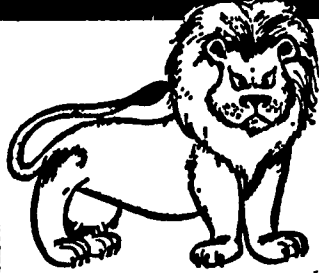
For braising and for simmering the less tender cuts of meat, a Dutch oven with a tight-fitting cover serves a dual purpose.

A deep fryer-type skillet with a close-fitting lid can be used for braising, pan-broiling, and frying.

Easier Housework During Summer

Rearrange furnishings to suit your family's summer. (Continued on Page 12)

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