

For the Farm Wife and Family

By Mrs. Richard C. Spence

It's Nice To Know About - - -



SPENCE

WOODEN SALAD BOWLS: Fine-grained hardwoods make good salad bowls. Look for bowls made of walnut, beech, gum, birch, myrtle, cherry or maple. Bowls may be either finished or unfinished. If you finish your own bowl, be sure to use a water-proof varnish.

Many people prefer to leave the inside of their salad bowls unfinished so they take on the seasonings of the salads — the garlic, salts and oils. Or, they season the bowl first with mineral oil or some other sweet oil.

Don't let acid dressing or any liquid stand long in a wooden salad bowl.

To clean, whisk the bowl quickly through

warm or cool mild suds. Or simply wipe them out, rinse and dry thoroughly. Do not stack bowls nor store them until they are completely dry inside and out. Keep your wooden salad bowls in a dry place away from heat.

HOW TO SERVE A CROWD AS WELL AS PREPARING THE FOOD: The pleasure of a good meal is lost if it is poorly served. A spotted tablecloth, marring silver and

not enough coffee may overshadow well prepared food. If you're in charge of a church supper or other community meal give as much attention to the dining room committee as to the cooks. First, decide if the meal will be served buffet, family style or by waitresses. The number of helpers you can get and the setup of the dining room will help you decide which service is best.

Then, set up the duties of the committee. Have them responsible for placing tables and chairs so that each guest will be comfortable. See that chairs are clean and won't snag hose. If you have to re-set tables during serving be sure that the second guest has a clean table mat.

When you seat guests it may help to have a hostess or two so that tables fill in the area you wish. It helps, too, when you refill tables.

Take time to explain to waitresses what you want them to wear, from what side you serve plates and silver and how you remove dishes. If everyone follows the same pattern serving will

go smoothly. Assign waitresses to a definite area and be sure that they know order of serving. Locate replacements of silver, water, napkins and coffee nearby.

Let them know also what their duties are on cleanup. If they're to clear all dishes, wipe all tables and then put clean dishes away they need to know. Keeping some record of assignments would be helpful for the next dining room chairman.

FROSTINGS THAT FREEZE WELL: Most cakes freeze well; few frostings do. Frostings containing egg whites are entirely unsuitable for freezing. They dry out and become crystalline. Whipped cream fillings are also unsuitable. For best results, top your to-be-frozen cake with an uncooked frosting made of confectioners' sugar. The fat will keep it moist and creamy for 4 to 6 months.

COOK FRESH VEGETABLES ACCORDING TO COLOR, FLAVOR: Preparing vegetables so they're tender and yet keep as much food value as possible means choosing an appropriate cooking method. The one you choose depends on the color and the flavor of the vegetable.

Cooking vegetables in water is the most common way to cook vegetables. You can also bake, broil, pan fry or deep-fat fry them. When you cook vegetables in water you need to use the amount of water, and cover or uncover the pan according to the color of the vegetable. For example, all yellow vegetables like carrots and corn need just enough water to keep them from scorching and they're cooked with the cover on.

Green vegetables need a small to medium amount of water and it's best to cook

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