

For The Farm Wife

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 1/2 cup cornstarch
 1/2 teaspoon salt
 1/2 teaspoon cinnamon
 1/2 tablespoon lemon juice
 1/2 tablespoons butter or margarine

Topping:
 1/2 cup pancake mix
 1/2 cup sugar
 1/2 cup shortening
 1/2 egg, beaten
 1/2 cup milk

For base, drain peach slices, reserving juice. Combine sugar, cornstarch, salt and cinnamon in medium-sized saucepan. Stir in reserved peach juice. Cook over medium heat until thickened and clear, stirring constantly. Add peaches and lemon juice; pour

into 2-quart ungreased baking dish. Dot with butter. For topping, combine pancake mix and sugar. Cut in shortening until mixture resembles coarse crumbs. Add egg and milk; stir just until combined. Spoon topping over hot peach mixture. Bake in preheated hot oven (400 degrees) 25 to 30 minutes. Makes 8 servings.

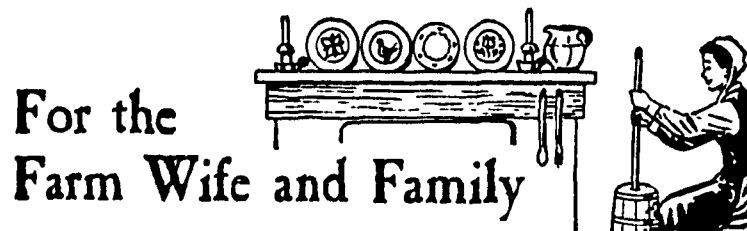
TUNA SPIRAL

Filling:
 2 cans (7 ounces each) tuna, drained
 1/4 cup pickle relish
 1/4 cup mayonnaise
 1/2 teaspoon lemon juice

Dough:
 1/4 cup shortening
 2 cups pancake mix
 3/4 cup milk

Sauce:
 1/2 pound process cheese
 1/2 cup milk
 1/2 teaspoon paprika

Heat oven to hot (425 degrees). For filling, combine all ingredients thoroughly. For dough, cut shortening into pancake mix until mixture resembles coarse crumbs. Add milk, stirring lightly until mixture is dampened. Turn out on lightly floured board or canvas; knead gently a few seconds. Roll to form rectangle 10x15 inches. Spread tuna filling over dough. Roll up as for a jelly roll. Place on ungreased cookie sheet. Make 5 slashes half way through roll to mark servings. Bake in preheated oven (425 degrees) 15 to 20 minutes. For sauce, melt cheese over very low heat (may use double boiler). Add milk gradually, stirring until smooth. Stir in paprika. Serve hot over tuna roll. Makes 6 servings.



Ladies, Have You Heard? . . .

Some Tips For Packing The Car
 Make a list of all essential items and check them off as you pack. Don't overpack — keep family clothing and vacation gear to a minimum. This cuts down bothersome unpacking and searching time.

Put overnight and-on-the-road items in a tote bag which you can reach easily as you stop for the night.

For cleanup emergencies, include a sponge and a container of an all purpose cleaning product.

Unpack the glove compartment, then repack it. Include basics only, such as necessary maps, pencil and pad, flashlight, first-aid kit, facial tissues, and premoistened cleansing tissues for hands and face.



THOMAS

in among the tubes and this can become a fire hazard, according to safety technicians of the U S Department of Agriculture.

Take Time To Clean Medicine Chest

The family medicine chest is often the family catch-all. But, for safety's sake and for good housekeeping, clean out the medicine chest at least every four to six months.

First, take everything out of the chest, then discard empty containers, out-of-date prescriptions, and all other materials that are no longer usable. Clean and disinfect the shelves, then wipe the shelves dry and repack usable items only.

A Housecleaning Tip

Remember to vacuum the television set at least once or twice a year. Here's why . . . the heat of the set pulls dust

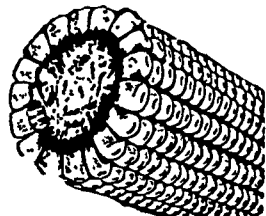
Unplug the television set before you begin to work. Ask your husband to take the back off the set, then vacuum lightly among the tubes. A set can collect a lot of dust over a period of a few months.

Worth Trying

Although biscuits are traditionally round, why not cut them into other shapes for a change? It's easy to do. After rolling out the dough, use a sharp knife to cut it into squares or diamonds. There's no waste when you cut biscuits this way because you use every bit of the dough. Actually, it's faster than using a regular biscuit cutter.

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