



SHOWN AT THE FIRST ANNUAL BANQUET of the Lancaster County Farmers Union are (left to right). Dean Roland, vice-president; Dwyte Wilson, National Farmers Union representative in Washington, D. C., who was the main speaker of the evening; Fred Frey, president of the Lancaster County organization.

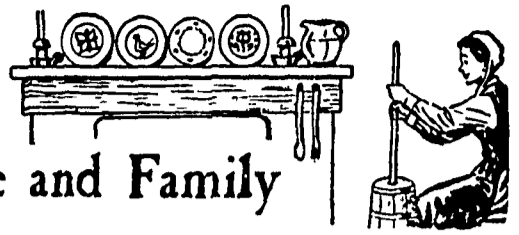
L. F. Photo

● **Farmers Union**

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 than the federal law, because the economic factors that vary by areas can be given more attention on the state level. The NFU director expressed the hope that legislation will

be passed in this session of Congress enabling the Secretary of Agriculture to buy commodities for foreign distribution on the open market, instead of being allowed to use only surplus products. "If we were able to meet our present overseas commitments, you people would be getting 25 40 cents more per 100 pounds for your milk," Wilson estimated. "We need to get back to a milk-price level of 10-15 years ago, and go

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For the Farm Wife and Family

Ladies, Have You Heard? . . .

By: Doris Thomas, Extension Home Economist

Reinforce Weak Spots In Garments
 Putting in a few stitches before a seam splits can prevent long mending jobs. Sometimes reinforcing weak spots before they break can add to the wearing life of a garment.

Whether you use one of the time-saving mending kits or put a patch on a hole, consider the size and kind of damage.

Popular mending aids include press-on patches, replacement pockets, edgings, collars, and cuffs. If you use these, be sure to follow instruction carefully.

For machine washable garments, you can use a hand-hemmed or a machine-stitched patch. The machine-stitched patch is good

for jeans, coveralls, and short sleeves.

For wool fabrics, it's best to darn a patch in or use a woven in patch. The darned-in patch takes a piece of fabric to exactly fit the squared off hole and you darn all four sides to the garment over a piece of reinforcement.



THOMAS

Kitchen Shears Can Do Many Things for You

Kitchen shears are a handy tool. You can use them for many jobs. Here are some:

- Snip parsley or green onions into bits
- Cut the fat edge of a ham slice so it lies flat in the pan.
- Cut bacon or dried beef into small pieces, and cut the cords around a rolled roast.
- Cut off bread crusts and cut out the centers of grapefruit.
- Dip shears in warm water before snipping raisins, marshmallows, dates, or candied fruit.
- Cut waxed paper to fit the bottom of baking pans and cut freezer-taped wrappings on packages of frozen foods.

More than 30 per cent of measles cases in some undeveloped countries are fatal, with the measles death rate in India approximately 600 times more than in the United States.

Death may result from mixing alcohol and sleeping pills, for according to biochemists the barbiturate drugs used in sleeping pills hinder the body's ability to dispose of alcohol.



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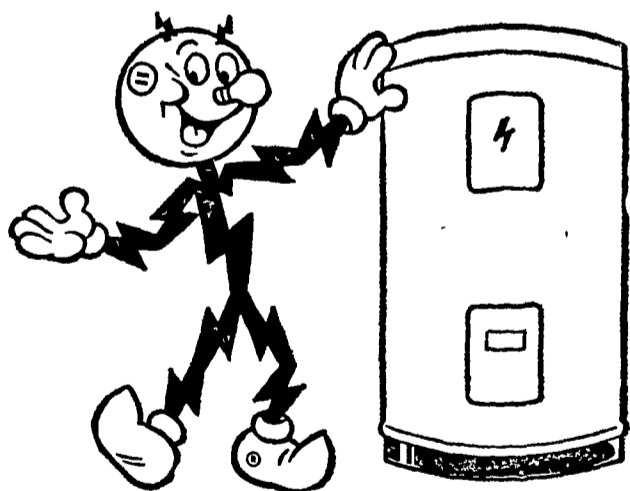
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