

ne: Lanc. 397-5179 — Strasburg 687-6002 — Lititz 626-7766

Delmarya

(Continued from Page 3)

17.1; 773.400 head, including 229,600 head purchased of 319,-200 head offered at Eastern
Poultry Growers Exchange
Thursday. Eighteen percent of the broilers sold at 16.0-16.4.

The Delmarva broiler-feed ratio for the week ending Jan. 22, 1965 was 3.5, up two points from the preceding week. The mash cost averaged \$103.68, and the average broiler price was 17.90 cents per pound.

New Holland

(Continued from Page 2)

At the horse sale on Jan. 25 the trend was slow to barely steady, with 245 head offered. Mules sold singly brought 125-210; in pairs, 240-480. Riding horses brought 110-250; driving horses, 110-210; killers, 51/2-6 cents per pound. Pony mares brought 30-85, and geldings, 25-85.

Hogs sold steady while sows were \$1 higher at the sale on Jan. 25; 328 head were offered. Market hogs retailed at 19-20.50; wholesale (U.S. 1-3), 18-18.75; heavyweights, 17.50-18. Sows brought 12.50-16.50.

Calf receipts totaled 100 head at the Jan. 25 sale, and sold for \$1 higher. Choice and Prime brought 37-41 50; Good ard 29.50-32.50; Common, 15-

Farm Wife and Family



Ladies. Have You Heard?.

By: Doris Thomas, Extension Home Economist

Do You Know

Well-chosen snacks can contribute to dental health and good nutrition. For the best dental health, it's recommended that you cut down on eating sweets between meals.

Nutrition research has established milk as one of our most valuable foods. Milk is the richest source of calcium of the foods commonly eaten in the United States.

Pasteurized-process cheese is a blend of one or more types of cheese, as described on the label. The processing gives a cheese that melts readily and smoothly. Cheese spreads and cheese foods are softer forms of process cheese and often have added perfect process cheese, and often have added nonfat dry milk and flavor ingredients. Such as

olives or pimientos.

Some Hints to Help Improve Ironing Skills

Always be sure clothes are before ironing it.

Iron with a clean iron. If ment bag. starch sticks to the soleplate, let the iron cool, then wipe it with a cloth dipped in soap or dry before heating.

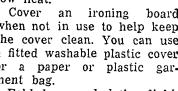
and Low Choice, 33-36; Stand- lint, and dye transferred from be distributed more evenly. dark clothes. Wash a new cov-

sizing . . . sizing scorches at low heat.

THOMAS

Cover an ironing board when not in use to help keep clean before you iron them, the cover clean. You can use Wash anything slightly soiled a fitted washable plastic cover or a paper or plastic gar-

Fold dampened clothes light. ly instead of rolling them . . . fewer wrinkles will get set detergent suds. Rinse and wipe into the damp fabric, and less ironing will be needed. If you Wash ironing board cover put dampened garments into as needed to remove starch, a plastic bag, the moisture will Plastic bags are handy to keep er before using it to remove non colorfast articles separate from others while they're damp.



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