

**For The Farm Wife**

(Continued from Page 6)

**SEAFOOD NEWBURG**

- 1/4 cup (1/2 stick) butter
  - 4 cups fresh or frozen (thawed) seafood; lobster, shrimp and crab meat
  - 3 tablespoons lemon juice
  - 1 tablespoon flour
  - 1/2 teaspoon salt
  - 1/2 teaspoon paprika
  - 1/4 teaspoon cayenne pepper
  - 1 1/2 cups half and half or light cream
  - 2 egg yolks
  - 1/2 cup half and half or light cream
  - 6 cups hot cooked rice
  - Chopped parsley
- Shell seafood, if necessary, and clean. In a large saucepan or frypan melt butter; add seafood and saute about 5 minutes. Sprinkle with lemon juice. Mix flour with salt, paprika and cayenne pepper and

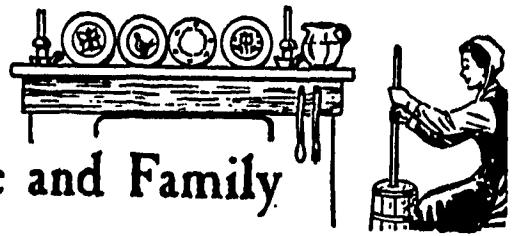
stir gently into seafood mixture; cook about 1 minute. Gradually add 1 1/2 cups half and half and cook, stirring carefully, until sauce comes to simmering point. Blend egg yolks with 1/2 cup half and half; stir some of hot sauce into it, then return to pan and cook, stirring constantly, until slightly thickened. Do not let sauce boil. Correct seasoning with additional salt and lemon juice, if desired. Serve with hot rice, garnished with chopped parsley in a wreath design. 8 servings.

**GRAPEFRUIT AND TURKEY SALAD**

- 3 medium to large grapefruit, peeled, sectioned, drained
- 1/2 cup diced green pepper or celery
- 1/4 cup diced canned pimiento

Reserve 12 grapefruit sections for garnish; cut remaining sections in half. In large bowl combine cut grapefruit sections, green pepper, pimiento and turkey. Blend mayonnaise, green onions and prepared mustard. Lightly stir mayonnaise mixture through salad ingredients. Chill. Serve on salad greens. Garnish with grapefruit sections, olives and paprika.

Few of us get dizzy from doing too many good turns.



**For the Farm Wife and Family**

**Ladies, Have You Heard? . . .**

By: Doris Thomas, Extension Home Economist

**Time-Saving Hints**

To save yourself last-minute scrambling for Christmas trimmings and equipment you use only during the holidays, get things out in advance of the time you want to use them.

Make a list of what you have and what you'll need, then check off the items as you locate them. As you do this, list what you'll need to buy new.

Tree trimmings, lights, and stand; gift wrappings and mailing materials; cookie press and boxes; punch bowl; other special cooking and serving utensils; electric train and tracks if you install them under the tree; and all other indoor or outdoor decorations.

Group the items according to where you'll use them, then they're ready when you need them. As you buy new supplies, add to these groupings.

**Gifts From the Kitchen**  
Gifts from the kitchen are always welcome ones for special friends or relatives. Plan to make extra batches of your special holiday yeast breads, cookies, and other holiday favorites. Wrap the baked

A package of meat is another fine gift idea. To make it more personal pick out one or two of your favorite recipes and type or write them on cards, then attach to the package. This might be a solution to the hard-to-buy-for person on your list.



THOMAS

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Interest paid semi-annually. All payments received up to 10th of the month will draw interest from first of month. **4%**

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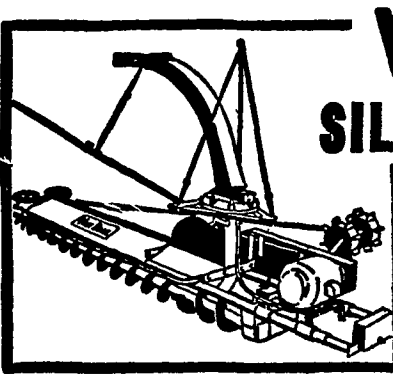
Main and Dallas Streets, Atglen, Penna. 593-5137  
ASSETS \$3,377,911.18 Watch for our 39th Annual Report Next Month.



**ATTAIN HEALTH THRU CHIROPRACTIC THEN RETAIN CHIROPRACTIC FOR BETTER HEALTH**  
Lancaster County Chiropractic Society

**SEE SANTA CLAUS**  
at the Choo-Choo Barn Rt. 741, Strasburg December 20th 1 P.M. to 6 P.M.  
Model Railroad and Miniature Village

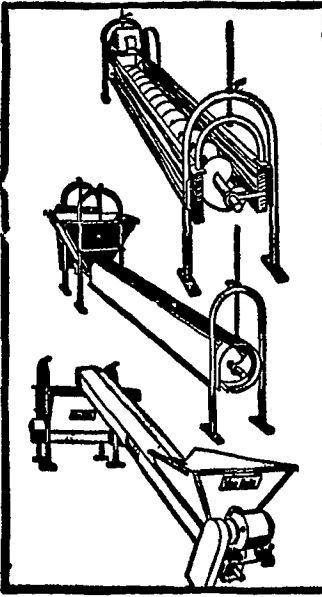
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Double augers deliver more silage per minute even when silage is deeply frozen . . . and at a lower operating cost. Patented V-paddle impellers throw . . . not blow . . . silage down chute. Adjustable drive hubs give positive traction in all types of silage. Three-point suspension keeps unloader level at all times.

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With VanDale units you can custom build the bunk feeding set-up to fit your needs. Drive section includes hopper, drive assembly and 10' high capacity 9" auger. Additional auger sections are in 10' units and are easily coupled.

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