

flavor varies considerably with the packer, so it's best to experiment until you find the one which pleases you. A word of warning—if curry is an unfamiliar seasoning, use a gentle hand in your first venture with it.

SHRIMP CURRY CASSEROLE

- 1/2 cup butter or margarine
 - 1/4 cup flour
 - 1 teaspoon salt
 - 1 1/2 teaspoons curry powder
 - 1/4 teaspoon white pepper
 - 2 cups milk
 - 1 8-ounce package medium noodles, cooked, drained
 - 1 pound can green peas, drained
 - 3 cans (4 1/2 ounces each) shrimp, drained
 - 1 tablespoon chopped parsley
 - 1 can (3 1/2 ounces) French fried onion rings (2 cups)
- Melt butter in saucepan; blend in flour, salt, curry, pepper. Add milk slowly; cook over medium heat, stirring constantly until smooth and

thickened. Stir in noodles, peas, shrimp, parsley. Put in casserole and bake 10 minutes at 350 degrees. Arrange onion rings around edge of casserole; bake additional 5 minutes. Serves 6.

Here's a soup that's especially good for buffet serving. It is easy to have ready when the crowd comes in, chilled from an afternoon at the stadium.

CHEESE 'N' ASPARAGUS SOUP

- 1/4 cup (1/2 stick) butter
 - 1/4 cup flour
 - 1 tablespoon salt
 - 1 dash of freshly grated nutmeg
 - 1 dash of pepper
 - 1 1/2 quarts milk
 - 2 packages (9-ounces each) frozen cut-up asparagus, cooked and drained
 - 3 cups (3/4 pound) shredded Cheddar cheese
 - 1 Paprika
- Melt butter and blend in

flour, salt, nutmeg and pepper. Gradually add milk and cook, stirring constantly, until slightly thickened. Remove from heat; add asparagus and Cheddar cheese and stir until cheese melts. To serve, garnish with paprika and a little more shredded Cheddar cheese or grated Parmesan cheese.

Here's a new idea — Macaroni Pizza.

MACARONI PIZZA

- 1 package (7-ounces) elbow macaroni
 - 2 eggs, beaten
 - 3/4 cup milk
 - 1 teaspoon salt
 - 1/4 teaspoon pepper
 - 1 teaspoon oregano
 - 1 can (8 ounces) tomato sauce
 - 1 cup shredded Mozzarella or Provolone cheese
- Cook macaroni and drain. Blend egg, milk, salt and pepper. Add macaroni and mix well. Pour into buttered baking dish (9-inch). Bake for 10

(Continued on Page 14)

Ladies, Have You Heard? . . .

By: Doris Thomas, Extension Home Economist

Use Household Pesticides Safely

When used according to the directions and precautions on the label, household pesticides can be helpful aids to you. But there are a few simple rules you must always follow.

Use a pesticide only when it is needed. And use one that is recommended for the pest you want to control.

Read the label on the container before you buy. Make sure the label lists the name of the pest you want to kill.

After you buy a pesticide, read the label again before using. Study it carefully. Then follow all label directions and precautions for storing, mixing, and applying the pesticide, and for disposing of unused pesticide or the empty container. Remember — household pesticides are dangerous if not used properly. Read the label and use pesticides safely.

True Cost of Clothing
The original price you paid is only the beginning of clothing costs.

The number of times you wear a garment is another measure of cost. Divide the price you paid by the number of wearings to get the cost per wearing. You may discover that the dress you wear the least is the most costly one in your closet, per wearing. Your favorite dresses . . .



THOMAS

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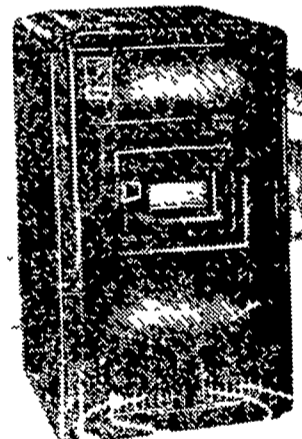
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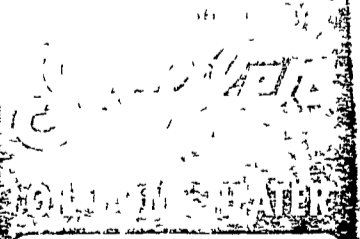
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