# For the Farm Wife and Family

## Baking Bread Is Easy

By Mrs. Richard C. Spence



SPENCE

Some questions and their answers on baking bread —
Q. How can I be sure bread is baked

enough? A. The loaves should be well colored to ½ teaspoon of ginger and of such baked products are Cover; let rise in warm place on sides and bottom as well as the top. Tap the bottom and sides with the fingers there is a hollow sound, this also proves the

bread is thoroughly baked.
Q. Why does bread break or crumble

when it's being sliced?

A. It certainly does, if it is

A. Several things could cause this condi- handled according to the dition. (1) Undermixing (not thoroughly mix-rections. ing), (2) too warm a rising place, (3) too Q. Is much flour (4) too cool an oven during the baking.

Q What is light rye bread? bread contains only a small pans? amount of rye flour, in proportion to the white. Such a not carry a high percentage bread may or may not contain of sugar or fat. caraway seeds. Since white sugar is the sweetening ingredient, the bread is more bland than those containing molasses

MAKE BEEF Q Why does my bread dough rise fine in the bowl but not in the oven?

A. The dough has been either given too long a rising time so the action was used up, or the using place may have been so warm some of the yeast was destroyed. In either case there could not possibly be much rising in the

Q. Is it necessary to lower

A. The dough couldn't rise yeast was killed. Dry yeast is long? dissolved in 110-115 degree water. A sustained temperature mented, "old" dough results shortening melts; cool to lukeof over 130 degrees will de--that is the dough is tight, warm. Beat in 1 cup flour and stroy yeast.

action of yeast in doughs?

ginger (spice), caraway (herb) enough? thyme (herb) stimulate thyme for 3 cups of flour, 1 heavy and coarse. if to 1½ teaspoons caraway.

Q. Does dry yeast work as well as compressed?

A. It certainly does, if it is

Q. Is it possible to bake 6- 1 loaf batches of bread in a small oven? Is it possible to A. Light rye means the baking white bread in Pyrex bake half the loaves at a 2 time without spoiling the other three?

A. No, such a recipe does A After the first bowl rise, punch down the dough, Re-

Q. I let my bread rise in move half from the bowl, let\_1 the oven with a pan of hot rest 10 minutes, then shape 41/2 water. The oven was on at 150 into loaves, let rise and bake. degrees, the lowest tempera- Let the second half have an- 2 ture, but the doughs didn't other bowl rise, punch, etc. as 1 before.

because at least part of the dough is allowed to rise too dry yeast.) Pour scalded milk

yeast doughs. One can use 1/4 called "green." The cell walls hand (Batter will be thick.)

How about giving some of these yeast breads a try?

### RAISED CORN **MEAL MUFFINS**

cake compressed or 1 package dry yeast 14 cup lukewarm water cups milk, scalded ½ cup shortening ½ cup sugar

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tablespoon salt

cups sifted all-purpose flour

eggs cup corn meal

Seften yeast in lukewarm Q. What happens if a yeast water. (Use warm water for over shortening, sugar and A. If a dough is over-fer- salt. Stir occasionally until and breaks easily when han- eggs. Stir in softened yeast Q. Is it true that certain dled. The baked loaf also and corn meal. Beat in 2 more spices and herbs speed up the crumbles and breaks easily. cups of flour, beating 2 min-·Q. What happens if a dough utes on medium speed of elec-A. Yes, small amounts of is not allowed to rise long tric mixer or 300 vigorous strokes with a wooden spoon. A. Under-developed dough is Beat in remaining flour by until double in size, about 1

> Stir batter down; spoon batter into greased muffin cups, filling each about 35 full. Cover and let rise in warm place until nearly double in size, about 45 minutes. Bake in preheated hot oven (400 degrees) about 15 minutes or until gold-

> > (Continued on Page 9)

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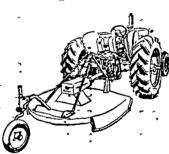
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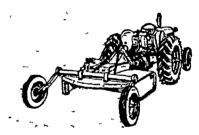
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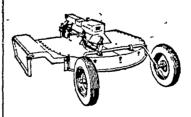
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