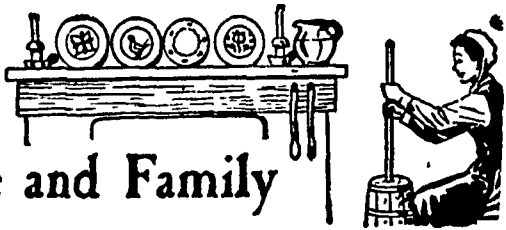


For the Farm Wife and Family



Baking Bread

By Mrs. Rict



SPENCE

Some of
baking bread
Q. How
enough?
A. The
on sides and
the bottom
there is a hole
bread is thin
Q. Why
when it's being
A. Sever
tion. (1) Un
ing), (2) too
much flour
baking.

Q What is light rye bread?

A. Light rye means the bread contains only a small amount of rye flour, in proportion to the white. Such a bread may or may not contain caraway seeds. Since white sugar is the sweetening ingredient, the bread is more bland than those containing molasses

Q. Why does my bread dough rise fine in the bowl but not in the oven?

A. The dough has been either given too long a rising time so the action was used up, or the rising place may have been so warm some of the yeast was destroyed. In either case there could not possibly be much rising in the oven (ovenspring).

Q Is it necessary to lower the oven temperature when

Q. I let my bread rise in the oven with a pan of hot water. The oven was on at 150 degrees, the lowest temperature, but the doughs didn't rise.
A. The dough couldn't rise because at least part of the yeast was killed. Dry yeast is dissolved in 110-115 degree water. A sustained temperature of over 130 degrees will de-

move half from the bowl, let rest 10 minutes, then shape into loaves, let rise and bake. Let the second half have other bowl rise, punch, etc. before.
Q. What happens if a yeast dough is allowed to rise too long?
A. If a dough is over-fermented, "old" dough results—that is the dough is tight, warm. Beat in 1 cup flour and 1 tablespoon salt into 4½ cups sifted all-purpose flour. Let the second half have 2 eggs. Soften yeast in lukewarm water. (Use warm water for dry yeast.) Pour scalded milk over shortening, sugar and salt. Stir occasionally until shortening melts; cool to lukewarm. Beat in 1 cup flour and

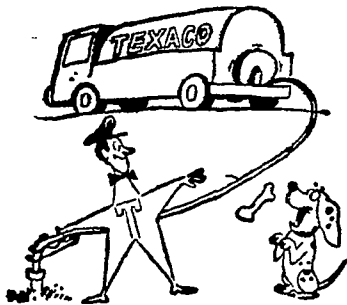
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