For the Farm Wife and Family

FISH FOR FUN

By Mrs. Richard C. Spence



Fish makes a versatile and nutritious entree anytime of the year. Quick and easy to prepare, these dishes will appeal to both you and your family — and guests will praise you for your culinary ability. A nourishing "quickie" for a quiet evening at home would be this Egg Surprise. It's a crisp roll spread with crabmeat, topped with a poached egg and cheese. It takes only minutes to prepare. With the canned and frozen fish available at most any grocery counter 11/2 teaspoons salt these days, fish is no longer a seasonal food. Have fun trying various fish recipes; you're bound to find something your family will

SPENCE

EGG SURPRISE

6½ ounce can crabmeat,

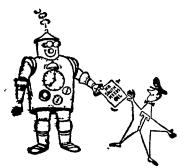
- cup mayonnaise teaspoon salt
- teaspoon pepper teaspoon tarragon
- holland rusks
- slices pasteurized process American cheese

Combine first five ingredients. Put one quarter of the mixture on each Holland rusk, utes Serve immediately. then place on baking sheet. Broil under medium heat until SHRIMP WITH HERB SAUCE mixture bubbles and browns slightly. Meanwhile, poach 4 eggs. Place an egg on top of the crabmeat mixture. Cover with a slice of process American cheese and broil until cheese melts. Serve immediately. Makes 4 servings.

CLAMS CASINO

- dozen fresh cherrystone clams
- 1/2 cup chopped onion
- clove garlic, crushed 1/2 cup chopped green pepper
- 1/4 cup chopped pimiento
- 1/8 teaspoon tabasco
- cup saltine cracker crumbs
- egg, beaten
- 1/4 cup melted butter or mar-
- strips bacon, cooked and drained

Remove clams from shells. Save and wash shells Cook clams in boiling water 10 minutes. Reserve small amount of



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***** liquid clams were cooked in 1 Drain and chop clams. Mix 1 with next five ingredients and 2 34 cup of cracker crumbs Stir in beaten egg, melted butter 1 and enough clam liquid to moisten Spoon lightly into

shrimp, thawed

cup cracker meal eggs, slightly beaten

big capacity

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pint sour cream teaspoon tarragon

teaspoon thyme teaspoon salt

1/4 teaspoon paprika teaspoon garlic powder Parsley to garnish

Dip shrimp into cracker meal; then dip into beaten egg and coat again with crackto 6 servings

SWEET AND PUNGENT SHRIMP

- cup water 34 cup brown sugar
- 1/4 teaspoon prepared mustard
- cup vinegar cup catsup
- tablespoons soy sauce 1½ cups cheese cracker crumbs green pepper, sliced
- onion, thinly sliced pounds cleaned and cooked shrimp

can pineapple chunks and

Combine first 10 ingredients clam shells Sprinkle with re- and sımmer 10 minutes. Add maining crumbs Break bacon shrimp and pineapple Refriginto about 1 inch pieces. Top erate at least overnight or each clam with pieces of ballonger to enhance flavor Just con Bake in a moderate oven before serving, heat to bubbly (350 degrees) 15 to 20 min- hot Serves 6

SARDINE SPECIAL **SANDWICHES**

14-ounce packages frozen 11/4 cups condensed cream of celery soup (10½ ounce can)

½ cup water

1 medium onion, sliced

- slices white bread, toasted 1-ounce slices process
- Swiss cheese oil-packed large Maine sar- 1 dines, well drained (about 4 4-ounce cans)

French fried onion rings, butter; blend in flour. Remove heated (3½ ounces)

Preheat broiler. In a sauce- Return to heat and cook over er meal. Fry in deep fat un- pan blend together soup and medium heat, stirring con. til golden brown Heat sour water; stir in onion slices, stantly, until mixture thickens cream with next five ingredi- Heat soup to boiling and sim- and comes to a boil. Reduce ents in top of double boiler. mer gently uncovered, 10 min- heat to low; cook 2 minutes, Do not allow sauce to boil utes. Meanwhile, cover 6 toast Add salt, Worcestershire sauce, ing slices. Place all slices on Just before serving add Ched. large ungreased baking sheet. dar cheese and stir gently un-Broil until cheese melts. Cov- til cheese is melted. 6 servings. er sardines with cheese-covered bread slices, cheese side

SHRIMP IN CHEESE SAUCE 2

over sandwiches. Garnish with

- tablespoons butter tablespoons regular, allpurpose flour 1½ cups milk
- teaspoon salt
- teaspoon Worcestershire

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cups (1 pound) cooked, cleaned shrimp

Serve sauce with shrimp gar- slices with cheese. Place 3 shrimp, peas and lemon juice, nished with parsley. Makes 4 sardines on each of remain- Heat to serving temperature,

drained

1½ cups (10-ounce package)

teaspoon lemon juice

Cheddar cheese

frozen peas, cooked and

cup (4 ounces) shredded

In a 2-quart saucepan melt

from heat; gradually add milk.

BAKED STUFFED FISH

down. Spoon soup mixture 1 medium onion, chopped 4 cup butter or margarine hot French fried onion rings. 2' packets Waverly Wafers.

> crushed tablespoons grated lemon rind

tablespoons lemon juice teaspoons paprika

½ cup commercial sour cream to 3 pound whole fish.

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