

● **For The Farm Wife**

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This light coffee cake has a delicious crunchy topping made with plums, coconut, brown sugar and sugar-coated rice cereal

PLUM COFFEE CAKE

- 1½ cups sifted all-purpose flour
- 1 tablespoon baking powder
- ¾ teaspoon salt
- 1 egg
- ¾ cup sugar
- ½ cup butter or margarine, melted
- ½ cup milk
- 1 teaspoon vanilla extract

Sift together flour, baking powder and salt. Beat egg with rotary beater until frothy. Beat in sugar and melted butter until well blended. Stir in milk and vanilla. Add to dry ingredients and mix until smooth. Pour into a greased 9x9x2-inch pan. Bake in a moderate oven (375 degrees) 30 to 35 minutes or until done.

TOPPING

- 8 large fresh purple plums, sliced and pitted
- ½ cup light brown sugar
- ½ cup flaked coconut
- 1½ cups sugar coated rice cereal
- ½ teaspoon ground mace
- 3 tablespoons butter or margarine, melted

Mix above ingredients. Blend well. Spread on top of hot coffee cake. Broil under medium heat of preheated broiler until lightly browned. Serve warm. Makes 9 servings.

● **Have You Heard?**

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they may be faced with the best selections to enhance appearance. Sometimes this face or top layer may cover up ordinary or poor quality products in the rest of the package.

Avoid buying fruits and vegetables that show signs of decay or are bruised or

squashed. Often you can buy off-quality produce at reduced prices, but the food may not be an economical buy if the waste in preparation offsets the price reduction.

Sensible Snacks for Preschoolers

Good snack foods for preschool children contribute to their health and nutrition and don't spoil their appetites for regular meals.

Milk, plain or dressed up, is nourishing and supplements mealtime foods without interfering with appetites. You can

add a scoop of ice cream to milk drinks you serve for parties. Put a straw in each glass for sipping.

Fresh or dried fruits satisfy children's desire for sweets between meals.

For sandwiches with a different flavor, mix equal amounts of softened butter or margarine, peanut butter, and grated mild cheese. Spread on thin slices of bread, and be sure the filling goes clear to the edges. Cut each large sandwich into fourths so children can handle them easily. You may wish to cut into other sizes and shapes. Use whole wheat bread for

SOCIETY 5 TO SELL ALL OCCASION RIBBONS

At a meeting of the Farm Women Society 5 last Saturday at Kauffman Park, Manheim, Mrs. Dorothy Hess, chairman of the Ways and Means committee, introduced the idea of selling ribbons as a money raising project for the group. They will be sold for Christmas and for other occasions.

Mrs. John Miller was hostess

variety, or you could use one slice of enriched white and one of whole wheat, then cut into desired size.

for the occasion, and Walter Holben, President, presided at the meeting. Contributions were made by group to various organizations. Plans were discussed for Graybill Longenecker for forthcoming trip to the York World's Fair on Saturday, Sept. 12.

Mrs. Helen Zink outlined project of making dressings to the members. Songs were sung and played, followed by

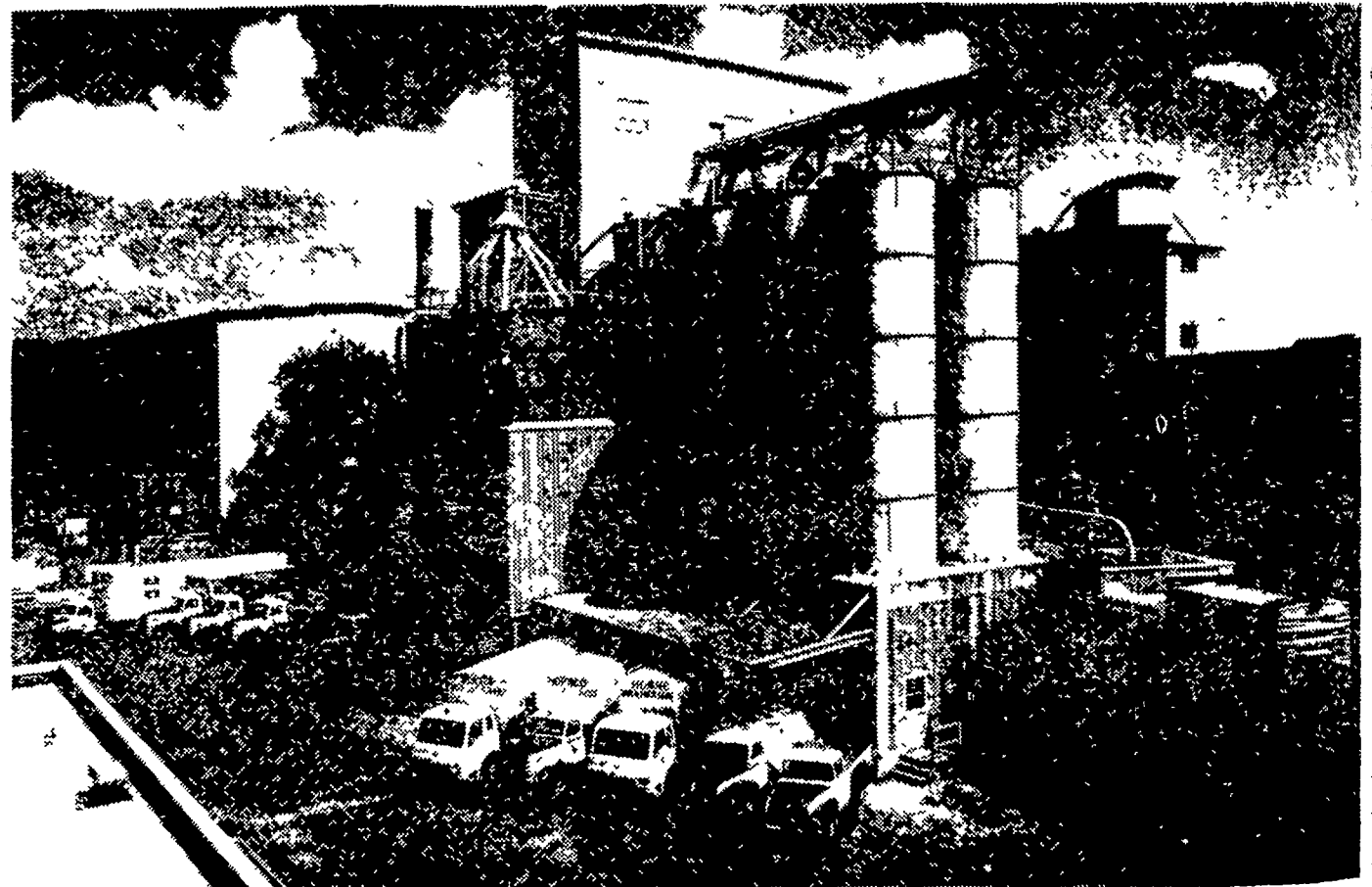
Next meeting of the group will be held at the home of Mrs. Amos Mentzer, Newland.

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