### For The Farm Wife

(Continued from Page 6) utwheels on top. 30 4-ounce 2 vings. 1

SPICED CITRUS-CIDER PUNCH

teaspoon nutmeg teaspoon cinnamon whole cloves cup sugar cups water cup orange juice cup lemon juice cup apple cider cups ice water

Lemon slices Combine spices, sugar and 2 minutes. Strain, chill. Add 1/8 teaspoon nutmeg nge juice, lemon juice, ap- 1/4 cup sugar cider and ice water. Serve 1 tall ice-filled glasses; garh with lemon slices. 12 6nce servings.

PARTY PUNCH cups orange juice cups apple juice

cocktail cups light corn syrup large bottle sparkling wa-1 ter **Eew** sprigs of mint Lemon or orange slices Ice cubes Combine ingredients in or-

der listed and pour over ice in large punch bowl. Makes approximately 1 gallon.

#### CRANBERRY MILK PUNCH 1/2 cup ice water

- tablespoons lemon juice cups water in saucepan; boil 1/4 teaspoon orange extract

  - quart cranberry juice cock- 4 tail

Combine ice water and milk <sup>4</sup> crystals in ice cold bowl. Whip with cold beaters until soft peaks form (3 to 4 minutes). Add lemon juice. Beat until 4 stiff (3 to 4 minutes). Fold in  $^2$ 

pint bottles cranberry juice sugar Pour cranberry juice cocktail into punch bowl; fold cup lemon or lime juice in whipped milk mixture. Serves 8.

#### PINEAPPLE DELIGHT

1

6-ounce can frozen pine- For the apple juice concentrate cup water scoops vanilla ice cream 1/2 orange, peeled

In blender combine pineapple juice concentrate, water, vanilla ice cream and orange (if electric mixer is used, substitute ½ cup orange juice for high speed for 30 seconds. Makes 3 to 4 servings.

#### WEDDING PUNCH

cans frozen pineapple-lemon punch concentrate cans frozen grapefiuit

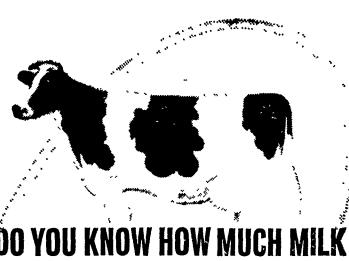
- cans frozen raspberry-lem-
- quarts orange soda

Makes about 8 quarts.

#### TOASTED SESAME WAFERS

half-slices melba toast butter, softened

tablespoons sesame seeds with  $\frac{1}{4}$  teaspoon sesame seeds.



# YOUR COWS CAN REALLY GIV

A cow is a factory. She eats grass, hay, silage, grain and Wayne Feeds. She makes milk. Each cow-factory has a certain bred-in capacity. When Bossy's assembly line isn't running at full capacity, she isn't making as much money for you as she should. The way to find out if she's really running at full capacity is to put more feed in and see if you get more milk out. FEED HER ACCORDING TO WHAT SHE COULD GIVE TOMORROW, instead of what she gave yesterday. 
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Ø Farm Wife and Family

Lancaster Farming, Saturday, August 15, 1964-7

## Ladies. Have You Heard?

By: Doris Thomas, Extension Home Economist

Worth Knowing Anytime <sup>1/2</sup> cup instant non fat milk (he fresh orange). Blend at from plaster walls, use the wall brush on To pick up spider webs and loose dut

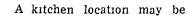
vour vacuum cleaner and brush the wall from the bottom to the top You can use a clean dust mop — no oil on it — if you wish

Buy only enough bacon for one week, and for peak flavor and atoma don't freeze sliced bacon. Store bacon in its original wrapper in the refrigerator. If you must freeze bacon, freeze only a few pounds and don't keep it more than 30 days.

To add new flavor to the biscuit topping for a casserole, try this . . . roll biscuit dough in a rectangle, spread with herb or . roll biscuit

before serving add orange soda. wheels and ling them around study shows that freezers lothe casserole Bake as you do cated in a hot 100m in sumregular biscuit topping

Where you place your home 15 per cent more electricity. freezer influences its efficienbasement



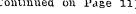


garlic butter, then roll up like the most convenient for saving Mix juices and water Just a jelly roll Cut into pin- time and energy, although one mei or a heated aiea duing Where to Put Home Freezer? winter may use as much as

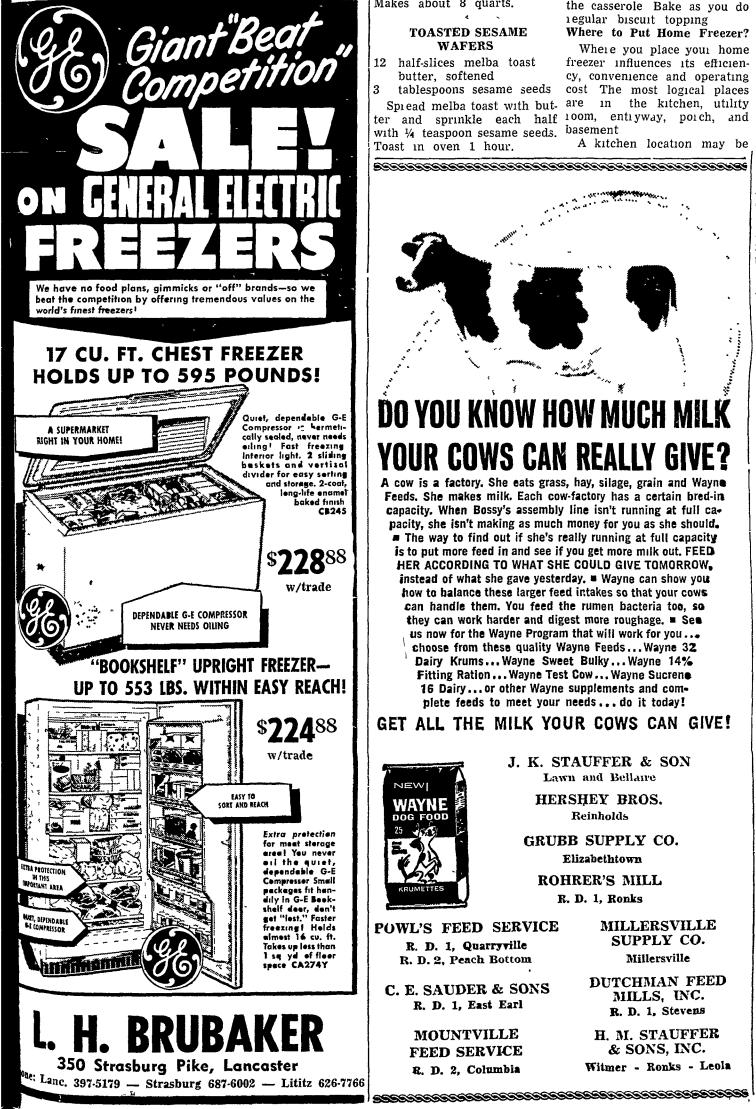
A fieezer works best in a cy, convenience and operating cool, diy, well ventilated area cost The most logical places out of direct sunlight But, do Spiead melba toast with but are in the kitchen, utility not place it where the temter and sprinkle each half 100m, entryway, porch, and perature falls below 40 degrees.

A diy basement is fine if you plan to make as few trips as possible up and down stairs. A damp basement is not a satisfactory place for a freezeı.

Nevel squeeze the fleezer into a niche in the wall or in a place with cabinets on three sides Allow ample space (Continued on Page 11)







juice on punch concentrate quarts water

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