

For The Farm Wife

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1/2 teaspoon marjoram
1/2 teaspoon sweet basil
1/2 teaspoon pepper
1 cup creamed cottage cheese
2 tablespoons butter
Beat eggs together with salt, pepper and spices. Mix in cottage cheese. Melt butter in skillet. Add eggs and cook on medium heat, stirring occasionally until eggs are the desired firmness. Serve with Canadian bacon or bacon strips buttered English muffins. servings.

COTTAGE CHEESE DRESSING

FOR TOSSED SALAD

1 cup creamed cottage cheese
1/2 cup light cream
2 tablespoons minced onion
1/2 teaspoon celery seed
1/2 teaspoon salt
1/2 teaspoon dried thyme

few grains pepper
Mix all ingredients together and blend well with rotary or electric mixer. Makes 1 cup.

COTTAGE-BLUE CHIP DIP

1 1/2 cups creamed cottage cheese
1/2 cup crumbled Blue cheese
1/2 teaspoon pepper
1/2 teaspoon Worcestershire sauce
2 teaspoons finely chopped onion
3 tablespoons cream
Beat cottage cheese until smooth. Add Blue cheese, pepper, Worcestershire sauce, onion and cream. Makes 1 1/2 cups. Serve with assorted crackers.

PEACH AND GRAPE EMERALD SALAD

2 cups (1pound 1-ounce can) sliced peaches
2 packages (3 ounces each) lime-flavored gelatin
1 cup boiling water

1 cup peach syrup
2 cups cold water
1 red maraschino cherry
1 cup fresh grapes, seeded and halved, OR 1 cup (8 3/4-ounce can) grapes, drained
2 cups cottage cheese

Drain peaches, reserving syrup. Dissolve gelatin in boiling water, blend in peach syrup and cold water. Pour 1 cup of gelatin mixture into mold which has been rinsed in cold water, chill until partially set. Press 12 peach slices into gelatin and place cherry in center. Dice remaining peaches; combine with grapes and mix into remaining gelatin. Pour into mold; chill until firm. Unmold on serving plate and surround with lettuce cups filled with cottage cheese. Makes 8-10 servings. 6-cup salad mold can be used for this recipe.

LANDISVILLE-SALUNGA 4-H SEWING CLUB NEWS

The sixth meeting of Landisville-Salunga 4-H Sewing Club which met at Hempfield Senior Home Economics Room, was called to order by the president, Sue Mumma. Sue also led the group in the 4-H Club pledge.

Secretary and Treasurer reports were given after which a short discussion followed about 4-H Club Field Day which was held on Thursday.

Sewing demonstrations were given by some of the girls. Debbie McFarland and Valerie Roye led the group in a song after which a guessing game was played led by Debbie Denlinger.

For the Farm Wife and Family Ladies, Have You Heard? . . .

By: Doris Thomas, Extension Home Economist

Guides To Buying Blueberries (Wild or Cultivated)

Look for berries that are plump, fresh in appearance, fairly uniform in size, clean dry, free from leaves or stems, and with full color throughout. Such berries are usually of good quality.

Ripe berries may be covered with a slight to very noticeable light-colored bloom which is a natural protective wax over the true, darker color. Variety affects the amount of bloom on the berries.

Good quality berries are smooth with no sign of stickiness which may be caused by decay or natural breakdown of the berries. Overripe berries have a dull, lifeless ap-



THOMAS

pearance and often are soft and watery, or the skins may be shriveled. Mold on berries is a sign of decay.

Protect Equipment Investment

Because household equipment represents a major investment, it's common sense to protect it with plastic covers tailored for individual pieces, such as mixer, toaster, even washing machine.

Washable dust covers are sound insurance, and those made of plastic-coated nylon are inexpensive and can be washed or sponged off with suds.

Some Things Worth Knowing

Because a hamper houses soiled clothes, wash it inside and outside every few weeks.

Use sudsy water and a fiber brush if necessary. Rinse and dry in a breezy spot, preferably in the sunshine.

Wipe the mouthpiece of the telephone often with a slightly damp sudsy cloth. This takes away germs and helps to prevent the spread of colds.

Cut away one side of a cardboard carton, then kneel in this three-sided box when you clean the floors. This will protect your knees and skirt from soil.

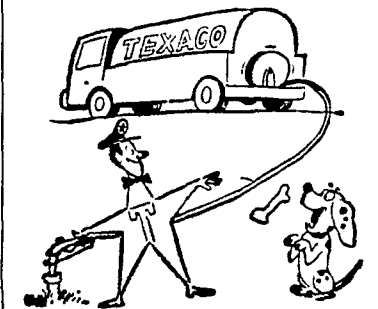
Slipcovers for your potholders dry quicker than the holders themselves. Make the covers of a washable fabric that contrasts or harmonizes with your kitchen color scheme.

WILD LIFE CLUB MEETS

The monthly meeting of the Lancaster County 4-H Wild Life Club was held on July 15 at Kniesleys Pond in Maitic Township.

The members went swimming and the club made plans for the next meeting which will be a trip to Potter County on July 31, August 1 & 2. They will attend the annual Woodsmen's Carnival at Cherry Springs.

After the meeting the members roasted hot dogs over a campfire. The evening was hosted by Albert and Robert Henry, sons of Mr. and Mrs. Kenneth Henry.



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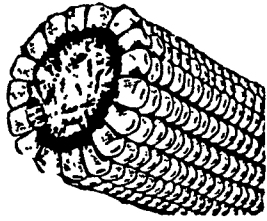
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