continued from Page 14) KED HERB CHICKEN IN FOIL

ready-to-cook, broiler-fryer. cut in quarters icaspoon grated lemon

plespoons lemon juice leaves, crushed teaspoon dried oregano leaves, crushed 101/2 ounce condensed cream of mushroom soup, 2

undiluted sh and dry chicken quar- 1/4 place each quarter on a 1/8 of heavy duty foil 18 x 8 nches. Mix lemon peel, 8

lemon juice, and herbs with In a mixing bowl combine Open and serve in foil.

CHEESY FRANKS cup chili sauce cups shredded Cheddar cheese cup pickle relish teaspoon oregano

frankfurters

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sandwiches buns

undiluted mushroom soup, chili sauce, cheese, pickle re-Spoon over the chicken. Fold lish and oregano. Slit frankfoil snugly over chicken quar- furters lengthwise but do not ters, sealing well so steam will cut through. Fill with cheese not escape. Bake at 400 de- mixture placing about 4 tablegrees, 11/4 to 11/2 hours or place spoons in each. Place frinkon grill over hot coals. Cook furters in buns. Place the perspoon dried sweet basil about 1 hour or until tender, sandwiches on rectangles of aluminum foil. Seal edges carefully and twist ends. These may be stored in the refrigerator or carried to the beach or picnic grounds. Place on grill and heat 10-15 minutes until cheese melts and sandwich is hot.

## DEVILED CHEESE FILLED FRANKS

pound franks cup shredded American cheese

cup pickle relish teaspoon prepared mustard tablespoon chili sauce

tablespoons salad dressing Have cheese at room temperature. Mix cheese with a relish, mustard, chili sauce, and salad dressing. Mix ingredients well Split franks almost through lengthwise. Fill franks with deviled cheese mixture. Grill or broil until franks are hot and cheese is slightly melted.

PORTERHOUSE A LA BLUE 3 porterhouse or T-bone steaks, cut 3/4 inch thick, approximately 11/2 pounds each cup (1 stick) butter, melted

cup crumbled Blue cheese. tablespoons chopped chives Freshly ground pepper

Broil steaks to desired de-7 minutes per side for it from the store. (Continued on Page 16)

For the Farm Wife and Family

# Ladies, Have You Heard?...

By: Doris Thomas, Extension Home Economist

## Canned Beans As a Salad Base

Canned green beans marinated in French dressing or oil and vinegar dressing serve as the base for many warm weather salads. Combine the beans with any or all of these foods: Tomato wedges, ripe olive slivers, diced avocado, onion rings, or chopped

Marinated beans go well in gelatin salads with corn or tomatoes and in a sour cream dressing with cucumbers.

Avocado Skins Vary In Color Varieties of avocados now coming on the fork, until it has a smooth, market from California may have emerald buttery, consistency. Add pickle green skins or purplish-black skins. But regardless of the skin color, the fruit under the



**THOMAS** 

skin is the same delicate green- you take a container of milk yellow shade the year-round, from the refrigerator pour our

brown irregular marking frigerator. known as "scab" This defect of the skin does not affect the don't leave the container un quality of the fruit.

cut, or punctured. These de- fish that may be in the left. fects detract from the ap-gerator. pearance of the fruit, an usually affect its quality.

# Four Rules For Milk Care

.. put milk in the refrigerator use it first as soon as it gets to the house, gree of doneness (approximate- whether delivered or you bring

2. Keep milk cold . . . after

Sometimes the outside of the what you need, then return the avocado is marred by a light- container promptly to the re-

3 Keep milk covered . . . covered Milk absorbs odory Avocados are easily bruised, from such foods as onions and

4. Use the oldest milk fir.; ... when you get a new supply, move any milk left in the r. 1. Refrigerate milk quickly frigerator to the front so you'l'.

## Give Swimsuit Good Care

To keep swimsuits looking their best, wash them prompt ly after each wearing. This 1. especially important for suit. worn in chlorinated or salt water Salt and sand allowed to dry on a suit can injure the color and fabric.

After washing and rinsing shape the suits and hang to dry over a rod or line.

### To Do Before Leaving For Vacation

Plan to leave the house look. ing as normal as possible

If you have milk and new, papers delivered to your door. stop deliveries while you're away

Leave a house key with neighbor or friend who will check the house from time to time And you might ask him to take in the mail unless you ask to have it held at the pon office until you return

Dispose of all leftover food (Continued on Page 16)



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