

For the Farm Wife and Family



Gay Springtime Desserts

By Mrs. Richard C. Spence



SPENCE

The dessert with the delicate air — the frothy creation — is always in demand. Light in its effect, it is perfect on a warm day or following a heavy meal. Many delicious desserts can be prepared without too much fuss — resulting in a dish that makes it seem as if you have gone to no end of trouble. Lots of desserts can be prepared when you have some spare time and tucked away in the freezer for use when unexpected company arrives.

The perfect dessert for parties during the spring and summer months is this cool and creamy Banana Marshmallow Fluff. Light yet luscious, it's ideally suited to the kind of entertaining you do during this festive time of the year.

BANANA MARSHMALLOW FLUFF

32 marshmallows (½ pound)
¼ cup milk
½ cup finely chopped pecans
1 large ripe banana, diced
1 cup (½ pint) whipping cream

SUPER SHOES

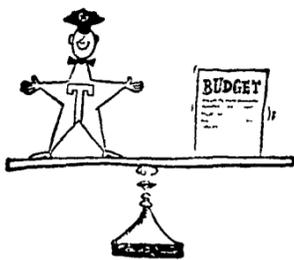
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ed bowl with chilled beaters whip whipping cream until stiff. Fold into banana mixture. Pour into mold which has been rinsed with cold water. Chill in refrigerator until firm. Unmold and garnish with fresh strawberries, if desired.

Another easy elegant dessert is Chocolate Macaroon Ribbon Cake — using generous amounts of butter and other good things like almonds, cocoa, sugar and coconut macaroons.

CHOCOLATE MACAROON RIBBON CAKE

2 tablespoons butter
1 cup chopped blanched almonds
2 cups sifted confectioners sugar
½ cup cocoa
½ cup (1 stick) butter, softened
1 egg
¼ teaspoon almond extract, optional
12-14 coconut macaroons

In skillet or saucepan melt 2 tablespoons butter; brown almonds. Set mixture aside to cool. Sift together confectioners sugar and cocoa. In a mixing bowl cream ½ cup butter; add cocoa mixture gradually to creamed butter. Add egg and

almond extract, beating until smooth and creamy. Add cooled almonds to cocoa mixture. Line loaf pan (7½ x 3¼ x 2¼ inches) with waxed paper. Split coconut macaroons and place a layer of them in bottom of pan. Spread with ¼ of cocoa mixture. Repeat this process making four layers each of chocolate and macaroons, ending with a layer of chocolate. Chill for several hours in refrigerator. To serve remove from pan and cut in small slices for this is a rich dessert. 8-10 servings.

In the above recipe we used the ready-made coconut macaroons. Here we have a recipe for making your own Chocolate Cocoroons. These are delicious served with a fruit cup.

CHOCOLATE COCOROONS

1 cup (6-ounces) semi-sweet chocolate pieces
2 egg whites
½ teaspoon salt
½ teaspoon cream of tartar

cup sugar
teaspoon vanilla flavoring
cup flaked coconut
cup whole bran cereal with wheat germ (bran buds)

Melt chocolate over hot but not boiling water; cool. Beat egg whites until foamy, add salt and cream of tartar, continue beating until soft peaks are formed. Gradually add sugar, beating until very stiff. Fold in cooled chocolate and vanilla. Add coconut and cereal; blend thoroughly but gently. Drop by teaspoonfuls onto lightly greased baking sheets. Bake in slow oven (300 degrees) about 15 minutes. Makes about 3 dozen cookies, 2 inches in diameter.

Strawberry desserts are always a welcome treat in the spring or early summer.

FRESH STRAWBERRY PIE

4 cups corn flakes or 1 cup packaged corn flake crumbs
(Continued on Page 9)

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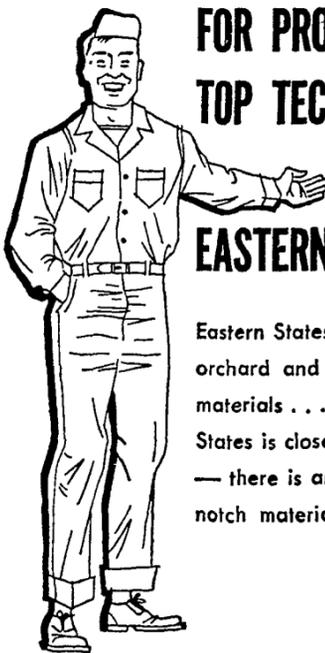
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