

Have You Heard?

(Continued from Page Nine)
 Cheddar. Figures show that out of the ten pounds of cheese each person ate last year, about six and a half pounds were Cheddar.

Supplies of Cheddar cheese will be plentiful this year. The nation's cheesemakers anticipate they'll exceed their last year's one and a half billion pound production by twenty-two million pounds.

This fine cheese is named for the village of Cheddar in England where it originated. Cheddar cheese is made and used so widely in this country that it's often called American cheese or American Cheddar cheese. Cheeses similar to Cheddar, but made by a slightly modified process, are called American-type cheese. Colby is one such example.

Cheddar is not only the name of the cheese, but it's also the name of a step in the manufacturing process and the name of the most common style—a cheese fourteen and a half inches in diameter, twelve inches thick, and weighing between seventy and eighty pounds

GOOD TO KNOW ANYTIME

It costs no more to buy breads, flours, and cereals that are labeled enriched, restored, or whole grain. These foods are inexpensive sources of the B vitamins—thiamine, niacin, and riboflavin — and the mineral, iron

Everyone needs a good breakfast after the night-long fast. Breakfast gives everybody a good start for the day. A good breakfast should provide one-fourth to one-third of the total day's food needs

When a member of your family spills a carbonated beverage on his clothing, sponge the area at once with cool water. If the

stain is on a nonwashable fabric, force cool water through the stain with a small syringe, using a sponge under the stain to absorb the water.

The instruction book that comes with an appliance is prepared for your use and holds the answers to many questions that may arise as you use a new appliance. Read the book carefully before you use the appliance, then keep the book handy to refer to it as needed.

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Farm Women 5 Fetes Mothers And Daughters

Society of Farm Women 5 met at the United Brethren Church Manheim, on Saturday afternoon, with Mrs. Walter Holbein, president, presiding at the session.

A mother and daughter program was presented. Wedding gowns were modeled by recent brides and antique gowns by some of the mothers. Mrs. Glenn Longenecker was narrator.

During the business session, contributions were made to various organizations. Mrs. Graybill Longenecker reported trips to the World's Fair by bus and train.

The next meeting will be held at the home of Mrs. Glenn Longenecker, Manheim.

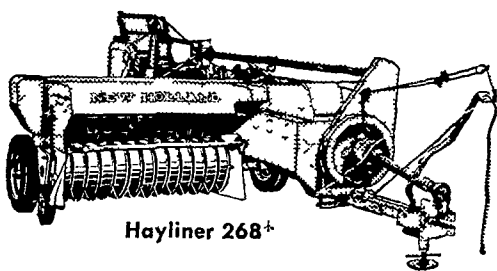
What's Cooking 4-H Club Has Reorganization

The What's Cookin' 4-H Club met at the home of the leader, Mrs. Willis Bucher, Lititz R2 last week and organized as follows: Jean Stauffer, president; Joanne Thomas, vice president; Shirley Stauffer, secretary-treasurer; Reba Shelly, news reporter; Margaret Grube, song leader; and Judy Rohrer, representative to council.

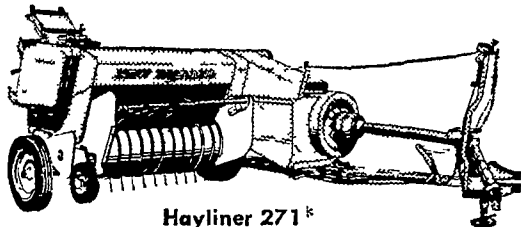
The group will study "Tasty Snacks," "Beverage" and "The Why of Good Eating" during the sessions this summer. The next meeting will be held on Tuesday, June 9, at the home of Mrs. Bucher.

STORING PREPACKAGED FRESH MEAT

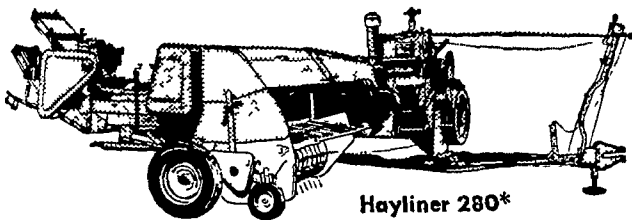
To store prepackaged unfrozen fresh meat and poultry in the refrigerator, loosen the tight film wrapping, advises F. Eld Neigh, Penn State extension specialist in consumer economics. Another way is to remove both the film and the paperboard tray, put the meat on a plate, and cover loosely with waxed paper or foil. Tight wrappings encourage the growth of micro-organisms and the development of off-odors. Although not known to be harmful, these micro-organisms can give meat an unappetizing flavor.



Hayliner 268*



Hayliner 271*



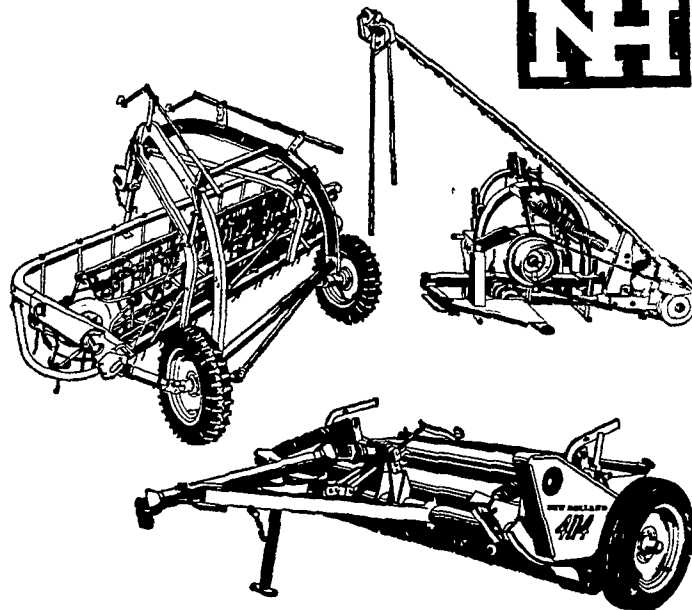
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