

● **For The Farm Wife**

(continued from page 15)

bread crumbs, salt, and pepper. Stir in egg yolks. Beat egg whites until they are stiff, but not dry. Fold egg whites into egg yolk mixture. Pour into 12 by 8 by 2 inch baking dish that has been rubbed with butter. Bake in a slow oven (325 degrees 20 to 25 minutes or until firm to the touch. Serve at once. 6 servings.

BARBECUED HAM WITH RICE

1/4 cup molasses
1/4 cup vinegar
1/4 cup catsup or chili sauce
1 teaspoon Worcestershire sauce
3 cups diced cooked ham
3 cups hot cooked rice
Combine molasses, vinegar, catsup and Worcestershire sauce in a skillet or saucepan. Add diced cooked ham. Simmer 8 to 10 minutes, stirring occasionally, until sauce thickens and ham is glazed. Serve over hot cooked rice.

BAKED HAM PATTIES WITH PINEAPPLE

1 egg
2 tablespoons prepared mustard
2 tablespoons vinegar
3 tablespoons molasses, divided
3 cups ground cooked ham
Corn flake crumbs
6 pineapple slices
1 tablespoon butter
Beat together until blended, the egg, mustard, vinegar, and 2 tablespoons of the molasses. Add to ham; mix well. Form mixture into 6 patties. Roll in corn flake crumbs. Place on aluminum foil lined baking pan with pineapple slices. Brush slices with remaining 1 tablespoon molasses, and dot with butter. Bake in a moderate oven (375 degrees) 20 to 25 minutes.

QUICKIE KABOBS

2 tablespoons molasses
2 tablespoons prepared mustard
2 tablespoons vinegar
1/4 teaspoon ginger
1 tablespoon Worcestershire sauce
Blend together molasses and prepared mustard. Stir in remaining ingredients. Alternate leftover ham cubes or pieces with pineapple chunks on skewers. Place kabobs in preheated broiler 3 inches from heat.

Brush with half the sauce. Broil 8 to 10 minutes, turning and brushing with remaining sauce.

Chocolate Cream Bars can be kept on hand in the freezer ready for drop-in guests.

CHOCOLATE CREAM BARS

1/2 cup dark corn syrup
2 tablespoons water
1/2 cup sugar
3 1-ounce squares unsweetened chocolate
2 teaspoons vanilla extract
1/4 teaspoon almond extract
2 cups heavy cream
1 1/2 cups chocolate chip cookie crumbs, finely rolled

Combine syrup, water, sugar and chocolate in top of double boiler. Cook over boiling water until chocolate melts. Add extracts, cool slightly. In large bowl of electric mixer, combine chocolate mixture and cream. Refrigerate 30 minutes.

Chill beaters at the same time. Beat mixture until soft peaks form. Line bottom of ice cube tray with half of cookie crumbs. Spoon chocolate mixture into tray. Sprinkle remaining half of crumbs on top. Cover with foil and freeze several hours or until firm. Loosen edges and turn chocolate out of tray. Slice in 1/2 inch thick slices. Serve immediately. Makes 10 servings.

● **Have You Heard?**

(Continued from Page 15)

disinfectant. Chlorine bleaches are not to be used on fabrics of silk, wool, acetate, or spandex, on fabrics of colors not stable to chlorine, and on wash-and-wear fabrics that have chlorine retentive resin finishes.

Oxygen-type bleaches contain active oxygen in powdered crystalline or bead form. These bleaches are safe for all fabrics

and finishes and almost all colors.

Perborate bleaches are the most common fine fabric or safe bleaches on the market. They are mild bleaches with limited effectiveness in normal washing temperature range.

Potassium monopersulfate bleaches are effective in water at all temperatures — cool, warm, or hot. They are almost as effective as chlorine bleaches in removing heavy soil and stains, and their bleaching ability is better than perborate bleaches.

Lengthen Life Of Sheets
Before stripping the bed,

loosen edges of the sheet around.

Don't use a sheet for a laundry bag.

Wash sheets as soon after use as possible. If you use bleach in laundering, use a mild solution.

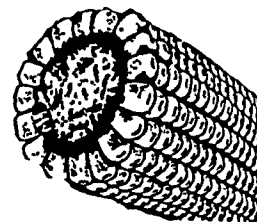
Vary the way you fold sheets . . . constant creases in the same places weaken the threads

Put freshly laundered sheets at the bottom of the pile each time so you use sheet in rotation and wear is distributed evenly.

These same suggestions apply to pillowcases.

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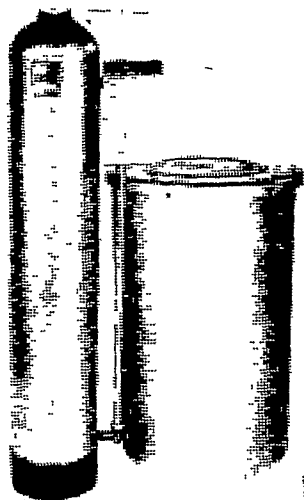
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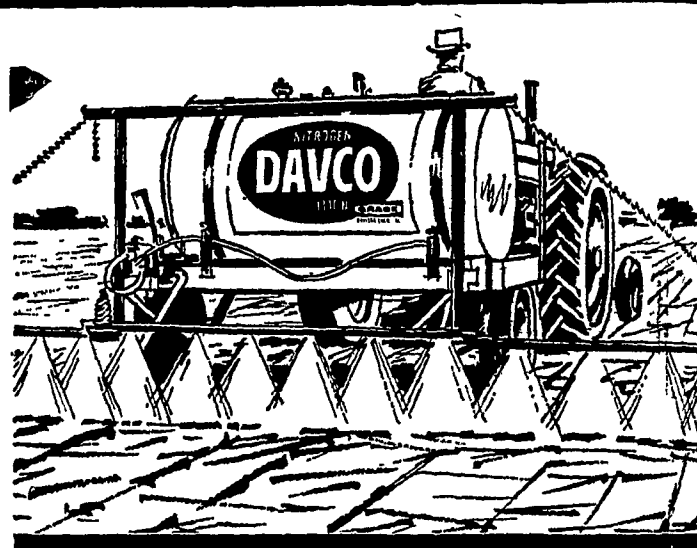


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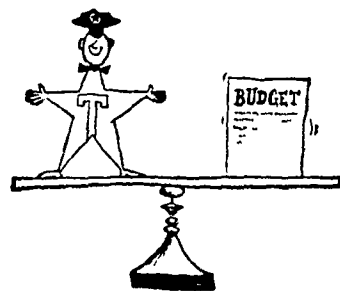
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