

● **Have You Heard?**
(continued from page 15)

Follow directions for use and care of your new appliance.

Insist on a good installation, making sure the appliance is leveled and operating perfectly.

Carefully file important records, such as bill of sale warranty, servicing contracts, and the name and address of the serviceman.

Keep receipts for service charges for future reference.

Good To Know Anytime
Extra-length sofas create moving problems if you know you'll be moving during the

lifetime of your sofa, avoid buying an extra long one. Multi-purpose furniture, that's not restricted by style or scale, is a better choice especially if you're among the one of five American families that moves each year.

If your house has a fireplace, keep the damper closed when the fireplace is not in use. If the damper is left open, warm room air is drawn up the chimney and you'll be heating the outdoors.

Adults need fewer calories as they grow older, but their need for food nutrients doesn't lessen. Adults never outgrow their need for milk. They need two or more eight-ounce glasses of milk each day. They

don't need to drink all the milk as beverage, but can use some of it in cooked dishes.

Sweetened condensed milk is made from fresh whole milk. Part of the water removed and sugar is added. In the final product, the sugar accounts for 40 to 50 percent of the total weight.

Cooking Frozen Fish

Thawing frozen fish in the refrigerator at 40 to 50 degrees has become the accepted practice. Hold fish at this temperature only until you can handle it easily for cooking.

You can cook frozen fish fillets, steaks, and dressed fish just as you would cook fresh fish, but you'll need to allow extra cooking time. When you plan to bread or stuff frozen fish, you'll find it easier if you thaw the fish first.

There are 68,750,000 individuals under 18 years of age in this country.

● **For The Farm Wife**
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Cream Topping. For topping; blend together sour cream, fruit juices and confectioners sugar. Refrigerate until needed.

* * *
For a perfect ending to a delicious Easter dinner, serve cool, tangy homemade sherbets.

LIME SHERBET

- 1 3-ounce package lime-flavored gelatin
- 1 cup boiling water
- 1/2 cup sugar
- 2 cups milk
- 1 cup light cream
- 1 teaspoon grated lemon rind

Dissolve gelatin in boiling water. Stir in sugar, milk, light cream, lemon juice and lemon rind. Pour into freezer tray. Freeze until firm. Break into chunks, beat until smooth but not melted. Return to cold tray and freeze until firm. Makes 6 to 8 servings.

PINEAPPLE CREAM SHERBET

- 1 1/2 teaspoons unflavored gelatin
- 2 tablespoons cold water
- 2 cups buttermilk
- 3/4 cup sugar
- 1 8 1/2 ounce can crushed pineapple, drained
- 1 teaspoon vanilla extract
- 1 egg white
- 1/4 cup sugar

Soften gelatin in cold water, dissolve over boiling water. Combine buttermilk, 3/4 cup sugar, pineapple, vanilla and gelatin, mix well. Pour into refrigerator tray, freeze until firm. Break into chunks and beat smooth. Beat egg white until soft peaks form, then gradually add 1/4 cup sugar, beating to stiff peaks. Fold into pineapple mixture. Return quickly to cold tray. Freeze until firm. Makes 6 servings.

Marriage: The result of a man getting hooked with his own line.



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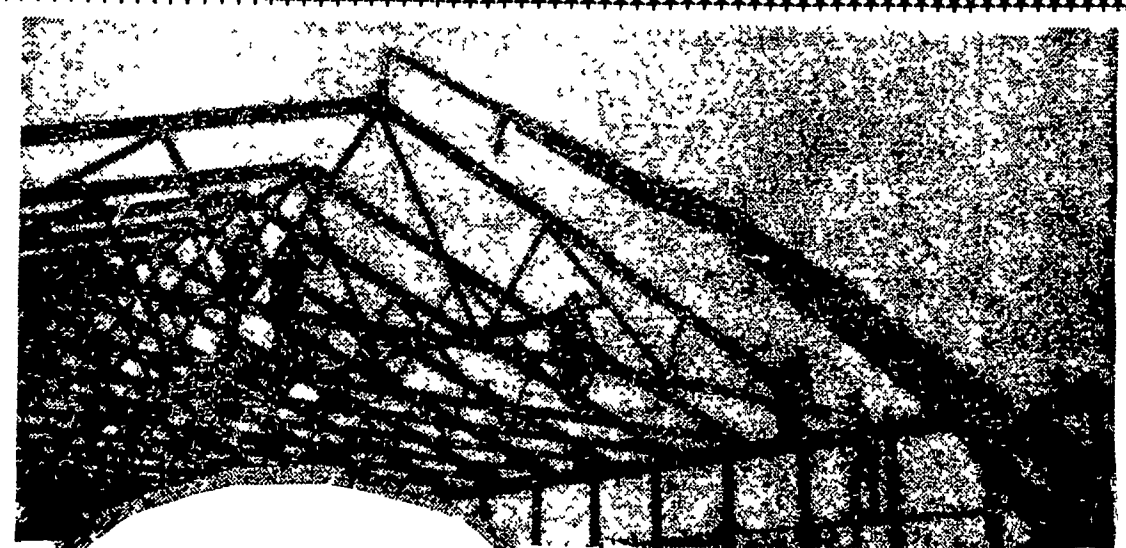


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