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**CRUNCHY BANANA SPLIT**

- 4 cups sugared corn flakes
- 1/2 cup chopped nutmeats
- 1/4 cup butter or margarine, melted
- 2 medium bananas, sliced
- 1 quart strawberry ice cream, slightly softened
- 1/4 cup chocolate sauce
- 1 cup whipping cream
- 2 tablespoons sugar
- 1 teaspoon vanilla flavoring

Slightly crush 3 cups of the sugared corn flakes, add nutmeats and butter, tossing gently. Sprinkle over bottom of

buttered 9 x 9-inch pan. Arrange bananas in a layer over corn flakes mixture, pack ice cream firmly over bananas. Drizzle with chocolate sauce. Whip cream until stiff; beat in sugar and vanilla. Spread over chocolate sauce. Freeze. Remove from freezer about 10 minutes before serving; cut into squares. Sprinkle with remaining corn flakes. Makes 9 3-inch squares.

You'll like the unusual combination of tender sweet pear halves and tangy golden pine-

apple, enhanced by cheese and enlivened by sour cream in this luscious Pear-Pineapple Cheese Pie

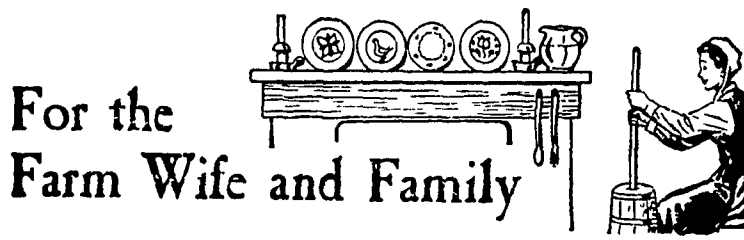
**PEAR-PINEAPPLE CHEESE PIE**

- Pie:
- Pastry for double crust pie
  - 6 large (1 pound 13-ounce can) pear halves, drained
  - 2 cups (1 pound can) pineapple chunks, drained
  - 1/2 cup pear juice
  - 1/2 cup pineapple juice
  - 1/4 cup cornstarch
  - 1/4 cup sugar
  - 1/8 teaspoon salt
  - 1/4 dash of nutmeg
  - 1/4 teaspoon vanilla
  - 1 tablespoon butter
  - 1 1/2 cups shredded Cheddar cheese
  - Egg white

- Sour Cream Topping:
- 1 pint dairy sour cream
  - 2 tablespoons combined pear and pineapple juice
  - 2 tablespoons confectioners sugar

For pie: Line 9-inch pie plate with pastry. In pie shell arrange pear halves, cut-side up with narrow ends toward center. Arrange pineapple chunks around pear halves. Set aside. In a saucepan mix a small amount combined pear and pineapple juice with cornstarch then add remaining juice. Cook until clear and thickened. Lower heat and stir in sugar, salt, nutmeg, vanilla, butter and Cheddar cheese. Spread cheese-fruit sauce over fruit. Roll out remaining pastry and cut into 3/8 inch strips; make a latticed top on the pie. Bake 12 minutes in a 450 degree oven, reduce heat to 375 degrees and bake 35 more minutes. To give a golden glaze, brush lattice top with egg white for the last 10 minutes of baking. Serve with Sour Cream.

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**For the Farm Wife and Family Ladies, Have You Heard? . . .**

By: Jane Thurston, Extension Home Economist

**Guides To Buying Frozen Foods**  
Shop for frozen foods last because these are your most perishable items. Select them after you've done the rest of your shopping, then hurry home so they'll be out of the freezer for the shortest time possible.

Choose clean firm packages. The frozen food section manager tries to keep frozen-food displays neat and orderly and at the right temperature. Turnover is fast and if you should come across a juice-stained or open-end carton, you may depend on its being removed as soon as it's noticed.

Depend on familiar brand frozen foods and buy them with confidence. New brands are coming on the market constantly to help make meal planning easier for you.

Frozen foods on special sale are not second-best ones. The supermarket buyer watches his market, knows what is plentiful and of good quality, and passes his bargain on to you.



THURSTON

So consider specials if they are foods your family likes.

**Pointers On Appliance Servicing**  
To help you keep the cost of servicing home appliances to a minimum, here are a few

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1,500	47.29	68.12	130.62
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3,000	94.58	136.25	261.25

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