

Orange Filling:

- 1. cups (11 ounces each) mandarin oranges
- 1. cup liquid from oranges
- 2. tablespoons lemon juice
- 1 1/2. teaspoons cornstarch
- 1/4. teaspoon mace

Prepare pie dough and roll half of it about 1/8 inch thick. Cut into 3 circles about 4 inches in diameter. Repeat. Place circles over inverted muffin pans. Prick pastry with fork. Bake in a very hot oven (450 degrees) about 8 minutes or until lightly browned. Cool. Fill baked shells with Orange Filling. Top with maraschino cherries.

Drain mandarin oranges and reserve 1 cup liquid. Combine liquid, lemon juice, cornstarch and mace in saucepan. Cook over low heat, stirring con-

stantly, until thick and clear. Fold in mandarin oranges. Put into 6 baked tart shells. Arrange around roasted fowl on platter with parsley.

STORING FISH

Whether you catch your fish or buy them, fresh fish must be stored properly to remain fresh. Store fresh fish in a plastic bag to prevent the odor from penetrating other foods. If the fish can't be thoroughly refrigerated or frozen, it should be cooked at once.

Frozen fish should remain frozen until ready for use. Frozen fillets, fish steaks and dressed fish may be placed directly in the pan allowing extra cooking time for thawing.

When fish are to be breaded or stuffed, thaw them first to permit easier handling. Thaw also for cleaning and dressing whole or drawn fish. Thaw fish in the refrigerator and only long enough to permit ease in preparation. Thawing at room temperature is not recommended.

Handling and cooking fish can be easier if you follow these tips:

- 1. Rinse your hands in cold water before touching fish to prevent the fish odor from clinging. Wash your hands in hot water and salt after handling the fish. Hot water and salt or synthetic detergent also will

- 2. If the fish keep slipping from your hands when you try to clean them, wear canvas gloves or dip your fingers in salt.
- 3. Cook fish at a low temperature for a short time. The flesh of fish is very tender and should be cooked only long enough to develop a delicate flavor. It is cooked enough when it becomes white or creamy colored, separate easily from the bone, and the flesh is flaky, tender and moist.

APPLE VARIETIES

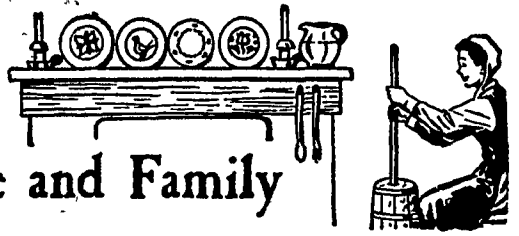
Popcorn and apples, cider and doughnuts, apple pie and ice cream — fall is the best time to enjoy these apple favorites. Apples are a versatile fruit, and the large number of apple varieties makes it possible to choose a kind of apple for each purpose.

Red delicious is probably one of the most familiar apples. An excellent choice for the fruit bowl, they are sweet, juicy and crisp. They are easily identified by the five "knobs" on the blossom end. Their companion, Golden Delicious, is another favorite for eating raw.

The best apples to bake whole are Rome Beauties because they tend to hold their shape in cooking.

Apples which are suitable for (Continued on Page 10)

For the Farm Wife and Family



Ladies, Have You Heard? . . .

By: Jane Thurston, Extension Home Economist

Keep House Dry To Help Prevent Mildew
Mildew may damage garments or household possessions unless you do something to keep excessive moisture out of the house.

You may remove excessive moisture with electric drying equipment or chemicals that absorb moisture.

Electric dehumidifiers, sometimes called basement dryers, draw in damp air, condense it into water, and allow it to drain off. Keep windows and doors closed when using a dehumidifier.

Chemicals that absorb moisture from the air include silica gel, activated alumina, and calcium chloride. They are sold in department or drugstores, usually under brand names.

Silica gel and activated alumina aren't harmful to fabrics as they hold moisture without dripping. You may put these chemicals in cloth bags and hang in the closet. If you wish, you may put the chemical in a container on the floor or shelf of the closet. Silica gel and activated alumina may be dried in the oven at low heat and used again.

Calcium chloride costs less



THURSTON

and takes up more moisture than silica gel or activated alumina. As calcium chloride absorbs moisture, it burns into a liquid. To use calcium chloride, put it on a plastic or other nonrusting screen supported in a glass or other nonrusting container. Place the open container in the closet, keeping it away from clothing, furnishing, floors, or walls. When calcium (Continued on Page 10)

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