

(Continued From Page 8)
 age. Drain. For each sandwich spread one slice of bread with peanut butter and a thin layer of strawberry preserves. Top with 3 strips of crisp bacon. Cover with second slice of bread. Spread the outside of the bread with softened butter or margarine. Place in a hot skillet. When toasted and browned on one side turn to brown the other. The addition of crisp celery, carrot sticks, milk and an ice cream sundae makes this a nourishing luncheon.

Muffins are always delicious with soups and salads.

PEANUT BUTTER MUFFINS

- 2 cups sifted enriched flour
- 2 tablespoons sugar
- 1 tablespoon baking powder
- 1 teaspoon salt
- 2 tablespoons chunk - style peanut butter

- 1 egg, beaten
 - 1 cup milk
 - 3 tablespoons melted shortening or oil
- Sift together flour, sugar, baking powder and salt. Cut or rub in peanut butter until mixture is crumbly. Blend egg, milk and shortening or oil. Add liquid to flour mixture, mixing only until flour is moistened. Fill greased muffin cups $\frac{3}{4}$ full. Bake in hot oven (425 degrees) 20 to 25 minutes or until golden brown. Makes 12 medium muffins.

NOTE: If you don't sift flour, and in the absence of other directions, spoon flour directly from the container into a dry measuring cup, level it off, then remove two level tablespoonfuls, according to USDA recommendations.

No meal is complete without dessert —

PEACHES AND CREAM CAKE

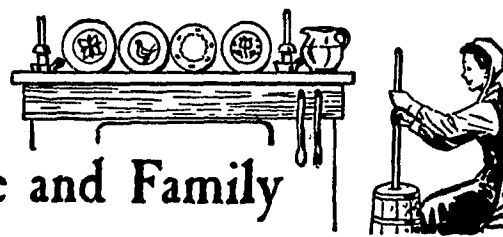
- $\frac{1}{2}$ cup shortening
- $2\frac{1}{2}$ cups sifted cake flour
- 1 cup granulated sugar
- $\frac{1}{2}$ cup packed brown sugar
- 4 teaspoons baking powder
- 1 teaspoon salt
- $1\frac{1}{4}$ cups milk
- 1 teaspoon vanilla
- 2 eggs

FILLING

- $1\frac{1}{2}$ pints of whipping cream
 - 3 tablespoons granulated sugar
 - $\frac{1}{2}$ cup mashed peaches
- Place shortening in bowl. Sift together flour, sugars, baking powder, and salt into bowl. Add $\frac{3}{4}$ cup milk and vanilla. Beat 2 minutes at medium speed on electric mixer. Scrape bowl and beaters. Add remaining $\frac{1}{2}$ cup milk and eggs. Beat for 2 additional minutes at medium speed. Scrape bowl and beat-

(Continued on Page 10)

For the Farm Wife and Family



Ladies, Have You Heard? . . .

By: Jane Thurston, Extension Home Economist

This 'n That

The nation's health bill is nearing \$33 billion a year, an average of \$700 for each family. The Social Security Administration says this includes \$28.6 billion paid out for personal health care, the other \$4.4 billion for research and related fields.

The 1963 cranberry crop is estimated at 1.3 million barrels. This means plenty of cranberries — both fresh and processed — for every need. Of this year's total crop, almost half of it comes from Massachusetts, the leading cranberry producing state in the nation. Second cranberry growing state is Wisconsin with almost one-third of the 1963 crop coming from it. New Jersey, Washing-



THURSTON

Fluffing Of Carpet Or Rug Is Normal

Your carpet or rug isn't falling apart when you notice it fluffing. This is normal for carpets and rugs. Fluffing takes place when a rug sheds lint that has been left in the fabric. Carpet yarn is made

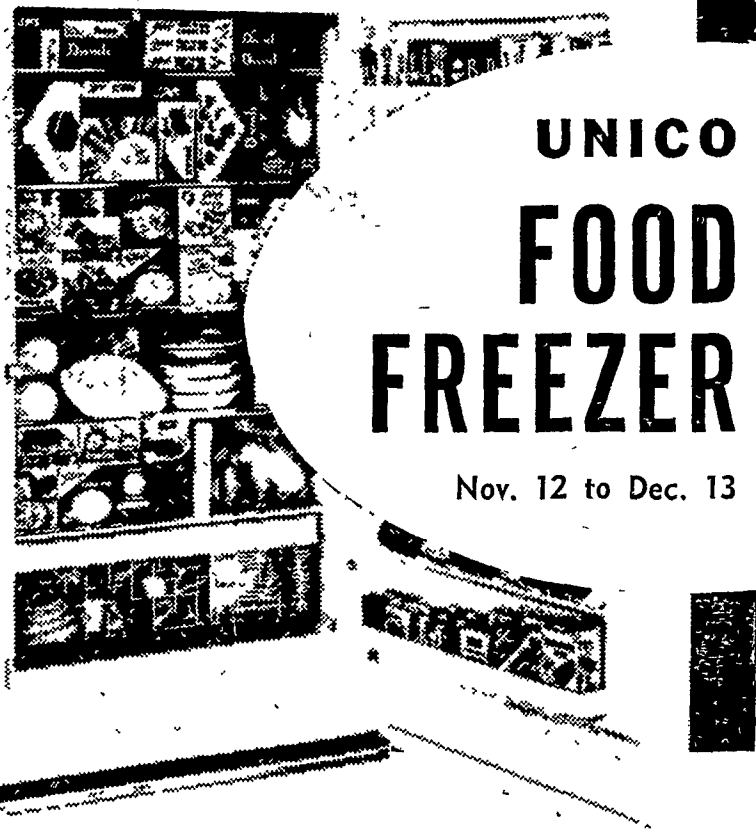
of various lengths of fibers. When pile loops are cut, some short ends are left in the fabric. So during the first few months you have your rug or carpet, it sheds this lint as it works to the surface. But, this isn't a carpet defect and it won't affect the wear or appearance of the carpet.

Protect Carpeting On Steps
 (Continued on Page 10)

FREE!
6 PIECE CUTLERY SET AND HOLSTER



with the purchase of a new



UNICO FOOD FREEZER

Nov. 12 to Dec. 13

Ekco Molded Pakkawood Cutlery Set includes 3" paring knife, 5" utility knife, 6" sandwich knife, 8" roast slicer, 8" poultry slicer and 9" ham slicer. Blades are made of stainless steel. Handles are polished molded Pakkawood. Knives are dishwasher safe . . . won't stain or tarnish. Hardwood holster holds knives safely and can be easily hung anywhere.

A Unico Freezer is just right for the budget-wise farm wife. It combines economy with all the plus features of higher priced freezers: straight line space-saving design . . . whisper quiet operation . . . automatic temperature control . . . and many more. And all Unico freezers have a 5-year warranty plan . . . even against food spoilage. They're available in chest and upright models.

FOR YOUR FREE CUTLERY SET ORDER A UNICO FREEZER TODAY



- Lancaster 394-0541
- Manheim 665-2466
- New Holland 354-2146
- Quarryville ST 6-2126

FARM LOANS

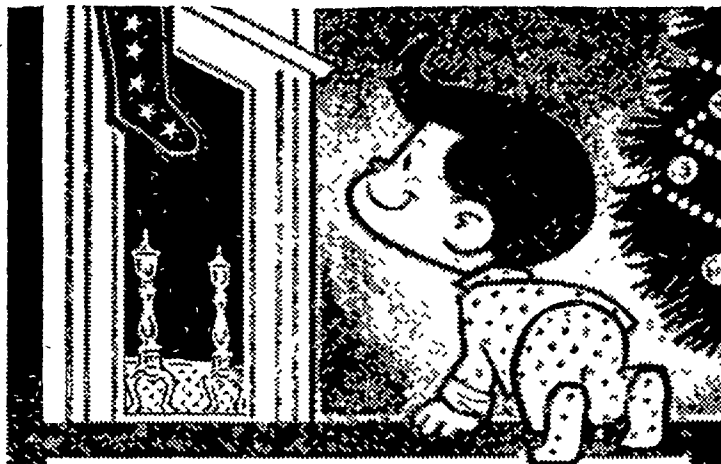
Loans for Machinery, Livestock, Cars, Repairs, and any farm purpose. 10 - 35 year Farm Mortgages. Full and part-time farms eligible

FARM CREDIT OFFICE

411 W. Roseville Rd.
 Lanc. 393-3921

SUPER SHOES

Self Service
 220 W. King St.
 Lanc. Co.'s Largest Shoe Store
 All 1st Quality
 Super Low Prices



JOIN A THRIF T. FULTON

CHRISTMAS CLUB ...for a Merrier Christmas - 1964

Don't be disappointed. Anticipate Santa's arrival the way Thrif T. does with a Christmas Club from the Fulton. Open your 1964 Fulton Christmas Club now. It'll take just a minute . . . and as little as 50c.

FULTON National BANK

OF LANCASTER

PENN SQUARE • McGOVERN AVENUE • EAST PETERSBURG
 MOUNTVILLE • AKRON • GAP • MANHEIM

Member Federal Deposit Insurance Corporation